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2. How Latin America Is Reinventing the War on Drugs , Sarah Miller Llana and Sara Shahriari, <i>The Christian Science Monitor</i> , July 30, 2012 Latin American countries are fundamentally rethinking their drug control policies, which have, over time, been largely influenced by the U.S.	10
3. Police Officers Find That Dissent on Drug Laws May Come With a Price , Marc Lacey, <i>The New York Times</i> , December 2, 2011 Law enforcement officers risk the loss of their jobs if they disagree with the government’s War on Drugs.	14
4. Tackling Top Teen Problem—Prescription Drugs , George Lauby and Kamie Wheelock, <i>North Platte Bulletin</i> , April 11, 2009 The illegal use of prescription drugs looms larger than problem drinking or marijuana use. This article examines the lives of a group of teens who currently use prescription drugs.	16
5. When Booze Was Banned but Pot Was Not , Jacob Sullum, <i>Reason Magazine</i> , February 2011 The Eighteenth Amendment to the U.S. Constitution established a legal prohibition on alcohol. Was it successful?	20
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UNIT 2 Understanding How Drugs Work—Use, Dependency, and Addiction

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7. Family History of Alcohol Abuse Associated with Problematic Drinking among College Students , Joseph W. LaBrie, et al., <i>Addictive Behaviors</i> , 35(7), 2010 Studies examining family history of alcohol abuse among college students are conflicting and suffer from research limitations. This report investigates family history of alcohol abuse and its potential for predicting future alcohol-related problems.	

8. A Longitudinal Examination of the Relationships between Childhood Maltreatment and Patterns of Adolescent Substance Use among High-Risk Adolescents, Sunny Hyucksun Shin, *American Journal on Addictions*, 21(5), 2012

Childhood maltreatment is known to be a risk factor for substance abuse. This study uses a sample of over 900 adolescents who are receiving public services to examine how childhood experiences affect changes in substance use patterns.

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9. Medical Marijuana and the Mind: More Is Known about the Psychiatric Risks than the Benefits, *Harvard Mental Health Letter*, vol. 26, no. 10, April 2010

More is known about the risks of medical use of marijuana than the benefits. Most of the research is based on the study of those who have smoked the drug for recreational, not medical, purposes. The movement to legalize marijuana in the U.S. has renewed the discussion about how this drug affects the brain, and whether it might be useful in treating psychiatric disorders.

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10. The Genetics of Alcohol and Other Drug Dependence, Danielle M. Dick and Arpana Agrawal, *Alcohol Research and Health*, vol. 31, no. 2, 2008

This article explores the hypothesis that certain genetic factors increase a person's risk for both alcohol and drug abuse.

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11. Understanding Recreational Ecstasy Use in the United States: A Qualitative Inquiry, Masuma Bahora, Claire E. Sterk, and Kirk W. Elifson, *International Journal of Drug Policy*, vol. 20(1), January 2009

This study explores the perceptions of ecstasy by its users. In particular, it examines the role of Normalization of ecstasy in its increased use.

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12. Examination of Over-the-Counter Drug Misuse Among Youth, Erin J. Farley and Daniel J. O'Connell, *Sociation Today*, vol. 8(2) 2010

Over the counter drug misuse by adolescents is on the rise. This article examines the prevalence of over the counter drug misuse by adolescents and the relationship between OTC drug misuse and misuse of other substances.

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13. Self-Control, Opportunity, and Substance Use, Scott A. Desmond, Alan S. Bruce, and Melissa J. Stacer, *Deviant Behavior*, 33(6), 2012

To what extent does self-control, or lack thereof, have on substance abuse? This study uses data from the National Longitudinal Study of Adolescent Health to examine the relationships between perceived sanctions, availability of substances and self-control on decisions to smoke tobacco or use marijuana or alcohol.

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UNIT 3

The Major Drugs of Use and Abuse

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14. Marijuana and Medical Marijuana, John Birchard, *The New York Times*, February 11, 2011

This article provides a thorough discussion of the ongoing debate of legalizing marijuana and the benefits of medical marijuana. It highlights the complexity of the debate when federal drug laws do not mirror state drug laws.

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15. 'Bath Salt' Poisonings Rise as Legislative Ban Tied Up, Donna Leinwand Leger, *USA Today*, April 12, 2012

Sold under the names Ivory Wave, Bliss, Hurricane Charlie, and White Lightning, these drugs are not yet regulated by the Drug Enforcement Administration, but they are coming to the attention of Federal Authorities as calls to Emergency Rooms and law Enforcement increase. This article discusses the chemical Compound and patterns of use of this drug fast becoming a community problem.

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16. Inhalant Abuse, *National Institute on Drug Abuse Report*, Published May 1999. Revised July 2012

Evidence suggests that a number of inhalants have a similar effect on the central nervous system as alcohol and other sedatives, but inhalants are much more readily available to young people. Shoe shine spray, gases, solvents and aerosols are all popular options for what is commonly known as "huffing." This report provides a thorough overview of the current state of inhalant use in the United States.

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17. "Spice" and "K2" Herbal Highs: A Case Series and Systematic Review of the Clinical Effects and Biopsychosocial Implications of Synthetic Cannabinoid Use in Humans, Erik W. Gunderson, et al., *American Journal on Addictions*, 21(4), 2012

There is a growing public health concern over synthetic herbal mixtures that resemble marijuana but legally marketed as incense. These substances, sometimes known as "K2" or "Spice", can have deleterious effects on users such as unusual levels of anxiety or psychosis. This study examines and discusses all available clinical literature related to the synthetic marijuana.

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18. Monitoring the Future: National Results on Adolescent Drug Use, Overview of Key Findings 2011, Lloyd D. Johnston, et al., University of Michigan, Institute for Social Research, February 2012

Monitoring the Future is a long-term study that examines substance use of people ranging in age from adolescent to 50 years old. This report is a comprehensive discussion of substance use and abuse patterns in 2011.

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19. **Transcending the Medical Frontiers: Exploring the Future of Psychedelic Drug Research**, David Jay Brown, *Multidisciplinary Association for Psychedelic Studies*, June 2011

There has been a renewed scientific interest in the pharmacology of psychedelics. This article points to the recent research and discusses the benefits of psychedelics as a class of drugs.

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20. **Adolescent Painkiller Use May Increase Risk of Addiction, Heroin Use**, *Alcoholism & Drug Abuse Weekly*, September 22, 2008

A recent study found that oxycodone produced different effects in adolescents than in adults. Adolescents who use opiates may be more likely to become addicts as adults.

This article suggests that prescription opiates are gateway drugs to heroin.

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21. **'Legal Highs' Prevalence Makes Ban Policy 'Ridiculous'**, Mark Townsend, *The Guardian*, September 3, 2011

The increasing discovery of new psychoactive substances, which now averages about one a week, makes regulation and control virtually impossible.

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22. **Alcoholism Isn't What It Used To Be**, *NIAA Spectrum*, vol. 4, issue 2, June 2012

According to the National Institute of Alcoholism and Alcohol Abuse, there are serious new questions about alcoholism and alcohol abuse.

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Measuring the Social Costs of Drugs

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Drug use is so ubiquitous in society today that the author believes that our drug control policies are ineffective.

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24. **OxyContin Abuse Spreads from Appalachia across United States**, Bill Estep, Dori Hjalmarson, and Halimah Abdullah, *McClatchy Tribune Information Services*, March 13, 2011

The abuse of OxyContin, which initially hit the Appalachian region of the United States hard, is now spreading across the country.

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25. **My Mother-in-Law's One High Day**, Marie Myung-Ok Lee, *The New York Times*, October 9, 2011

The author discusses the beneficial effect that medical marijuana had on her terminally ill mother-in-law.

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UNIT 6

Creating and Sustaining Effective Drug Control Policy

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26. **Do the United States and Mexico Really Want the Drug War To Succeed?**, Robert Joe Stout, *Monthly Review*, 63. 8 34Ð44, January 2012

The United States and Mexico both have long histories of drug policy that precede the current state of violence and drug trafficking between the two countries. This article puts the current narco-war waging at the United States-Mexico border in historical context and discusses the implications of legalization or harsher drug policy.

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27. Engaging Communities to Prevent Underage Drinking , Abigail A. Fagan, J. David Hawkins, and Richard F. Catalano, <i>Alcohol Research and Health</i> , 34(2), 2011 What makes the greatest impact for reduction of under-age drinking? There are many community programs to reduce drunk driving and under-age substance use. This article examines the most salient and robust factors in community level interventions for preventing underage drinking.	150
28. Do No Harm: Sensible Goals for International Drug Policy , Peter Reuter, October 2011 This article discusses the problems nations—specifically the United States—encounter in the pursuit of a sensible and diplomatic drug policy.	158
29. Convergence or Divergence? Recent Developments in Drug Policies in Canada and the United States , Clayton J. Mosher, <i>American Review of Canadian Studies</i> , vol. 41, issue 4, Winter 2011 This article discusses the history of both American and Canadian drug policy and compares the similarities and differences. Is it possible that the United States has learned some more lenient and effective drug policies from its neighbor to the north?	163
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31. Former ONDCP Senior Advisor on Marijuana and Harm Reduction , <i>Alcoholism & Drug Abuse Weekly</i> , 23(38), 2011 When compared to recent developments in opiate use and the dangers of synthetic mixtures such as “K2” or “bath salts”, marijuana appears more innocuous. This report highlights the dangers of marijuana addiction and the possible negative effects of marijuana.	179
32. Portugal’s Drug Policy Pays Off; US Eyes Lessons , Barry Hatton and Martha Mendoza, <i>The Seattle Times</i> , May 14, 2011 Ten years ago, Portugal had the worst injection drug use rate in Europe. Then they decriminalized drug use.	180

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35. Addiction Diagnoses May Rise Under Guideline Changes , Ian Urbina, <i>The New York Times</i> , May 11, 2012 The Diagnostic and Statistical Manual of Mental Disorders, considered to be the “bible” of addictive and psychological disorders, has a new edition coming out in 2013 that will significantly increase what are recognized as addictive behaviors.	193
36. An Addiction Vaccine, Tantalizingly Close , Robert Benson, <i>The New York Times</i> , October 4, 2011 What if an addict could get a shot that would block the desired feeling from drug of choice? This article discusses just such a vaccine, and it’s on the way.	195
37. Understanding Recovery Barriers: Youth Perceptions about Substance Use Relapse , Rachel Gonzales, et al., <i>American Journal of Health Behavior</i> , 36(5), 2012 This study uses data from 118 youth in substance abuse treatment programs to measure youth perception of relapse. What do you think leads to youth relapse during recovery?	197
38. High-Risk Offenders Participating in Court-Supervised Substance Abuse Treatment: Characteristics, Treatment Received, and Factors Associated with Recidivism , Elizabeth Evans, David Huang, and Yih-Ing Hser, <i>The Journal of Behavioral Health Services & Research</i> , vol. 38(4), 2011 The risk of relapse for court mandated drug offenders is high, but what contributes to success for these high-risk offenders? This article uses data from high and low risk offenders to examine the variables that might predict greater treatment success for court-supervised treatment.	207