

# CASE STUDY OF ANTISOCIAL PERSONALITY DISORDER

The case of "Matt" exemplifies an individual with antisocial personality disorder. Matt is a 22-year-old panel beater who lives in a shared house and was referred to counselling for drug use. He presents with a confident, glib, and superior manner. He reports that his father left the family when he was 8 years of age and that he was not sorry to see him go as he was "violent and an alkie [alcoholic]". He describes his mother as well meaning but "pretty useless at life". He describes himself as having been a "wild kid", with truancy from school and some "trouble with the pigs [police]" in his teens. He gained entry into his apprenticeship after being sentenced to a Youth Training Centre at the age of 16 "after a robbery went wrong". He states that he is "mostly straight now". He says he has a number of friends he "hangs out with" but that he has had no long-term relationships. He boasts that he has "no problem getting women" when he needs to. He is open about using and occasionally dealing drugs, adding that his attendance at the clinic today was his boss's idea rather than any desire of his own.