Elevation
Feet
3000
1500
300
0
Below sea level
Sea level
0
100
1000
Lambert Equal-Area Projection
National capital
State capital
City
ARCTIC OCEAN
LINCOLN SEA
GREENLAND SEA
ELLESMERE ISLAND
QUEEN ELIZABETH ISLANDS
PARRY ISLANDS
DEVON ISLAND
GREENLAND (DENMARK)
ICELAND
Reykjavik
Denmark Strait
Arctic Circle
Baffin Bay
BANKS ISLAND
BEAUFORT SEA
BROOKS RANGE
VICTORIA ISLAND
BAFFIN ISLAND
Davis Strait
Angmagssalik
Godthåb
FOXE BASIN
Hudson Strait
LABRADOR SEA
UNITED STATES
Yukon R.
Porcupine R.
RICHARDSON MTS.
Mt. McKinley 20,320 ft.
Dawson
Norman Wells
Great Bear Lake
Fort Norman
Mackenzie R.
MACKENZIE MOUNTAINS
YUKON TERRITORY
Mt. Logan 19,551 ft.
Mt. St. Elias 18,008 ft.
Whitehorse
NORTHERN TERRITORIES
Baker Lake
SOUTHAMPTON ISLAND
Lake Harbour
Mt. Fairweather 15,300 ft.
Skagway
Juneau
HORN MOUNTAINS
Yellowknife
Dubawnt Lake
COATS ISLAND
MANSEL ISLAND
Great Slave Lake
Fort Resolution
Liard R.
Churchill Pk. 10,500 ft.
Fort Smith
CARIBOU MOUNTAINS
Hudson Bay
Nain
Feuilles R.
BRITISH COLUMBIA
Hazelton
Lake Athabasca
Churchill R.
Churchill
Smallwood Reservoir
Goose Bay
Peace R.
CANADA
Reindeer Lake
NEWFOUNDLAND
Prince Rupert
Peace River
BELCHER ISLAND
Nelson R.
La Grande R.
Gander
QUEEN CHARLOTTE ISLANDS
Prince George
ALBERTA
Mt. Robson 12,972 ft.
MANITOBA
Severn R.
James Bay
Fort George
OTISH MOUNTAINS
NEWFOUNDLAND
Corner Brook
St. John's
ILE D'ANTICOSTI
Mt. Waddington 13,163 ft.
Fraser R.
Edmonton
N. Saskatchewan R.
SASKATCHEWAN
AKIMISKI ISLAND
Red Deer
Prince Albert
Lake Winnipegosis
Lake Winnipeg
ONTARIO
Fort Albany
Albany R.
Gulf of St. Lawrence
MTS. CHIC-CHOCS
PRINCE EDWARD ISLAND
Rimouski
Sydney
Kamloops
Calgary
Saskatoon
Péribonca R.
QUEBEC
Chicoutimi
Jonquière
Charlottetown
VANCOUVER ISLAND
Vancouver
North Vancouver
Burnaby
Victoria
Medicine Hat
Regina
Lake Manitoba
Lake Nipigon
Quebec
Fredericton
St. John
NEW BRUNSWICK
NOVA SCOTIA
Dartmouth
Halifax
Timmins
Shawmigan
Trois-Rivières
St. Lawrence R.
Seattle
S. Saskatchewan R.
Lethbridge
Moose Jaw
Brandon
Winnipeg
Thunder Bay
Montreal
Drummondville
Sherbrooke
PACIFIC OCEAN
Columbia R.
Sudbury
North Bay
Hull
Laval
St. Jean
Lake Superior
Sault Ste. Marie
Ottawa
Valleyfield
Georgian Bay
Kingston
Duluth
UNITED STATES
Lake Michigan
Lake Huron
Lindsay
Boston
ATLANTIC OCEAN
Minneapolis
St. Paul
Toronto
Hamilton
Lake Ontario
Buffalo
Missouri R.
Mississippi R.
London
St. Catherines
Sarnia
Windsor
Lake Erie
Detroit
Milwaukee
Chicago
Cleveland
New York
Philadelphia
Snake R.
Great Salt Lake
0 250 500 Miles
0 250 500 Kilometers