CONTENTS

reface	XV111	Dirin Raies	9
		Household Size	10
PART ONE		Employed Mothers	10
11111 0112		PERSONAL	
THE CONTEXT OF INTIMAC	Y	It's a Different World	11
		Divorce	11
		A Concluding Note on Changing Patterns	11
1. AMERICAN MYTHS AND DREAMS	3	The Family in Utopia	12
Learning Objectives	3	The Family in Utopian Writings	12
Myths About Family Life	4	The Family in Utopian Communities	12
We've Lost the Extended Family	5	What Works Best?	14
People Marry Because They Love Each Other	5	What Do We Want? What Do We Need?	14
Having Children Increases Marital Satisfaction	5	The Great Debate	14
A Good Sex Life Is the Best Predictor of Marital		Changes in Traditional Arrangements	15
Satisfaction	6	In Defense of Marriage and the Family	16
Half of All Marriages End in Divorce	6	What Do You Think?	17
The Dangers of Myths	7	Me or We?	17
Changing Patterns of Intimate		'Til Death?	18
Relationships	7	A Note on Theory	20
Premarital Sex	7	Systems Theory	20
Out-of-Wedlock Births	8	Exchange Theory	21
Living Alone	8	Symbolic Interaction Theory	21
COMPARISON		Conflict Theory	21
Asian Women Are Marrying		Theory and Intimacy	22
at a Later Age	9	Approach of This Book	22
Cohabitation	9	Summary	23
Delayed Marriage	9	INTERNET CONNECTION	
		American Myths and Dreams	23
	:		

Contents vii

2.	DIVERSITY IN FAMILIES	25	Changing Gender Roles and Orientations	70
	Learning Objectives	25	Changing Patterns	70
	The Variability of Family Life	26	Lingering Traditionalism	70
	Variations Among Societies	26	Gender-Role Orientation: What Difference	
	Variations Within Societies	27	Does It Make?	71
	What Is the Family?	28	Communication	71
	The Single-Parent Family	28	Self-Concept	71
	Extent of Single-Parent Families	29	Mental Health	72
	Challenges of the Single-Parent Family	29	Gender-Role Orientation and Intimacy	72
	COMPARISON		PERSONAL	
	Single Parents In Iceland	31	"We Worked It Out"	73
	The Successful Single-Parent Family	34	Summary	74
		5.	Principles for Enhancing Intimacy	74
	PERSONAL "I Chose to Do It Alone"	35	INTERNET CONNECTION	
	Racial/Ethnic Families	35	Gender Roles: Foundation	
	The African American Family	36	for Heterosexual Intimacy	75
	The Hispanic Family	40		
	The Hispanic Family The Asian American Family	42	4. SEXUALITY	77
	The Native American Family	44	Learning Objectives	77
	-		The Meaning of Sex	78
	The Interracial Family	45	Heterosexuality and Homosexuality	78
	The Homosexual Family What Do You Think?	47 47	Sex as Physical: The Response Cycle	78
	Problems in Homosexual Families		Sex as Social	80
		48	Sex and Intimate Relationships	82
	Intimacy in the Homosexual Family	49 51	PERSONAL	
	Long-Term Gay and Lesbian Relationships		Sex and the Search for Intimacy	84
	Summary Principles for Enhancing Intimogra	52	Teenage Sex	84
	Principles for Enhancing Intimacy	53	Extent of Sex Among Teenagers	84
	INTERNET CONNECTION		Unwanted Pregnancy and Early Childbearing	85
	Diversity in Families	54	Contraception	87
3.	GENDER ROLES: FOUNDATION		Amount and Kinds of Contraceptive Use	87
	FOR HETEROSEXUAL INTIMACY	55	Who Uses Contraceptives?	90
	Learning Objectives	55	Abortion	91
	Men and Women: How Do They Differ?	56	What Do You Think?	92
	Men and Women: Some Commonalities	56	Premarital Sex	92
	Gender Differences	57	The Double Standard	92
	Sex, Gender, Gender Role, and		Changing Attitudes	92
	Gender-Role Orientation	61	Changing Behavior	94
	Gender Roles	61	Sex in Marriage	95
	Gender-Role Orientation	62	Sexual Practices in Marriage	95
	What Do You Think?	63	Sexual Satisfaction and Marital Satisfaction	95
	Gender Roles: Nature or Nurture?	64	Changes in Marital Sex over the Life Span	96
	How Much Is Biological?	65	Extramarital Sex	97
	The Importance of Nurture	65	Why Extramarital Sex?	97
	Socialization and Gender-Role Orientation	66	Some Consequences of Extramarital Sex	98
	COMPARISON		Sexual Diseases and Dysfunctions	98
	Inuit Youth Learn to Be Males		Sexual Diseases	98
	and Females	69	Sexual Dysfunctions	100

viii Contents

Inhibited Sexual Desire

Safe Sex	101	Learning Objectives	127
COMPARISON		Dating	128
Unsafe Sex in Lesotho	102	Finding People to Date	128
Summary	103	Selecting a Dating Partner	129
Principles for Enhancing Intimacy	104	Functions of Dating	130
INTERNET CONNECTION		Patterns of Dating	131
Sexuality	104	COMPARISON	
		Commitment to Dating Partners	
PART TWO		in the United States and Taiwan	132
TIANI I III		Dating Problems	132
SEEKING INTIMATE		Moving Beyond Dating	135
RELATIONSHIPS		Moving into a More Permanent Relationship	135
RELATIONSIIII S		Engagement	135
		Cohabitation	135
5. GETTING TO KNOW SOMEONE		What Do You Think?	136
ELSE	107	Who Cohabits?	136
Learning Objectives	107	Patterns of Cohabitation	136
We Are Social Creatures	108	Cohabitation Compared to Marriage	138
Loneliness	108	Cohabitation as a Preparation for Marriage	138
Fulfillment Through Intimacy	111	Breaking Up	139
PERSONAL		Who Breaks Up?	139
Searching for Intimacy	112	Responding to Deterioration	139
The Nature of Intimacy	114	PERSONAL	
The Meaning of Intimacy	114	The Birth, Life, and Death	
Intimacy as an Exchange Relationship	114	of a Relationship	140
Intimacy as Self-Sustaining	115	Summary	141
Meeting and Getting to Know Others	115	Principles for Enhancing Intimacy	142
First Impressions	115	INTERNET CONNECTION	
What Do You Think?	117	Getting Involved	142
What Attracts?	117	7. FALLING IN LOVE	143
COMPARISON		Learning Objectives	143
Mexican and United States Teens		The Meaning of Love	144
Portray Their Ideals About the		When You Fall in Love	145
Opposite Sex	119	The Process of Falling	145
Developing a Relationship	121	How Can You Tell If It's Love?	146
First Stage: Initial Meeting and Awareness	122	PERSONAL	
Second Stage: The Selection Process	122	Falling in Love—Twice	147
Third Stage: Developing Intimacy	123	Passionate Versus Companionate Love	149
Fourth Stage: Maintaining or Dissolving the		The Emergence of Passionate Love	149
Relationship	124	The Experience of Passionate Love	150
Summary	125	From Passionate Love to Companionate Love	152
Principles for Enhancing Intimacy	126	What Do You Think?	153
INTERNET CONNECTION		Loving and Liking	153
Getting to Know Someone Else	126	Rubin's Love Scale	153
		Love and Friendship	154

101

6. GETTING INVOLVED

127

Contents ix

	A Triangular Theory of Love	155	9.	THE SINGLE OPTION	181
	Styles of Loving	156		Learning Objectives	181
	Six Types of Lovers	156		How Many Singles?	182
	Implications of Differing Styles of Loving	157		Myths About Singles	182
	Love Threatened—Jealousy	158		What Do You Think?	184
	Who Is Most Jealous?	158		Why People Are Single	184
	COMPARISON			Career	184
	Jealousy Among the Italians, Dutch,			Availability of Sex	186
	and New Guineans	159		Personal Freedom	186
	Situations That Provoke Jealousy	159		Desire for Personal Growth	187
	Consequences of Jealousy	160		Social Conditions	187
	Summary	160		Family Background	188
	Principles for Enhancing Intimacy	161		Personal Characteristics	189
	INTERNET CONNECTION			Single Life-Styles	189
	Falling in Love	162		Living Arrangements	189
Q	SELECTING A LIFE PARTNER	162		Sex	189
0.	Learning Objectives	163 163		Leisure	190
	2 2			Family Relations	190
	Is There a Best Way to Select a Life Partner?			Singles and Old Age	191
	What We Expect in a Life Partner	164		Singles and Loneliness	192
	COMPARISON			Singles and Health	192
	Looking for a Mate in India	166		COMPARISON	
	Qualities Desired in a Life Partner	166		Being Single in Japan	193
	Exchange and Equity	167		Intimacy and Life Satisfaction	193
	Narrowing the Field: Assortative Mating	168		Intimacy	194
	Life Partner Selection as a Filtering Process	168		Life Satisfaction	196
	Age	169		PERSONAL	
	Ethnic Background	170		Single by Choice	197
	Race	170		Summary	198
	Religion	171		Principles for Enhancing Intimacy	199
	Education	171		INTERNET CONNECTION	
	Personality	171		The Single Option	200
	And So Forth	172		The Single Option	200
	Why Assortative Mating?	173		D. D. D. W. W. D. D. D.	
	Predictors of Marital Satisfaction	174		PART THREE	
	Timing	174			7
	PERSONAL			THE INTIMATE COUPLI	1
	Should I Marry My Baby's Father?	176			
	Equity	176	10	GETTING MARRIED	202
	What Do You Think?	177	10.	Learning Objectives	203 203
	Communication	177		What Are Your Chances of Getting	203
	PREPARE: A Multifactor Approach	177		Married?	204
	A Final Caveat	179		Marital Status of the Population	204
	Summary	179		Who Does and Doesn't Marry?	204
	Principles for Enhancing Intimacy	180		Why Do People Marry?	
	INTERNET CONNECTION				205
	Selecting a Life Partner	180		Social Expectations	205

X Contents

What	Do You Think?	206	Gender Differences as an Impediment	233
Social	Ideals and Personal Fulfillment	206	Why Husbands and Wives Don't Talk	
Desire	e for Children	206	to Each Other	234
	age as a Practical Solution	206	Satisfying Communication	234
	of Marriage	207	PERSONAL	
• 1	fied by Life-Styles	207	All the Talk Was Useless	235
_	fied by Nature of the Relationship	207	Communication, Marital Satisfaction,	
COMPAR			and Intimacy	235
	of Marriage in Togo	210	Everyday Conversations	236
Expect		210	Self-Disclosure	236
	rivate Contracts	210	COMPARISON	
Role E	Expectations	212	Couple Talk in Brisbane and Munich	237
	iation: Changing Personal Contracts	213	Other Aspects of Communication	238
	farriage Contract:Clarifying Expectations	213	Improving Communication Skills	239
	ing to Marriage	214	Rules	239
	arriage and Her Marriage	214	Practice	239
Startin	ng with Two Strikes	215	Summary	240
	lishing Equity and Consensus	215	Principles for Enhancing Intimacy	241
	tment and In-Law Relationships	215	INTERNET CONNECTION	
First-Y	Year Changes	216	The Challenge of Communication	242
PERSON.	AL		12. POWER AND CONFLICT IN	
In-Lav	ws: The Good and the Bad	217	MARRIAGE	243
Comm	itment	218	Learning Objectives	243
The M	leaning of Commitment	218	Power in Marriage	244
The Re	ole of Commitment	218	The Meaning of Power	244
Buildi	ng Commitment	219	Why Is Power Important?	246
Summa	ary	219	Sources of Power	247
Princip	oles for Enhancing Intimacy	220	COMPARISON	
INTERNI	ET CONNECTION		The Power of Egyptian Husbands	
Gettin	g Married	221	and Wives	247
11 THF (CHALLENGE		What Do You Think?	250
	OMMUNICATION	223	Marriage as a Power Struggle	250
	ng Objectives	223	Types of Power Interaction	250
	ature of Communication	224	Conflict in Marriage	251
	l Communication	224	The Functions of Conflict	251
	erbal Communication	224	What People Fight About	252
	unication as an Interaction Process	226	Sources of Tension	254
	cussion About Sex	226	Styles of Conflict	256
	nunication Static	227	Good Fighting	258
	nunicating Feelings	228	Maintain Your Perspective	258
Listeni		229	PERSONAL	
	of Poor Listening	229	Learning How to Fight	259
-	ving Listening Skills	230	Develop Tension Outlets	259
	iments to Communication	231	Avoid Festering Resentment	259
-	uctive Messages	231	Be Sensitive to Timing	260
	Do You Think?	233	Communicate Without Ceasing	260

Contents xi

	Be Flexible, Willing to Compromise	260	Changing Patterns of Childbearing	292
	Use Conflict to Attack Problems, Not Your Spouse	260	Birth Rates	292
	Keep Loving While You Are Fighting	261	Preferences for Size and Sex	292
	Summary	261	To Bear or Not to Bear	293
	Principles for Enhancing Intimacy	262	Why People Want to Have Children	294
	INTERNET CONNECTION		The Child-Free Option	296
	Power and Conflict in Marriage	263	PERSONAL	
12	WORK AND HOME	265	To Be a Parent? The Agonies	
13.		265	of the Decision	297
	Learning Objectives His Work and Her Work	265	Involuntary Childlessness	298
	Changing Patterns of Working	266 266	Infertility	298
			Coping with Infertility	298
	Women in the Labor Force	267	Options for the Infertile	300
	Married Women and Employment	268 269	Artificial Insemination	300
	Who's Minding the House? Why Women Work Outside the Home	270	In Vitro Fertilization	300
	Dual-Career Families	270	Surrogate Mothers	301
	More or Less Equal?	270	Adoption	301
	Types of Dual-Career Families	272	What Do You Think?	303
	What Do You Think?	273	Children and the Quality of Life	303
	Challenges of Dual-Career Families	273	The Stresses of Raising Children	303
	Satisfactions of a Dual-Career Family	276	Children and Marital Satisfaction	305
	Challenges of Dual-Earner Couples	276	The Satisfactions of Raising Children	306
	Family Work	276	Parenting: Her Experience and	
	Stress, Intimacy, and Family Life	277	His Experience	307
		211	Her Experience	307
	COMPARISON Household Tasks and Equity in China	280	His Experience	308
	Role Negotiation	280	COMPARISON	
	Marital Satisfaction	281	On the Playground in France,	
		201	Germany, and Italy	309
	PERSONAL Employed and Married and Loving Rath	202	Parenting and the Well-Being of Children	310
	Employed and Married and Loving Both Work and Well-Being	283 283	Styles of Parenting	310
	•	284	The Corporal Punishment Debate	310
	Life Satisfaction	284	Parental Behavior and Children's Adjustment	311
	Mental and Physical Health Coping Strategies	284	Parental Behavior and Self-Esteem	312
	Summary		A Final Note: Is Older Better in Parenting?	312
	Principles for Enhancing Intimacy	285 286	Summary	313
		200	Principles for Enhancing Intimacy	314
	INTERNET CONNECTION	207	INTERNET CONNECTION	
	Work and Home	287	Becoming a Parent	315
		1.5	5. THE FAMILY LIFE CYCLE	317
	PART FOUR		Learning Objectives	317
	IMI FOUR		The Family Life Cycle	318
	INTIMACY IN FAMILIES		The Meaning of the Family Life Cycle	318
			What Changes Occur over the Family Life Cycle?	318
			Social Change and the Family Life Cycle	321
14.	BECOMING A PARENT	291	The Newly Married: A Family Without	
	Learning Objectives	291	Children	322

xii Contents

	What Do You Think?	323	Principles for Enhancing Intimacy	357
	The Family with Young Children	324	INTERNET CONNECTION	
	The Family at Midlife: Adolescents		Family Life as Management	358
	and Aging Parents	324		
	The Needs of Adolescents	325	PART FIVE	
	Parent-Child Problems	325	TARI FIVE	
	Caring for Aging Parents	326	CHALLENGES TO INTIMAC	V
	The Couples' Midlife Concerns	327	CHALLENGES TO INTIMAC	1
	Satisfaction at Midlife	328		
	The Launching and Empty-Nest Stage	329	17. FAMILY CRISES	361
	The Couple Together Again	330	Learning Objectives	361
	PERSONAL		Sources of Family Crises	362
	An Empty-Nest High	331	Stress and Crisis	362
	Grandparenthood	332	Stressor Events	363
	The Aging Family	333	Alcohol Abuse in the Family	367
	Retirement	333	Extent of Alcohol Abuse	367
	Marital Relations	334	Alcohol Abuse and the Quality of Family Life	367
	COMPARISON		Family Problems and Alcohol Abuse	368
	Caring for Elderly Family Members		Violence in Families	369
	on Malo	335	The Extent of Violence	369
	Other Relationships	335	Child Abuse	369
	Death of a Spouse	336	Incest	370
	Summary	337	Spouse Abuse	371
	Principles for Enhancing Intimacy	339	What Do You Think?	372
	INTERNET CONNECTION		Parent Abuse	372
	The Family Life Cycle	339	COMPARISON	
16	FAMILY LIFE AS MANAGEMENT	341	Intimate Partner Abuse in Canada	373
10.	Learning Objectives	341	Consequences of Abuse	373
	Money Management	342	Reacting to Crises	374
	The Meaning of Money	342	Coping Patterns	375
	Money and Family Well-Being	343	Ineffective Coping Patterns	376
	When Teenagers Work: Problem or Solution?	345	The Foundation of Effective Coping	377
	Financial Planning	346	Tools for Effective Coping	378
	Minimizing Financial Conflict	348	PERSONAL	
		340	Things Were Terribly Still	380
	PERSONAL How I've Handled Our Money	349	Summary	381
	Time Management	350	Principles for Enhancing Intimacy	382
	How We Spend Our Time	350	INTERNET CONNECTION	
	How to Manage Your Time	352	Family Crisis	382
	What Do You Think?	353	•	
	Managing Power and Conflict	353	18. SEPARATION AND DIVORCE	383
	The Use and Misuse of Power	353	Learning Objectives	383
		333	Divorce Trends	384
	COMPARISON Who Runs the Family? The Case		Divorce Rates	384
	of Germans and Migrant Turks	354	Changing Grounds for Divorce	385
	Conflict and Family Well-Being	355	What Do You Think?	386
	Summary	356	The Process of Uncoupling	387
	Summing	550	Toward Marital Dissolution	387

Contents xiii

	The Six Stations of Divorce	389	Demographics of Remarriage and Stepfamilies	409
	Causes and Correlates of Divorce	389	Déjà Vu: Dating and Mate Selection	
	Sociodemographic Factors	390	Revisited	409
	Interpersonal Factors	392	Why Remarry?	411
	COMPARISON		Issues in Recoupling	412
	Divorce, Japanese Style	394	The Myths of Remarriage	412
	Effects of Divorce on Spouses/Parents	395	The Challenges of Remarriage	413
	Positive Outcomes	395	PERSONAL	
	Health Problems	395	"My Husband's First Wife Is Straining	
	Financial Problems	396	My Marriage"	414
	PERSONAL		The Quality of Remarried Life	415
	My Whole World Was Lost	397	COMPARISON	
	Interaction Between Former Spouses	397	Repartnering in Australia	416
	Effects of Divorce on Children	398	Living in a Stepfamily	416
	Short-Term Effects	398	What Do You Think?	417
	Long-Term Effects	399	The Stepfamily Life Cycle	417
	Gender Differences	400	The Structure of the Stepfamily	418
	Child Custody	401	Stepparents and Stepchildren	419
	Coping with the Disruption	402	Family Functioning	422
	Summary	403	Making It Work	424
	Principles for Enhancing Intimacy	404	Summary	425
	INTERNET CONNECTION		Principles for Enhancing Intimacy	426
	Separation and Divorce	405	INTERNET CONNECTION	
19.	REMARRIAGE AND STEPFAMILIES	407	Remarriage and Stepfamilies	426
	Learning Objectives	407	Glossary	G-1
	Types and Number of Remarriages		References	R-1
	and Stepfamilies	408	Credits	C-1
	Types of Remarried Couples	408	Index	I-1