

CHAPTER 12

EATING DISORDERS: ANOREXIA NERVOSA, BULIMIA NERVOSA, AND OTHER CONDITIONS

OVERVIEW

This chapter discusses eating disorders including anorexia nervosa, bulimia nervosa, binge-eating disorder and the female athlete triad. Characteristics of each eating disorder are described including signs, symptoms, health related problems as well as treatment. Thoughts of an anorexic woman and a bulimic woman are shared. The significance of prevention and early recognition is emphasized.