# Chapter 27 Wound Infections

## **Summary Outline**

- 27.1 **Wounds** expose components of tissues to which pathogens specifically attach.
  - A. **Healing**: Wounds heal by forming **granulation tissue** that normally fills the defect and then contracts to minimize scar tissue.
  - B. **Thermal burns** often present large areas of dead tissue devoid of competing organisms and body defenses providing ideal conditions for microbial growth.
  - C. Wound abscess formation localizes an infection within tissue to prevent its spread. An abscess involves a collection of pus, which is composed of leukocytes, components of tissue breakdown and infecting organisms.
  - D. Anaerobic conditions are likely to occur in wounds containing dead tissue or foreign material, and those with a narrow opening to the air. These conditions permit infection by particularly dangerous pathogens.

### 27.2 Common bacterial wound infections

- A. Possible consequences of wound infections include (1) delayed healing, (2) abscess formation and (3) extension of infection or toxins into adjacent tissues or the bloodstream. Infections can cause surgical wounds to split open, and they can spread to create biofilms on artificial devices.
- B. **Staphylococcal wound infections**: Staphylococci, usually **Staphylococcus aureus** or **S. epidermidis**, are the leading cause of wound infections. **Staphylococcus aureus** possesses many **virulence factors**; occasional strains release a toxin that causes **toxic shock syndrome**. **Staphylococcus epidermidis** is **less virulent** but **can form biofilms** on blood vessel catheters and other devices.
- C. **Streptococcus pyogenes** (Group A, β-hemolytic streptococcus) (flesh-eaters) causes "strep throat," scarlet fever, wound infections and other conditions. Necrotizing fasciitis-causing strains produce exotoxin B, a protease thought to be responsible for tissue destruction.
- D. **Pseudomonas aeruginosa**, an **aerobic Gram-negative rod** with a single polar flagellum, is an **opportunistic pathogen** widespread in the environment and a cause of both **nosocomial infections** and those acquired outside the hospital.

### 27.3 Diseases due to anaerobic wound infections

- A. Tetanus (Lockjaw) is an often fatal disease characterized by sustained, painful, cramplike spasms of one or more muscles. It is caused by an exotoxin, tetanospasmin, produced by *Clostridium tetani*, a noninvasive, anaerobic Gram-positive rod. This toxin renders the nerve cells that normally inhibit muscle contraction inactive by blocking release of their neurotransmitter. Tetanus can be prevented by active immunization with toxoid (inactivated tetanospasmin).
- B. Gas gangrene (clostridial myonecrosis) is usually caused by the anaerobe *Clostridium* perfringens. Symptoms begin abruptly with pain, swelling, a thin brown bubbly discharge, and dark blue mottling of the tightly stretched overlying skin. The toxin causes tissue necrosis; hydrogen and carbon dioxide gases are produced from fermentation of amino acids and glycogen in the dead tissue. Since there is no vaccine or toxoid, prevention depends on prompt medical care of dirty wounds. Treatment depends on urgent surgical removal of dead and infected tissue and may require amputation.
- C. Actinomycosis (lumpy jaw) is a chronic, slowly progressive disease characterized by repeated swellings, discharge of pus and scarring, usually of the face and neck. The causative agent is *Actinomyces israelii*, a member of the normal mouth, intestinal and

**vaginal flora** that enters tissues with wounds such as those with dental and intestinal surgery. The organism is **slow growing**; treatment must be continued for weeks or months.

#### 27.4 Bacterial bite wound infections

- A. **Pasteurella multocida**, a small Gram-negative rod, can infect bite wounds inflicted by a **number of animal species**. Specific opsonizing antibody permits killing of the bacteria by phagocytes.
- B. Cat scratch disease is the most common cause of chronic localized lymph node enlargement in children. Caused by *Bartonella henselae*, it begins with a pimple at the site of bite or scratch, followed by enlargement of local lymph nodes, which often become pus-filled.

  Most individuals with cat scratch disease recover without treatment.
- C. Streptobacillary rat bite fever is characterized by relapsing fevers, head and muscle aches, and vomiting, following a rat bite. A rash and joint pain often develop. It is usually caused by *Streptobacillus moniliformis*, a highly pleiomorphic Gram-negative rod that produces cell wall-deficient variants called L-forms.
- D. **Human bite wound infections** are usually caused by members of the **normal flora** acting synergistically, including **anaerobic streptococci**, **fusiforms**, **spirochetes** and **Bacteroides sp**. often with **Staphylococcus aureus**.
- 27.5 **Fungal wound infections** are unusual in economically developed countries except for *Candida albicans* infections of burns and other wounds in individuals receiving antibacterial therapy.
  - A. **Madura foot** occurs in many impoverished areas of the world where people do not wear shoes.
  - B. Sporotrichosis (rose gardeners' disease) is a chronic fungal disease caused by the dimorphic fungus *Sporothrix schenckii*. The fungus is distributed worldwide in tropical and temperate climates and is usually introduced into wounds caused by thorns or splinters. Symptoms include painless ulcerating nodules that develop along the course of a lymphatic vessel.