

1	Pediatric sports-related injuries are on the rise in	11
2	America for a variety of reasons. One key reason is that	22
3	our culture is by nature highly competitive and places a	34
4	a high value on athletic skill. The excitement of qualifying	46
5	for the Olympics and the glamour and appeal of earning the	58
6	high salaries of a sports professional are very enticing to	70
7	both parents and their children.	76
8	Both orthopedic surgeons and pediatric sports doctors	87
9	are seeing a larger number of younger and younger patients	99
10	than ever before. The types of injuries that the kids are	111
11	coming in with are more serious than those that were seen	122
12	in the past. Damaged and even severed cervical spines, torn	134
13	ligaments, and traumatized limbs are becoming more and more	146
14	common. Elbow pathology begins for many kids when they are	158
15	active in baseball at a very young age. Much of this is	170
16	related to throwing a baseball excessively. The types of	181
17	injuries that can happen are things like torn ligaments,	193
18	compressed joints, and fractured bones. These start out as	205
19	very minor injuries in young kids, but they build up over	216
20	time and can cause major problems as kids turn into adults.	228
21	Basketball is causing a high number of problems to the	240
22	knees. Swollen knees can be caused by sudden jumping and	251
23	by quick take-offs. Almost any quick and severe change in	263
24	position can cause an injury. What looks like a simple	274
25	swollen knee could lead to a serious problem later on if it	286
26	is not treated properly. Growth plates can close around	298
27	age fifteen.	300
	1 2 3 4 5 6 7 8 9 10 11 12	