

## Chapter 5: SUGGESTED READINGS

- Adler, Patricia, A., and Peter Adler. 1998. *Peer power: Preadolescent culture and identity*. New Brunswick, NJ: Rutgers University Press (Authors collected data over eight years on the lives of children in an upper-middle-class town; excellent information about how play, informal games, recreational activities, and organized sports fit into the social lives of children).
- Bigelow, Bob, Tom Moroney, and Linda Hall. 2001. *Just let the kids play: How to stop other adults from ruining your child's fun and success in sports*. Deerfield Beach, FL: Health Communications, Inc. (Popular discussion of how to encourage children to play sports and how to assess a child's experiences in organized youth sports).
- Brady, Frank. 2004. Children's organized sports: A developmental perspective. *Journal of Health, Physical Education, Recreation, and Dance* 75, 2: 35–41, 53 (Practical overview of youth sport issues that focuses on recommendations for decreasing drop out rates and increasing life long participation in sports).
- Coakley, Jay, and Peter Donnelly, eds. 1999. *Inside sports*. London: Routledge (Accessible articles on sport experiences; articles by Hasbrook, Ingham and Dewar, and Chafetz and Kotarba deal directly with youth sports).
- David, Paulo. 2004. *Human rights in youth sport*. London/New York: Routledge (Views youth sports from a global perspective and identifies problems and critiques youth sports using a child-centered approach; focuses on overtraining, violence, forms of child abuse, education, economic exploitation, medical ethics, and the responsibilities of adults working with children in sports).
- DeKnop, Paul, B. Skirstad, L.M. Engstrom, and Maureen Weiss, eds. 1996. *Worldwide trends in youth sport*. Champaign, IL: Human Kinetics (Background material on comparative research; information about youth sports in twenty countries; summarizes research on youth sports in terms of global patterns, trends, problems, and policies).
- Farrey, Tom. 2008. *Game on: The all-American race to make champions of our children*. New York, NY: ESPN Books (The author uses his research on youth sport, done as a journalist for ESPN, to write a provocative and insightful critique of organized programs today; he presents a cogent analysis that raises questions about all the time, money, and energy that adults invest in youth sports).
- Fine, Gary Alan. 1987. *With the boys: Little League baseball and preadolescent culture*. Chicago: University of Chicago Press (Classic study of youth sports for boys; in-depth qualitative data on eleven-year-old boys illustrate how boys create their own ways of experiencing organized sports).
- Grasmuck, Sherri. 2005. *Protecting home: Class, race, and masculinity in boys' baseball*. Rutgers University Press (Uses participant observation to provide clear details about coaching styles, parental involvement, institutional politics, parent-child relations, and

children's experiences playing baseball on a team in a racially diverse, income-mixed neighborhood; this book won the Best Book Award presented by the North American Society for the Sociology of Sport in 2004).

Griffin, Robert S. 1998. *Sports in the lives of children and adolescents: Success on the field and in life*. Westport, CT: Praeger (Summarizes research and adds ideas about practical applications of knowledge to organized youth sports and interscholastic sport; deals with issues related to development, gender, race, social class, and parenting).

Humphrey, James H. 2003. *Child development through sports*. Binghamton, NY: Haworth Press (Discusses youth sports in the context of physical, social, emotional, and intellectual development; focuses on the needs and interests of children, guidelines for adults, and opportunities for development provided by sport experiences).

Murphy, Shane. 1999. *The cheers and the tears: A healthy alternative to the dark side of youth sports today*. San Francisco: Jossey-Bass (Years of clinical experiences with athletes in elite and community-based programs inform this critique of youth sports; information about families and parents, as well as suggestions for change).

Rees, C. Roger, and Andrew W. Miracle. 2001. Education and sport. In *Handbook of sports studies* (pp. 277–90), edited by Jay Coakley and Eric Dunning. London: Sage (Overview providing a brief history, discussion of important issues, and review of relevant research).

Rinehart, Robert, and Synthia Syndor, eds. 2003. *To the extreme: Alternative sports, inside and out*. Albany: State University of New York Press (Twenty-five articles by scholars and noted athletes in alternative sports; articles do not focus on children, but they capture the spirit and experiences that attract many children to alternative, extreme, and action sports).

Ryan, Joan. 1995. *Little girls in pretty boxes: The making and breaking of elite gymnasts and figure skating*. New York: Doubleday (In-depth journalistic account and exposé of the lives of U.S. girls and young women in elite gymnastics and figure skating).