

UNIT 7 Developing Life Skills Activity

Who Keeps the Kitchen Clean?

Directions: Families have different ways of handling kitchen cleanup. Write the names of your family members across the top row of the chart. Include yourself. Place check marks (✓) in the columns to show who does each task most often. Some rows or columns may remain blank. Then analyze the chart on separate paper. Does everyone help out according to abilities? Do school, work, and activity schedules affect who does what? Have duties changed over time? Do they seem fair to everyone?

1	Sweep floor					
2	Mop floor					
3	Clean sink					
4	Clean range top					
5	Clean oven					
6	Clean refrigerator					
7	Clean countertops					
8	Clear table					
9	Wipe table					
10	Put away leftovers					
11	Scrape dirty dishes					
12	Run garbage disposal					
13	Load dishwasher					
14	Wash dishes					
15	Dry dishes					
16	Put clean dishes away					
17	Clear items from floor					
18	Laundry dishcloths and dishtowels					
19	Carry food waste to compost pile					
20	Take out garbage and trash					