



# Activity 2

## The Amazing World of Food

### Food History Fill-In

**Purpose:** To identify diverse food cultures and explain food challenges facing people today.

**Directions:** For the numbered items below, complete each sentence by filling in the blank to the left of each number with the appropriate word. On the lines following each number, use the concept of the word you wrote in the blank to identify two challenges facing each of these cultural practices in America.

- \_\_\_\_\_ 1. No matter where you live in the world, at some point in time you will \_\_\_?\_\_\_ food. This may also be referred to as consuming.  
\_\_\_\_\_  
\_\_\_\_\_
- \_\_\_\_\_ 2. People in Japan find sitting down \_\_\_?\_\_\_ important to enjoying their food.  
\_\_\_\_\_  
\_\_\_\_\_
- \_\_\_\_\_ 3. Happy families in Thailand eat together and enjoy treasured family tastes and good \_\_\_?\_\_\_ cooking.  
\_\_\_\_\_  
\_\_\_\_\_
- \_\_\_\_\_ 4. In Norway, it is said that food plus \_\_\_?\_\_\_ equals health.  
\_\_\_\_\_  
\_\_\_\_\_
- \_\_\_\_\_ 5. In Korea, people enjoy meals and try to keep \_\_\_?\_\_\_ between the diet and daily life.  
\_\_\_\_\_  
\_\_\_\_\_

# Activity 3

## The Amazing World of Food

### Career Connections to Food

**Purpose:** Explain the career connection in the world of food.

**Directions:** How well do you understand the career component of your foods class? Demonstrate your knowledge by answering each question or statement below in the space provided.

#### Personal Career Traits

1. Explain the importance of your facial expressions in your foods class, as well as in the world of work.

---

---

2. Why is your ability to verbally express yourself important?

---

---

3. How can you show leadership as you learn about nutrition?

---

---

#### Professional Career Traits

4. Why are sound managerial practices important in class and work?

---

---

5. Why is critical thinking important in the world of work?

---

---

6. How does this class help build your employability skills?

---

---