

Positive Affirmations

If you are having “one of those days” or you have friend who needs a pick me up... here you go. There are many ways to shift your way of thinking just by placing a positive thought in your brain and then allowing the words to become a part of your vocabulary. Remaining optimistic at all times can be difficult, but together I think we can help each other out. Thank you all for sharing your words of encouragement with me. Enjoy!

It could always be worse.

I'm great, it's only temporary.

Stop watering dead plants.

Be where your feet are.

If it won't matter in 5 or 10 years, it doesn't matter now.

A positive mind will always cause a positive result.

“Everything will be okay. Maybe not today, maybe not tomorrow, but it will be eventually.” -Sean McLoughlin

Difficult roads lead to beautiful destinations.

The harder you work for something the greater you'll feel when you achieve it.

Luck is when preparation meets opportunity.

Love will come but there will be heartbreaks along the way. Don't stop looking for the one who loves you unconditionally.

The heart is not like a box that gets filled up, it expands in size the more you love.

You yourself as much as anybody in the entire universe deserves your love and affections.

My day begins and ends with gratitude and joy.

Breathe.

I've been through worse so I can do it now.

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If you do something that you don't want to do on a hard day, then you can do it when you're up to the task.

No problem is ever too big for God.

If God brings you to it, he'll walk you through it.

Don't give up.

Don't be afraid to do what you want.

Difficult roads lead to beautiful destinations.

Follow your heart.

You can't go back and change the beginning, but you can start where you are and change the ending.

This is difficult, but it's temporary.

It can always be worse.

God will never put you through anything you can't overcome.

If God brought you to it, he would help you through it.

Be true to your work, words, and your friends.

I will not worry about things I can't control.

It'll buff out.

Breathe in, Breathe out.

Sometimes we're tested not to show our weaknesses, but to discover our strengths.

Learn from mistakes.

"You miss 100% of the shots you don't take." -Wayne Gretzky

Difficult roads lead to beautiful destinations.

Every day is a choice: You choose to practice stress or practice peace.

"Successful people don't fear failure but understand that it's necessary to learn and grow from [it]." — Robert Kiyosaki

"Hard work beats talent when talent doesn't work hard." -Kevin Durant

Positive Affirmations

People may forget your name or your face, but they will never forget how you treated them.

I am confident in myself and my abilities.

"Do not be afraid, for I am with you. Do not be discouraged, for I am your God. I will strengthen you and help you. I will hold you up with my victorious right hand." Isaiah 41:10

Don't focus on the past or the future. Focus on the moment and take it one step at a time. just breath slowly and try not to worry.

Don't worry about it, everything's going to be alright.

If you're lost just look for me, you'll find me in the region of the summer stars.

When it rains look for rainbows when it's dark look for stars.

Rome wasn't built in a day.

The two things you can control is your attitude and your effort.

Normality is a paved road. It's easy to walk but there are no flowers.

The grass isn't always greener on the other side. It's green where you water.

You are not an atlas. The world isn't your responsibility.

Scream when necessary.

Just breathe.

Life is a marathon, not a sprint.

You can do it, you are smart, you are enough.

Every failure teaches me something new.

Remember the tortoise won the race. It's okay to be behind in life everyone has a different path at a different time. Don't be discouraged; cherish your life and live it to the fullest.

"You are altogether beautiful my darling, there is no flaw in you." -
Song of Solomon 4:7,

You are not your mistakes.

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Grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference.

Be strong, you never know who you might be inspiring.

If you're happy doing what you love, nobody can tell you you're not successful.

Today will be a great day. Make it one.

I can accomplish what I set my mind to.

I can allow things to flow easily.

Yesterday is history, tomorrow is a mystery, but today is a gift. That is why it is called present.

It'll make you a better person. Hard, stressful times build your character, so push through.

Mind over matter.

Put your positive pants on.

I matter in life.

Every day is a new beginning. Take a deep breath, smile and start again.

Good isn't a thing you are, it's a thing you do.

I am strong, I am capable, I am worthy.

Your struggle today can be your strength tomorrow.

we do not need magic to transform our world. We carry all the power we need inside ourselves already.

I forgive myself for not being perfect because I know I'm human.

"I am the greatest. I said that even before I knew I was." - Muhammad Ali

My life is just beginning.

Well behaved women rarely make history.

"I can do ALL things through Christ who strengthens me."-
Philippians 4:13

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When you're feeling hopeless, do not lose hope, you are destined for greatness, keep on going.

Don't call it a dream, call it a plan.

I'm proud of you!

If your dreams don't scare you, they're not big enough.

Just keep swimming!

I am who you (Jesus) say I am.

Life is a marathon, not a sprint.

You can do it, you are smart, you are enough.

God knows what season you're in and he'll meet you where you are.

God brought you to it, so he'll walk you through it.

Every failure teaches me something new.

Remember the tortoise won the race, so enjoy your unique path in life.

Normality is a paved road, it is comfortable to walk on, but there are no flowers.

Life is not about waiting for the storm to pass; it's about learning how to dance in the rain.

If you can, you will; If you cannot, you will not.

This too shall pass.

Hope is something you give yourself.

It's not about the mistakes you make; but it's how you handle them.

Don't assume because it makes an ass out of you and me.

You can't have a rainbow without rain.

Aim for the moon, if you miss, you'll land upon the stars.

You've come this far, wait for that reward.

If every porkchop were perfect, we wouldn't have hot dogs.

Believe in yourself.

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Love the life you live and live the life you love.

If you are going to pray you can't worry.

Tomorrow is a new day.

If you fall off the horse, just eat the horse.

Fake it until you make it.

Everything I'm not made me everything I am.

Make waves and never settle.

Difficult roads often lead to beautiful destination.

You can do it.

Your mind is a garden, your thoughts are the seeds, you can either water flowers or weeds.

He heals the brokenhearted and binds up their wounds.

No rain, no flowers.

I believe in, trust, and have confidence in myself.

You can do it.

It is never too late to start the day over.

Every choice I've ever made (good or bad) has brought me to this exact point.

Don't light yourself on fire to keep others warm.