

Brief Contents



Section 1

The Life-Span Developmental Perspective 1

- 1 Introduction 2
- 2 The Science of Life-Span Development 26



Section 2

Beginnings 57

- 3 Biological Beginnings 58
- 4 Prenatal Development and Birth 86



Section 3

Infancy 117

- 5 Physical Development in Infancy 118
- 6 Cognitive Development in Infancy 148
- 7 Socio-emotional Development in Infancy 166



Section 4

Early Childhood 189

- 8 Physical and Cognitive Development in Early Childhood 190
- 9 Socio-emotional Development in Early Childhood 222



Section 5

Middle and Late Childhood 255

- 10 Physical and Cognitive Development in Middle and Late Childhood 256
- 11 Socio-emotional Development in Middle and Late Childhood 288



Section 6

Adolescence 321

- 12 Physical and Cognitive Development in Adolescence 322
- 13 Socio-emotional Development in Adolescence 354



Section 7

Early Adulthood 383

- 14 Physical and Cognitive Development in Early Adulthood 384
- 15 Socio-emotional Development in Early Adulthood 414



Section 8

Middle Adulthood 445

- 16 Physical and Cognitive Development in Middle Adulthood 446
- 17 Socio-emotional Development in Middle Adulthood 470



Section 9

Late Adulthood 493

- 18 Physical Development in Late Adulthood 494
- 19 Cognitive Development in Late Adulthood 518
- 20 Socio-emotional Development in Late Adulthood 540



Section 10

Endings 563

- 21 Death and Grieving 564

Contents

PREFACE xvii



Section 1

The Life-Span Developmental Perspective 1

Chapter 1

Introduction 2

- IMAGES OF LIFE-SPAN DEVELOPMENT
 - A Tale of Two Citizens* 3
- The Life-Span Perspective 4
 - Why Study Life-Span Development? 4
 - The Historical Perspective 5
 - Characteristics of the Life-Span Perspective 7
- CAREERS IN LIFE-SPAN DEVELOPMENT
 - K. Warner Schaie, Professor of Human Development* 8
- Some Contemporary Concerns 9
 - CAREERS IN LIFE-SPAN DEVELOPMENT
 - Jeffrey L. Derevensky, Educational Psychologist* 9
 - SOCIO-CULTURAL WORLDS OF DEVELOPMENT
 - Women's Struggle for Equality: An International Journey* 12
- The Nature of Development 14
 - Biological, Cognitive, and Socio-emotional Processes 14
 - Periods of Development 14
- CRITICAL THINKING
 - Asking Questions... What Is the Best Age to Be?* 15
 - Age and Happiness 16
 - Conceptions of Age 16
 - Developmental Issues 17
- Careers in Life-Span Development 21

Chapter 2

The Science of Life-Span Development 26

- IMAGES OF LIFE-SPAN DEVELOPMENT
 - The Childhoods of Erikson and Piaget* 27
- Theories of Development 28
 - CAREERS IN LIFE-SPAN DEVELOPMENT
 - Teresa To, Researcher in Child Health* 29
 - Psychoanalytic Theories 29
 - Cognitive Theories 33
- SOCIO-CULTURAL WORLDS OF DEVELOPMENT
 - Cultural and Gender Bias in Freud's Theory* 34
 - Behavioural and Social Cognitive Theories 37
 - Ethological Theory 39
 - Ecological Theory 40
- CRITICAL THINKING
 - Imagine Growing up Somewhere Else* 41
 - An Eclectic Theoretical Orientation 42
- Research Methods 45
 - Observation 45
 - Interviews and Questionnaires 46
 - Case Studies 46
 - Correlational Research 46
 - Experimental Research 46
 - Time Span of Research 47
- Research Journals 50

- CAREERS IN LIFE-SPAN DEVELOPMENT
Douglas Symons, Child-Clinical Psychologist 51
- Research Challenges** 52
 - Ethics 52
 - Gender 53

- Ethnicity and Culture 53
- CAREERS IN LIFE-SPAN DEVELOPMENT
Lisa Serbin, Researcher 53
- CRITICAL THINKING
Isn't Everyone a Psychologist? 54



Section 2

Beginnings 57

Chapter 3

Biological Beginnings 58

- IMAGES OF LIFE-SPAN DEVELOPMENT
Your Genetics vs. Your Environment 59
- The Evolutionary Perspective** 60
 - Natural Selection and Adaptive Behaviour 60
 - Evolutionary Psychology 61
- Genetic Foundations** 63
 - What Are Genes? 63
 - Mitosis and Meiosis 63
 - Genetic Principles 65
 - Behaviour Genetics 67
 - Molecular Genetics 68
 - Chromosome and Gene-Linked Abnormalities 68
- CAREERS IN LIFE-SPAN DEVELOPMENT
Dick Sobsey, Professor of Educational Psychology 70
- Reproduction Challenges and Choices** 71
 - Prenatal Diagnostic Tests 71
 - Infertility 74
 - Adoption 76
- Heredity-Environment Interaction** 77
 - Intelligence 77
 - Heredity-Environment Correlations 80
- SOCIO-CULTURAL WORLDS OF DEVELOPMENT
The Abecedarian Project 80
- Shared and Nonshared Environmental Experiences 81
- Conclusions about Heredity-Environment Interaction 82

Chapter 4

Prenatal Development and Birth 86

- IMAGES OF LIFE-SPAN DEVELOPMENT
Birth: Yesterday, Today, and Tomorrow 87
- Prenatal Development** 88
 - The Course of Prenatal Development 88
 - Cultural Beliefs about Pregnancy 91
 - Teratology and Hazards to Prenatal Development 92
- CRITICAL THINKING
Intervention to Stop Pregnant Women from Smoking and Consuming Alcohol 95
- Prenatal Care 100
- Positive Prenatal Development 102
- Birth** 102
 - The Birth Process 102
- CAREERS IN LIFE-SPAN DEVELOPMENT
Ivy Lynn Bourgeault, Professor of Community Health 105
- Special Neonatal Considerations 107
- Measures of Neonatal Health and Responsiveness 108
- The Postpartum Period** 110
 - What Is the Postpartum Period? 110
 - Physical Adjustments 111
 - Emotional and Psychological Adjustments 111
- CAREERS IN LIFE-SPAN DEVELOPMENT
Carol Hird, Midwife 112
- Bonding 113



Section 3

Infancy 117

Chapter 5

Physical Development in Infancy 118

- IMAGES OF LIFE-SPAN DEVELOPMENT
 - Bottle- and Breast-Feeding in Africa* 119
- Physical Growth and Development in Infancy** 120
 - Cephalocaudal and Proximodistal Patterns 120
 - Height and Weight 121
 - The Brain 121
 - Infant States 124
- CAREERS IN LIFE-SPAN DEVELOPMENT
 - Susan Moxley, Lactation Consultant* 127
 - Health Promotion: Nutrition 127
- SOCIO-CULTURAL WORLDS OF DEVELOPMENT
 - A Wholistic Start* 130
 - Toilet Training 131
- Motor Development** 132
 - Reflexes 132
 - Gross and Fine Motor Skills 134
 - Developmental Biodynamics 137
- Sensory and Perceptual Development** 137
 - What Are Sensation and Perception? 137
 - The Ecological View 138
 - Visual Perception 139
 - Other Senses 141
 - Intermodal Perception 143
 - Perceptual-Motor Coupling and Unification 144

Chapter 6

Cognitive Development in Infancy 148

- IMAGES OF LIFE-SPAN DEVELOPMENT
 - Laurent, Lucienne, and Jacqueline* 149
- Piaget's Theory of Infant Development** 150
 - The Stage of Sensorimotor Development 150
 - Object Permanence 150
 - Evaluating Piaget's Sensorimotor Stage 152

- Learning and Remembering** 153
 - Conditioning 153
 - Habituation and Dishabituation 153
 - Imitation 155
 - Memory 155
- Individual Differences in Intelligence** 156
 - CRITICAL THINKING
 - Comparing Piaget's Approach to the Individual Differences Approach* 157
 - CAREERS IN LIFE-SPAN DEVELOPMENT
 - Dana Brynelson, Provincial Advisor, Infant Development Programs* 158
- Language Development** 160
 - What Is Language? 160
 - How Language Develops 160
 - Biological Influences 161
 - Behavioural and Environmental Influences 161

Chapter 7

Socio-emotional Development in Infancy 166

- IMAGES OF LIFE-SPAN DEVELOPMENT
 - The Story of Tom's Fathering* 167
- Emotional and Personality Development** 168
 - Emotional Development 168
 - Temperament 171
 - Personality Development 174
- Attachment** 176
 - What Is Attachment? 176
 - Individual Differences 177
 - Caregiving Styles and Attachment Classification 178
 - Attachment, Temperament, and the Wider Social World 179
- Social Contexts** 180
 - The Family 180
- SOCIO-CULTURAL WORLDS OF DEVELOPMENT
 - Childcare Policy around the World* 183
 - Daycare 183
- CRITICAL THINKING
 - Characteristics of Competent Caregivers* 184
- CAREERS IN LIFE-SPAN DEVELOPMENT
 - E. Elaine Ferguson, Director* 185



Section 4

Early Childhood 189

Chapter 8

Physical and Cognitive Development in Early Childhood 190

- IMAGES OF LIFE-SPAN DEVELOPMENT
Oh Brother! 191
- Physical Development in Early Childhood 192
 - Body Growth and Change 192
 - Motor Development 193
 - Health and Wellness 195
 - Illness and Injuries 197
- CAREERS IN LIFE-SPAN DEVELOPMENT
Fran McDougall, National Executive Director 197
- Cognitive Development in Early Childhood 199
 - Piaget's Preoperational Stage of Development 199
 - Vygotsky's Theory of Development 203
 - Information Processing 206
- CAREERS IN LIFE-SPAN DEVELOPMENT
Carole Peterson, Child Psychologist 209
- Language Development 210
- CRITICAL THINKING
Men in Early Childhood Education 212
- Early Childhood Education 212
- CRITICAL THINKING
Observing Children in Preschool and Kindergarten 216
- CAREERS IN LIFE-SPAN DEVELOPMENT
Dr. Caroline C. Piotrowski, Researcher in Family Studies 218

Chapter 9

Socio-emotional Development in Early Childhood 222

- IMAGES OF LIFE-SPAN DEVELOPMENT
Ryan and the Well Far Away 223
- Emotional and Personality Development 224
 - The Self 224
 - Emotional Development 225
 - Moral Development 225
 - Gender 228
- Families 233
 - Parenting 233
- CRITICAL THINKING
Evaluating the Parenting Styles of Both Parents 234
- SOCIO-CULTURAL WORLDS OF DEVELOPMENT
Attachment and Preschool-Adoptees from Romania 236
- CRITICAL THINKING
Developing a Model of Intervention for Maltreating Families 237
- Sibling Relationships and Birth Order 238
- The Changing Family in a Changing Society 239
- Peer Relations, Play, and Television 244
 - Peer Relations 244
 - Play 245
 - Television 248
- CRITICAL THINKING
Developing Parental Guidelines for Children's TV Viewing 251



Section 5

Middle and Late Childhood 255

Chapter 10

Physical and Cognitive Development in Middle and Late Childhood 256

- IMAGES OF LIFE-SPAN DEVELOPMENT
 - The Stars' Trip to Earth by Morag Crawford, Lise Brown, and Jennifer Oakes* 257
- Physical Development** 258
 - Body Growth and Proportion 258
 - Motor Development 258
 - Exercise and Health 259
 - Children with Disabilities 261
- CAREERS IN LIFE-SPAN DEVELOPMENT
 - J. Paul Boudreau, Researcher of Motor and Cognitive Development* 261
- CRITICAL THINKING
 - Reflecting on Learning Disabilities* 265
- SOCIO-CULTURAL WORLDS OF DEVELOPMENT
 - Family-Centred and Culture-Centred Approaches to Working with a Child Who Has a Disability* 265
- CRITICAL THINKING
 - How Did They Do It?* 266
- Cognitive Development** 267
 - Piaget's Theory 267
 - Information Processing 269
- CAREERS IN LIFE-SPAN DEVELOPMENT
 - Donald H. Saklofske, Professor of Educational Psychology & Special Education* 271
 - Intelligence 271
- CRITICAL THINKING
 - Should Parents Be Testing Their Own Child's IQ?* 274
- CRITICAL THINKING
 - Intelligent Answers* 280
 - Creativity 280
 - Language Development 281
- CAREERS IN LIFE-SPAN DEVELOPMENT
 - Sharla Peltier, Speech Pathologist* 283

Chapter 11

Socio-emotional Development in Middle and Late Childhood 288

- IMAGES OF LIFE-SPAN DEVELOPMENT
 - School or Home: Which Is Better?* 289
- Emotional and Personality Development** 290
 - The Self 290
 - Emotional Development 292
- CAREERS IN LIFE-SPAN DEVELOPMENT
 - Naomi Tyrell, Education Entertainer* 294
 - Moral Development 294
- CRITICAL THINKING
 - Exploring Your Moral Thinking* 297
 - Gender 300
- CRITICAL THINKING
 - Rethinking the Words We Use in Gender Worlds* 303
- Families** 307
 - Parent-Child Issues 307
 - Societal Changes in Families 308
- Peers** 309
 - Peer Statuses 309
 - Bullying 310
 - Social Cognition 311
 - Friends 312
- Schools** 313
 - The Transition to Elementary School 313
- CRITICAL THINKING
 - Private School Education on the Rise* 314
 - Socio-economic Status and Ethnicity in Schools 314
- SOCIO-CULTURAL WORLDS OF DEVELOPMENT
 - The Global Lab* 316
- CRITICAL THINKING
 - A Unique School* 317
 - Cross-Cultural Comparisons of School Experiences 317



Section 6

Adolescence 321

Chapter 12

Physical and Cognitive Development in Adolescence 322

- IMAGES OF LIFE-SPAN DEVELOPMENT
 - Adolescence: A Time of Firsts* 323
- The Nature of Adolescence 324
- Puberty 325
 - Puberty's Boundaries and Determinants 325
 - Hormonal Changes 326
 - Height, Weight, and Sexual Maturation 327
 - Body Image 328
- CRITICAL THINKING
 - Thinking about Puberty* 329
 - Early and Late Maturation 329
- Adolescent Sexuality 330
 - Developing a Sexual Identity 331
 - The Progression of Adolescent Sexual Behaviours 331
 - Risk Factors for Sexual Problems 332
 - Contraceptive Use 332
 - Sexually Transmitted Diseases 332
 - Adolescent Pregnancy 333
- Adolescent Health Problems and Wellness 334
 - Substance Use and Addiction 335
 - Eating Disorders 338
 - Leading Causes of Death in Adolescence 339
- CRITICAL THINKING
 - Aboriginal Teen Suicide—Why So Many?* 339
- Adolescent Cognition 340
 - Piaget's Theory 340
 - Adolescent Egocentrism 342
 - Information Processing 343
- Schools 345
 - The Transition to Middle or Junior High School 345
 - Effective Schools for Young Adolescents 346
- CAREERS IN LIFE-SPAN DEVELOPMENT
 - Wendi Kleiner-d'Eon, Youth Coordinator* 347
 - High School Dropouts 347
 - Recent Curriculum Innovations for Young People 348
- SOCIO-CULTURAL WORLDS OF DEVELOPMENT
 - Cross-Cultural Comparisons of Secondary Schools* 350

Chapter 13

Socio-emotional Development in Adolescence 354

- IMAGES OF LIFE-SPAN DEVELOPMENT
 - A 15-Year-Old Girl's Self-Description* 355
- Identity 356
 - Some Contemporary Thoughts about Identity 356
 - Identity Statuses and Development 357
- CRITICAL THINKING
 - Exploring Your Identity* 358
 - Family Influences on Identity 358
 - Cultural and Ethnic Aspects of Identity 359
- Families 361
 - Autonomy and Attachment 361
 - Parent-Adolescent Conflict 362
- CRITICAL THINKING
 - Age Trends in the Parents of Adolescents and Parent-Adolescent Relationships* 363
- Peers 365
 - Peer Groups 365
 - Cliques 366
 - Friendships 367
 - Dating and Romantic Relationships 367
- Culture and Adolescent Development 369
 - Cross-Cultural Comparisons and Rites of Passage 369
 - Ethnicity 370
- CAREERS IN LIFE-SPAN DEVELOPMENT
 - Soni Dasmohapatra, Youth Coordinator* 371
- SOCIO-CULTURAL WORLDS OF DEVELOPMENT
 - Young People Making a Difference* 373
- Adolescent Problems 374
 - Young Offenders 374
 - Causes of Adolescent Problems 375
 - Street Youth 375
- CAREERS IN LIFE-SPAN DEVELOPMENT
 - Roger Tonkin, Pioneer and Visionary in Adolescent Health Care* 376
 - Depression and Suicide 376
 - The Interrelation of Problems and Successful Prevention-Intervention Programs 378
 - Effective Interventions 378
- CRITICAL THINKING
 - How would you respond to a friend's "cry for help"?* 379



Section 7

Early Adulthood 383

Chapter 14

Physical and Cognitive Development in Early Adulthood 384

■ IMAGES OF LIFE-SPAN DEVELOPMENT

Silken Laumann 385

The Transition from Adolescence to Adulthood 386

The Criteria for Becoming an Adult 386

The Transition from High School to College or University 387

Physical Development, Health, and Wellness 388

The Peak and Slowdown in Physical Performance 388

Eating and Weight 389

Dieting 390

Regular Exercise 391

Substance Abuse 391

■ CRITICAL THINKING

Do You Abuse Drugs? 393

Sexuality 394

Growth and Development 394

Sexual Orientation 395

Sexually Transmitted Diseases 396

■ CRITICAL THINKING

Sexual Behaviour and Moral Choices: Privacy and Protection 398

Forcible Sexual Behaviour and Sexual Harassment 399

Cognitive Development 401

Cognitive Stages 401

Creativity 403

■ CAREERS IN LIFE-SPAN DEVELOPMENT

Mihaly Csikszentmihalyi, University Professor and Researcher 403

Careers and Work 404

Developmental Changes 405

Personality Types 405

Values and Careers 406

Monitoring the Occupational Outlook 407

■ CRITICAL THINKING

Career Goal-Setting 407

■ CAREERS IN LIFE-SPAN DEVELOPMENT

Lorraine Haché, Co-founder of OPTIMUM Human Resources, Inc. 407

The Skills Employers Want 408

Finding the Right Career 408

Work 408

The Nature of Work 408

Getting Positive Work Experiences during College or University 409

Dual-Career Couples 409

■ SOCIO-CULTURAL WORLDS OF DEVELOPMENT

Employability: What Do Canadian Employers Want? 410

Chapter 15

Socio-emotional Development in Early Adulthood 414

■ IMAGES OF LIFE-SPAN DEVELOPMENT

Love, Marriage, and Family: What's Legal in Canada? 415

Continuity and Discontinuity from Childhood to Adulthood 416

Temperament 416

Attachment 418

Attraction, Love, and Close Relationships 419

Attraction 419

The Faces of Love 420

■ CRITICAL THINKING

Exploring Self-Help Books and Web Sites on Love 423

Loneliness 425

Intimate Relationships 427

The Family Life Cycle 427

Marriage 428

■ SOCIO-CULTURAL WORLDS OF DEVELOPMENT

Marriage around the World 431

■ CAREERS IN LIFE-SPAN DEVELOPMENT

Enrico DiTomasso, Professor 433

■ CAREERS IN LIFE-SPAN DEVELOPMENT

Dr. Susan Johnson, Psychologist, Counsellor, Researcher and Co-developer of Emotionally Focused Therapy 434

Gender and Emotion 434

Parental Roles 435
The Diversity of Adult Lifestyles 436
 Single Adults 436
 Cohabiting Adults 437
 Divorced Adults 438

Remarried Adults 439
 Gay and Lesbian Adults 440
Gender, Relationships, and Self-Development 440
 Women's Development 440
 Men's Development 441



Section 8

Middle Adulthood 445

Chapter 16

Physical and Cognitive Development in Middle Adulthood 446

- IMAGES OF LIFE-SPAN DEVELOPMENT
 - Physical Changes in Middle Age: The Onset of Aches and Pains 447*
 - Changing Middle Age 448**
 - Physical Development 449**
 - Physical Changes 449
 - Health Concerns and Wellness Strategies 451
 - Culture, Personality, Relationships, and Wellness 452
- SOCIO-CULTURAL WORLDS OF DEVELOPMENT
 - Alternative Health Practices in Today's World 453*
 - Mortality Rates 454
 - Sexuality 454
 - Cognitive Development 458**
 - Intelligence 458
 - Information Processing 459
- CRITICAL THINKING
 - Poisoned Workplace Environment 460*
 - Careers, Work, and Leisure 461**
 - Job Satisfaction 461
 - Career Challenges and Changes 461
 - Leisure 462
 - Religion and Meaning in Life 463**
 - Religion and Adult Lives 463
 - Religion and Health 464
- CAREERS IN LIFE-SPAN DEVELOPMENT
 - Elizabeth M. Lillie, Individual, Marriage, and Family Therapist and Pastoral Care Associate 465*
 - Meaning in Life 466

Chapter 17

Socio-emotional Development in Middle Adulthood 470

- IMAGES OF LIFE-SPAN DEVELOPMENT
 - Middle-Age Variations 471*
 - Personality Theories and Development in Middle Adulthood 472**
 - Age Stage Theories 472
 - The Life-Events Approach 476
 - Contexts of Mid-life Development 476
 - Stability and Change 481**
 - Longitudinal Studies 481
- CRITICAL THINKING
 - Are There Distinct Subphases within Middle Adulthood? 482*
 - Intimate Relationships 483**
 - Love, Marriage, and Other Intimate Relationships at Mid-life 483
 - The Empty Nest and Its Refilling 485
 - Parenting Conceptions 486
 - Sibling Relationships and Friendships 486
 - Intergenerational Relationships 487
- CAREERS IN LIFE-SPAN DEVELOPMENT
 - Dr. Benjamin Schlesinger, Professor Emeritus 487*
- SOCIO-CULTURAL WORLDS OF DEVELOPMENT
 - Immigrants Define Canada 488*



Section 9

Late Adulthood 493

Chapter 18

Physical Development in Late Adulthood 494

- IMAGES OF LIFE-SPAN DEVELOPMENT

Learning to Age Successfully 495

- Longevity 496

Life Expectancy and Life Span 496

- CRITICAL THINKING

How Long Would You Like to Live? 497

The Young Old, the Old Old, and the Oldest Old 498

- SOCIO-CULTURAL WORLDS OF DEVELOPMENT

Aging in Russia, Ecuador, and Kashmir 500

Biological Theories of Aging 501

- The Course of Physical Development in Late Adulthood 503

The Aging Brain 504

Physical Appearance 505

Sensory Development 505

The Circulatory System 506

The Respiratory System 507

Sexuality 507

- Health and Wellness 507

Health Problems 507

The Robust Oldest Old 510

Exercise, Nutrition, and Weight 510

Health Promotion 512

- CAREERS IN LIFE-SPAN DEVELOPMENT

Dr. Thomy Nilsson, Director, The PEI Centre for Health & Aging 513

Chapter 19

Cognitive Development in Late Adulthood 518

- IMAGES OF LIFE-SPAN DEVELOPMENT

Sister Mary 519

- Cognitive Functioning in Older Adults 519

The Multi-dimensional, Multidirectional Nature of Cognition 520

Education, Work, and Health: Links to Cognitive Functioning 523

- CRITICAL THINKING

A Challenging Intellectual Life in Old Age 524

Promoting Cognitive Skills in Later Years 525

- Work and Retirement 526

Work 526

Retirement in Canada and Other Countries 528

- SOCIO-CULTURAL WORLDS OF DEVELOPMENT

Work and Retirement in Japan, the United States, England, and France 528

Adjustment to Retirement 529

- The Mental Health of Older Adults 529

The Nature of Mental Health in Older Adults 529

Depression 530

Dementia, Alzheimer's Disease, and Other Afflictions 531

Fear of Victimization, Crime, and Elder Maltreatment 534

Meeting the Mental Health Needs of Older Adults 535

- Religion and Spirituality in Late Adulthood 535

- CAREERS IN LIFE-SPAN DEVELOPMENT

Stephen E. Rudin, MSPH Executive Director, Alzheimer Society of Canada 536

Chapter 20

Socio-emotional Development in Late Adulthood 540

- IMAGES OF LIFE-SPAN DEVELOPMENT

Jean Vanier 541

- Theories of Socio-emotional Development 542

Erikson's Theory 542

Disengagement Theory 544

Activity Theory 544

Socio-emotional Selectivity Theory 544

Selective Optimization with Compensation Theory 546

- CAREERS IN LIFE-SPAN DEVELOPMENT

Lindsay Davies, Professor and Board Member of United Generations Ontario 546

Older Adults in Society 548	Grandparenting 553
Stereotyping Older Adults 548	Friendship 555
Policy Issues in an Aging Society 549	Social Support and Social Integration 555
Income 551	Gender, Ethnicity, and Culture 556
Living Arrangements 551	Gender and Ethnicity 556
Families and Social Relationships 552	Culture 558
The Aging Couple 552	Successful Aging 558
■ CRITICAL THINKING	■ SOCIO-CULTURAL WORLDS OF DEVELOPMENT
<i>Middle-Aged Baby Boomers and Their Grandparents</i> 553	<i>Being Female, Ethnic, and Old</i> 559



Section 10

Endings 563

Chapter 21

Death and Grieving 564

■ IMAGES OF LIFE-SPAN DEVELOPMENT	■ CRITICAL THINKING
<i>The Right Honourable Pierre Elliott Trudeau</i> 565	<i>Exploring Your Own Death and Dying</i> 576
Defining Death and Life/Death Issues 566	Coping with the Death of Someone Else 577
Issues in Determining Death 566	Communicating with a Dying Person 578
Decisions Regarding Life, Death, and Health Care 566	Grieving 578
Death and Socio-historical, Cultural Contexts 569	■ CAREERS IN LIFE-SPAN DEVELOPMENT
Changing Historical Circumstances 569	<i>Harry van Bommel, Palliative Care Advocate and Author</i> 580
Death in Different Cultures 570	Making Sense of the World 580
A Developmental Perspective on Death 571	Losing a Life Partner 580
Causes of Death and Expectations about Death 571	■ SOCIO-CULTURAL WORLDS OF DEVELOPMENT
Attitudes toward Death at Different Points in the Life Span 572	<i>The Family and the Community in Mourning—The Amish and Traditional Judaism</i> 582
Facing One's Own Death 574	Forms of Mourning and the Funeral 582
Kübler-Ross's Stages of Dying 574	
Perceived Control and Denial 576	
The Contexts in Which People Die 576	
	GLOSSARY G-1
	REFERENCES R-1
	CREDITS C-1
	NAME INDEX NI-1
	SUBJECT INDEX SI-1