Glossary

Note: (†) Pronunciation from Stedman's Medical Dictionary 26th edition, all others from American Heritage 4th edition, in case you need to consult.

- 10× lens (těn) A magnifying lens in the ocular of a microscope that magnifies an image ten times. (45*)
- 24-hour urine specimen (twĕn'tē fôr our yŏor'ĭn spĕs'ə-mən) A urine specimen collected over a 24-hour period and used to complete a quantitative and qualitative analysis of one or more substances, such as sodium, chloride, and calcium. (47)
- abandonment (ə-băn'dən-mənt) A situation in which a health-care professional stops caring for a patient without arranging for care by an equally qualified substitute. (3)
- **ABA number (nŭm'bər)** A fraction appearing in the upper right corner of all printed checks that identifies the geographic area and specific bank on which the check is drawn. (18)
- **abduction (ab-dŭk'shŭn)(†)** Movement away from the body. (26)
- **abscess (ăb'sēs')** A collection of pus (white blood cells, bacteria, and dead skin cells) that forms as a result of infection. (42)
- **absorption (əb-sôrp'shən)** The process by which one substance is absorbed, or taken in and incorporated, into another, as when the body converts food or drugs into a form it can use. (50)
- **access (ăk'sĕs)** The way patients enter and exit a medical office (13)
- accessibility (ăk-sĕs´ə-bĬl´i-tē) The ease with which people can move into and out of a space. (22)
- **accounts payable (ə-kounts' pā'-ă-bəl)**Money owed by a business; the practice's expenses. (17)
- **accounts receivable (ə-kounts ri-sē və-bəl)** Income or money owed to a business. (17)
- accreditation (a-krĕd'ĭ-tā'shən) The documentation of official authorization or approval of a program. (1)
- acetylcholine (as-e-til-kō'lēn)(†) A neurotransmitter released by the parasympathetic nerves onto organs and glands for resting and digesting. (26)
- acetylcholinesterase (aśe-til-kō-lineśter-ās) An enzyme within the nervous system that hydrolyzes acetylcholine to acetate and choline. (26)

- acid-fast stain (ăs´id făst stān) A staining procedure for identifying bacteria that have a waxy cell wall. (46)
- **acids (ăs'ĭds)** Electrolytes that release hydrogen ions in water. (23)
- acinar cells (as'i-nar sĕlz)(†) Cells in the pancreas that produce pancreatic juice. (31)
- acquired immunodeficiency syndrome (AIDS) (ə-kwīrd imyū-nō-dē-fish'en-sē sĭn'drōm')(†) The most advanced stage of HIV infection; it severely weakens the body's immune system. (29)
- acromegaly (ak-rō-meg'ă-lē)(†) A disorder in which too much growth hormone is produced in adults. (32)
- acrosome (ak'rō-sōm) (†) An enzymefilled sac covering the head of a sperm that aids in the penetration of the egg during fertilization. (35)
- action potential (ăk'shən pə-tĕn'shəl)
 The flow of electrical current along the axon membrane. (27)
- active file (ăk'tiv fil) A file used on a consistent basis. (10)
- active listening (ăk'tiv lis'əning)
 Part of two-way communication,
 such as offering feedback or asking
 questions; contrast with passive
 listening. (4)
- active transport (ak´-tiv trans-pórt)

 The movement of a substance across a cell membrane from an area of low concentration to an area of high concentration. (23)
- acupuncturist (ăk'yŏō-pŭngk'chər-ĭst)
 A practitioner of acupuncture. The acupuncturist uses hollow needles inserted into the patient's skin to treat pain, discomfort, or systemic imbalances. (2)
- **acute (a-kyoot')** Having a rapid onset and progress, as acute appendicitis. (40)
- addiction (ă-dīk'shun) (†) A physical or psychological dependence on a substance, usually involving a pattern of behavior that includes obsessive or compulsive preoccupation with the substance and the security of its supply, as well as a high rate of relapse after withdrawal. (36)
- **add-on code (ăd'on' kōd)** A code indicating procedures that are usually

- carried out in addition to another procedure. Add-on codes are used together with the primary code. (16)
- adduction (ă-dŭk'shŭn) (†) Movement toward the body. (26)
- adenoids (ăd'n-oidz') See pharyngeal tonsils. (31)
- **administer (ăd-min'i-stər)** To give a drug directly by injection, by mouth, or by any other route that introduces the drug into the body. (50)
- adrenocorticotropic hormone (ă-drē'nō-kōr'ti-kō-trōʻpik hōr'mōn) Hormone that stimulates the adrenal cortex to release its hormones. (32)
- advance scheduling (ăd-văns skĕj´ooling) Booking an appointment several weeks or even months in advance. (12)
- **aerobes (âr'ōbs')** Bacteria that grow best in the presence of oxygen. (46)
- aerobic respiration (â-rō'bĭk rĕs'pə-rā'shən) A process that requires large amounts of oxygen and uses glucose to make ATP. (26)
- afebrile (ā-feb´ril) (†) Having a body temperature within one's normal range. (37)
- afferent arterioles (ăf´ər-ənt ar-tēr´eōlz)(†) Structures that deliver blood to the glomeruli of the kidneys. (34)
- **affiliation agreement (ə-fĭl'ē-ā'shən ə-grē'mənt)** An agreement that externship participants must sign that states the expectations of the facility and the expectations of the student. (54)
- **agar (ā'gār')** A gelatinlike substance derived from seaweed that gives a culture medium its semisolid consistency. (46)
- age analysis (āj ə-năl'i-sis) The process of clarifying and reviewing past due accounts by age from the first date of billing. (17)
- **agenda (ə-jĕn'də)** The list of topics discussed or presented at a meeting, in order of presentation. (12)
- agent (ā'-jənt) (legal) A person who acts on a physician's behalf while performing professional tasks; (clinical) an active principle or entity that produces a certain effect, for example, an infectious agent. (3)

^{*} Parenthetical numbers indicate the chapter in which the entry is a key term or is first defined in context. Entries not followed by a chapter number are important terms related to material covered but not specifically defined in the text.

- agglutination (ă-glū-ti-nā'shŭn)(†)
 The clumping of red blood cells
- **aggressive** (ə-grĕs´iv) Imposing one's position on others or trying to manipulate them. (4)

following a blood transfusion. (28)

- agranular leukocyte (ă-gran´-yulər lū´kō-sīt) (†) A type of leukocyte (white blood cell) with a solid nucleus and clear cytoplasm; includes lymphocytes and monocytes. (48)
- agranulocyte (ă-gran'yū-lō-sīt) (†) See agranular leukocyte. (28)
- albumins (ăl-byōo mins) The smallest of the plasma proteins. Albumins are important for pulling water into the bloodstream to help maintain blood pressure. (28)
- aldosterone (al-dos'ter-ōn)(†) A hormone produced in the adrenal glands that acts on the kidney. It causes the body to retain sodium and excrete potassium. Its role is to maintain blood volume and pressure. (32)
- alimentary canal (ăl'ə-mĕn'tə-rē kə-năl') The organs of the digestive system that extend from the mouth to the anus. (31)
- **allele (a-lēl')** Any one of a pair or series of **genes** that occupy a specific position on a specific **chromosome.** (23)
- **allergen (ăl'ər-jən)** An antigen that induces an allergic reaction. (29)
- allergist (ăl'ər-jist) A specialist who diagnoses and treats physical reactions to substances including mold, dust, fur, pollen, foods, drugs, and chemicals. (2)
- **allowed charge (ə-loud' chārj)** The amount that is the most the payer will pay any provider for each procedure or service. (15)
- **alopecia (ăl'ə-pē'shə)** The clinical term for baldness. (24)
- alphabetic filing system (āl'fə-bĕt' İkəl fi'ling sis'təm) A filing system in which the files are arranged in alphabetic order, with the patient's last name first, followed by the first name and middle initial. (10)
- Alphabetic Index (ăl'fə-bĕt'ĭk ĭn'dĕks')
 One of two ways diagnoses are listed in the ICD-9-CM. They appear in alphabetic order with their corresponding diagnosis codes. (16)
- alveolar glands (al-vē'ō-lăr glăndz)(†)
 Glands that make milk under the influence of the hormone prolactin.
 (35)
- alveoli (ăl-vē'a-lī') Clusters of air sacs in which the exchange of gases between air and blood takes place; located in the lungs. (30)

American Association of Medical
Assistants (AAMA) (ə-mĕr'ĭkən
ə-sō'sē-ā'shən mĕd'ĭ-kəl ə-sĭs'tənts)
The professional organization that
certifies medical assistants and works
to maintain professional standards in

the medical assisting profession. (1)

- Americans With Disabilities Act (ADA) (ə-mĕr' Ĭ-kəns dĬs'ə-bĬl'Ĭ-tēs ăkt)
 A U.S. civil rights act forbidding discrimination against people because of a physical or mental handicap. (13)
- amblyopia (am-blē-ō'pē-ă)(†) Poor vision in one eye without a detectable cause. (33)
- amino acids (ə-mē'nō ăs'īds) Natural organic compounds found in plant and animal foods and used by the body to create protein. (49)
- amnion (ăm'nē-ən) The innermost membrane enveloping the embryo and containing amniotic fluid. (35)
- anabolism (ə-năb'ə-liz'əm) The stage of metabolism in which substances such as nutrients are changed into more complex substances and used to build body tissues. (49)
- anaerobe (ăn´ə-rōb´) A bacterium that grows best in the absence of oxygen. (46)
- anal canal (a´nəl kə-năl´) The last few centimeters of the rectum. (31)
- anaphylaxis (an´ă-fī-lak´sis) A severe allergic reaction with symptoms that include respiratory distress, difficulty in swallowing, pallor, and a drastic drop in blood pressure that can lead to circulatory collapse. (29)
- anatomical position (ăn'ə-tŏm'ī-kəl pə-zĭsh'ən) When the body is standing upright and facing forward with the arms at the side and the palms of the hands facing forward. (23)
- anatomy (ə-năt'ə-mē) The scientific term for the study of body structure. (23)
- anemia (a-nē'mē-a) A condition characterized by low red blood cell count. This condition decreases the ability to transport oxygen throughout the body. (28)
- anergic reaction (an-er´jik rē-ăk´shən)
 A lack of response to skin testing that indicates the body's inability to mount a normal response to invasion by a pathogen. (21)
- **anesthesia** (ăn'is-thē'zhə) A loss of sensation, particularly the feeling of pain. (42)
- **anesthetic (ăn'is-thĕt'ik)** A medication that causes anesthesia. (42)

- anesthetist (ă-nes´thĕ-tist) (†) A specialist who uses medications to cause patients to lose sensation or feeling during surgery. (2)
- aneurysm (ăn'yə-riz'əm) A serious and potentially life-threatening bulge in the wall of a blood vessel. (28)
- angiography (an-jē-og'ră-fē) (†) An x-ray examination of a blood vessel, performed after the injection of a contrast medium, that evaluates the function and structure of one or more arteries or veins. (41)
- angiotensin II (an-jē-ō-ten'sin tōō)(†)
 A hormone that raises blood pressure and causes the secretion of another hormone called **aldosterone.** (34)
- annotate (ăn'ō-tāt') To underline or highlight key points of a document or to write reminders, make comments, and suggest actions in the margins. (7)
- anorexia nervosa (ăn´ə-rĕk´sē-ə nûr-vō´sə) An eating disorder in which people starve themselves because they fear that if they lose control of eating they will become grossly overweight. (49)
- **antagonist (ăn-tăg'ə-nĭst)** A muscle that produces the opposite movement of the **prime mover.** (26)
- antecubital space (an-te-kyū'bi-tăl spās)
 The inner side or bend of the elbow;
 the site at which the brachial artery is
 felt or heard when a pulse or blood
 pressure is taken. (37)
- **anterior (ăn-tîr´ē-ər)** Anatomical term meaning toward the front of the body; also called ventral. (23)
- antibodies (ăn'tĭ-bod'ēs) Highly specific proteins that attach themselves to foreign substances in an initial step in destroying such substances, as part of the body's defenses. (19)
- antidiuretic hormone (an'tē-dī-yū-ret'ik hôr'mōn')(†) A hormone that increases water reabsorption, which decreases urine production and helps to maintain blood pressure. (32)
- antigen (an'tĭ-jən) A foreign substance that stimulates white blood cells to create antibodies when it enters the body. (19)
- antihistamines (ăn´tē-hĭs´tə-mēnz) Medications used to treat allergies. (29)
- antimicrobial (an'tē-mī-krō'bē-ăl)(†)
 An agent that kills microorganisms or suppresses their growth. (46)
- antioxidants (ăn'tē-ŏk'sĭ-dənt) Chemical agents that fight cell-destroying chemical substances called free radicals. (49)

- antiseptic (ăn'ti-sĕp'tĭk) A cleaning
 product used on human tissue as an
 anti-infection agent. (20)
- anuria (an-yū'rē-ă)(†) The absence of urine production. (47)
- **aortic valve (ā-ôr'tĭk vălv)** Heart valve that is a semilunar valve and that is situated between the left ventricle and the aorta. (28)
- apex (ā'pĕks) The left lower corner of the heart, where the strongest heart sounds can be heard. (37)
- apical (ap'i-kăl)(†) Located at the
 apex of the heart. (37)
- apocrine gland (ap 'ō-krin glănd) (†) A type of sweat gland. It produces a thicker type of sweat than other sweat glands and contains more proteins. (24)
- aponeurosis (ap´ō-nū-rō´sis)(†) A tough, sheet-like structure that is made of fibrous connective tissue. It typically attaches muscles to other muscles. (26)
- **appendicitis (ə-pĕn'dĭ-sī'tĭs)** Inflammation of the appendix. (31)
- **appendicular (apén-dik'yū-lār)** The division of the skeletal system that consists of the bones of the arms, legs, pectoral girdle, and pelvic girdle. (25)
- **approximation (ə-prŏk´sə-mā´shən)**The process of bringing the edges of a wound together, so the tissue surfaces are close, to protect the area from further contamination and to minimize scar and scab formation. (42)
- aqueous humor (a'kwē-əs hyōō'mər)
 A liquid produced by the eye's ciliary body that fills the space between the cornea and the lens. (33)
- arbitration (är'bĭ-trā'shən) A process in which opposing sides choose a person or persons outside the court system, often someone with special knowledge in the field, to hear and decide a dispute. (3)
- areflexia (ā-rē-flek'sē-ă)(†) The absence of reflexes. (27)
- areola (ă-rē'ō-lă)(†) The pigmented area that surrounds the nipple. (35)
- arrector pili (ă-rek'tōr pī'lī)(†)

 Muscles attached to most hair follicles
 and found in the dermis. (24)
- **arrhythmia (ə-rĭthˈmē-ə)** Irregularity in heart rhythm. (28)
- arterial blood gases (är-tîr'ē-əl blŭd găs'ses) A test that measures the amount of gases, such as oxygen and carbon dioxide, dissolved in arterial blood. (40)
- arthrography (ar-throgʻră-fē)(†) A radiologic procedure performed by a radiologist, who uses a contrast

- medium and fluoroscopy to help diagnose abnormalities or injuries in the cartilage, tendons, or ligaments of the joints—usually the knee or shoulder. (53)
- arthroscopy (är-thŏs´kə-pē) A procedure in which an orthopedist examines a joint, usually the knee or shoulder, with a tubular instrument called an arthroscope; also used to guide surgical procedures. (41)
- articular cartilage (ar-tik'yu-lăr kär'tl-ĭj)
 (†) The cartilage that covers the
 epiphysis of long bones. (25)
- artifact (är'tə-făkt') Any irrelevant object or mark observed when examining specimens or graphic records that is not related to the object being examined; for example, a foreign object visible through a microscope or an erroneous mark on an ECG strip. (45)
- ascending colon (ə-sĕnd'ĭng kō'lən)

 The segment of the large intestine that runs up the right side of the abdominal cavity. (31)
- ascending tracts (ə-sĕnd'ĭng trăkts)

 The tracts of the spinal cord that carry sensory information to the brain. (27)
- **asepsis (ă-sep'sis) (†)** The condition in which pathogens are absent or controlled. (19)
- **assault (ə-sôlt')** The open threat of bodily harm to another. (3)
- **assertive (a-sûrt'tĭv)** Being firm and standing up for oneself while showing respect for others. (4)
- asset (ăs'ēt') An item owned by the practice that has a dollar value, such as the medical practice building, office equipment, or accounts receivable. (18)
- **assignment of benefits (ə-sīn'mənt běn'ə-fĭts)** An authorization for an insurance carrier to pay a physician or practice directly. (15)
- astigmatism (ə-stǐg′mə-tǐz′əm) A condition in which the cornea has an abnormal shape, which causes blurred images during near or distant vision.

 (33)
- atherosclerosis (ăth´ə-rō-sklə-rō´sĭs)
 The accumulation of fatty deposits
 along the inner walls of arteries. (28)
- atlas (ăt´ləs) The first cervical vertebra. (25)
- atoms (ăt'əmz) The simplest units of all matter. (23)
- atria (ā'trē-ă) (†) [Singular: atrium]

 Chambers of the heart that receive blood from the veins and circulate it to the ventricles. (28)
- atrial natriuretic peptide (ā'trē-ăl nā'trēyū-ret'ik pep'tīd) (†) A hormone

- secreted by the heart that regulates blood pressure. (32)
- atrioventricular bundle (ā'trē-ō-ventrik'yū-lar bŭn'dl)(†) A structure that is located between the ventricles of the heart and that sends the electrical impulse to the Purkinje fibers. (28)
- atrioventricular node (ā´trē-ō-ventrik´yū-lar nōd) A node that is located between the atria of the heart. After the electrical impulse reaches the atrioventricular node, the atria contract and the impulse is sent to the ventricles. (28)
- audiologist (aw-dē-ol'ōjist) (†) A health-care specialist who focuses on evaluating and correcting hearing problems. (39)
- audiometer (aw-dē-om'ē-ter) An electronic device that measures hearing acuity by producing sounds in specific frequencies and intensities. (39)
- auditory tube (ô'dĭ-tôr'ē toob) A structure that connects the middle ear to the throat. Also called the **eustachian** tube. (33)
- auricle (ôr'ĭ-kəl) The outside part of the ear, made of cartilage and covered with skin. (33)
- **auscultated blood pressure (ốskəl-tāt-ĕd blŭd prĕsh´ər)** Blood pressure as measured by listening with a stethoscope. (37)
- auscultation (ô'skəl-t ā'shən) The process of listening to body sounds. (38)
- authorization (ô'thər-ĭ-zā'shən) A form that explains in detail the standards for the use and disclosure of patient information for purposes other than treatment, payment, or healthcare operations. (3)
- **autoclave** (aw'tō-klāv)(†) A device that uses pressurized steam to sterilize instruments and equipment. (20)
- automated external defibrillator (AED)
 (ô'tə-mā'tĭd ĭk-stûr'nəl dē-fib'ri-lā-ter)
 A computerized defibrillator programmed to recognize lethal heart
 rhythms and deliver an electrical shock to restore a normal rhythm. (44)
- autonomic (ô'tə-nŏm'ik) A division of the peripheral nervous system that connects the central nervous system to viscera such as the heart, stomach, intestines, glands, blood vessels, and bladder. (27)
- **autosome** (ô'tə-sōm') A chromosome that is not a sex chromosome. (23)
- **axial** (**ăk**'s**ē-əl**) The division of the skeletal system that consists of the skull, vertebral column, and rib cage. (25)

- **axilla (ăk-sĭl'ə)** Armpit; one of the four locations for temperature readings. (37)
- axis (ak'-səs) The second vertebra of the neck on which the head turns.

 (25)
- axon (ăk'sŏn') A type of nerve fiber that is typically long and branches far from the cell body. Its function is to send information away from the cell body. (27)
- **bacillus (ba-sil'ŭs) (†)** A rod-shaped bacterium. (46)
- bacterial spore (băk-tîr'ēăl spôr) A primitive, thick-walled reproductive body capable of developing into a new individual; resistant to killing through disinfection. (19)
- balance billing (băl'əns bĭl'ĭng) Billing a patient for the difference between a higher usual fee and a lower allowed charge. (15)
- barium enema (bâr'ē-əm ĕn'ə-mə) A radiologic procedure performed by a radiologist who administers barium sulfate through the anus, into the rectum, and then into the colon to help diagnose and evaluate obstructions, ulcers, polyps, diverticulosis, tumors, or motility problems of the colon or rectum; also called a lower GI (gastrointestinal) series. (53)
- barium swallow (bâr'ē-əm swŏl'ō) A radiologic procedure that involves oral administration of a barium sulfate drink to help diagnose and evaluate obstructions, ulcers, polyps, diverticulosis, tumors, or motility problems of the esophagus, stomach, duodenum, and small intestine; also called an upper GI (gastrointestinal) series. (53)
- baroreceptors (bar'ō-rē-sep'ters)(†)
 Structures, located in the aorta and carotid arteries, that help regulate blood pressure. (28)
- **bases (bā'sēz')** Electrolytes that release hydroxyl ions in water. (23)
- basophil (bā-sō-fil)(†) A type of granular leukocyte that produces the chemical histamine, which aids the body in controlling allergic reactions and other exaggerated immunologic responses. (28)
- **battery (băt'ə-rē)** An action that causes bodily harm to another. (3)
- behavior modification (bǐ-hāv'yər mŏd'ə-fī-kā-shən) The altering of personal habits to promote a healthier lifestyle. (49)
- **benefits (bĕn'a-fĭts)** Payments for medical services. (15)
- bicarbonate ions (bī-kar'bon-āt ī'onz) Elements formed when carbon dioxide gets into the bloodstream

- and reacts with water. In the alimentary canal, these ions neutralize acidic chyme arriving from the stomach. (30)
- **bicuspids (bī-kŭs'pĭds)** Teeth with two cusps. There are two in front of each set of molars. (31)
- bicuspid valve (bī-kŭs'pĭd vălv) Heart valve that has two cusps and that is located between the left atrium and the left ventricle. Also known as the mitral valve. (28)
- **bile (bīl)** A substance created in the liver and stored in the gallbladder. Bile is a bitter yellow-green fluid that is used in the digestion of fats. (31)
- bilirubin (bili-rū'bin) (†) A bile pigment formed by the breakdown of hemoglobin in the liver. (28)
- bilirubinuria (bil'i-rū-bi-nū'rē-ă)(†)

 The presence of bilirubin in the urine; one of the first signs of liver disease or conditions that involve the liver. (47)
- birthday rule (bûrth'dā'rool) A rule that states that the insurance policy of a policyholder whose birthday comes first in the year is the primary payer for all dependents. (15)
- biliverdin (bil-i-ver'din) (†) A pigment released when a red blood cell is destroyed. (28)
- **biochemistry (bǐ'ō-kěm'ĭ-strē)** The study of matter and chemical reactions in the body. (23)
- **bioethics (bī-ō-ĕth'ĭks)** Principles of right and wrong in issues that arise from medical advances. (3)
- biohazard symbol (bī-ō-hǎz´ərd sĭm´bəl) A symbol that must appear on all containers used to store waste products, blood, blood products, or other specimens that may be infectious. (45)
- biohazardous materials (bī-ō-hǎz´ərd-əs mə-tîr´ə-əls) Biological agents that can spread disease to living things. (19) biohazardous waste container
- (bī-ō-hāz'ərd-əs wāst kən-tā'nər)
 A leakproof, puncture-resistant container, color-coded red or labeled with a special biohazard symbol, that is used to store and dispose of contaminated supplies and equipment. (19)
- **biopsy** (**bī'ŏp'sē**) The process of removing and examining tissues and cells from the body. (29)
- biopsy specimen (bī'op'sē spes'ə-mən)
 A small amount of tissue removed
 from the body for examination under a
 microscope to diagnose an illness. (42)
- bioterrorism (bī-ō'tĕr'ə-rĭz'əm) The intentional release of a biologic agent

- with the intent to harm individuals. (44)
- blastocyst (blas'tō-sist) A morula that travels down the uterine tube to the uterus and is invaded with fluid. It then implants into the wall of the uterus. (35)
- blood-borne pathogen (blŭd-bôrn păth'ə-jən) A disease-causing microorganism carried in a host's blood and transmitted through contact with infected blood, tissue, or body fluids. (21)
- **blood-brain barrier (blŭd brān băr'ē-ər)**A structure that is formed from tight capillaries to protect the tissues of the central nervous system from certain substances. (27)
- **B lymphocyte (bē lǐm´fə-sīt´)** A type of nongranular leukocyte that produces antibodies to combat specific pathogens. (48)
- body language (bŏd´ē lăng´gwĭj) Nonverbal communication, including facial expressions, eye contact, posture, touch, and attention to personal space. (4)
- bookkeeping (book'ke'ping) The systematic recording of business transactions. (18)
- bone conduction (bonkən-dŭk'shən)

 The process by which sound waves pass through the bones of the skull directly to the inner ear, bypassing the outer and middle ears. (39)
- botulism (bŏch'ə-līz'əm) A lifethreatening type of food poisoning that results from eating improperly canned or preserved foods that have been contaminated with the bacterium *Clostridium botulinum*. (26)
- brachial artery (brāk'ē-ăl är'tə-rē) An artery that provides a palpable pulse and audible vascular sounds in the antecubital space (the bend of the elbow). (37)
- brachytherapy (brak-ē-thār'ǎ-pe')(†)
 A radiation therapy technique in
 which a radiologist places temporary
 radioactive implants close to or
 directly into cancerous tissue; used
 for treating localized cancers. (53)
- **brain stem (brān stēm)** A structure that connects the cerebrum to the spinal cord. (27)
- breach of contract (brēch kŏn'trăkt')
 The violation of or failure to live up to
 a contract's terms. (3)
- **bronchi (brŏn-kī)** The two branches of the trachea that enter the lungs. (30)
- **bronchial tree (brŏng'kē-al trē)** A series of tubes that begins where

- the distal end of the trachea branches. (30)
- **bronchioles (brŏng´kē-ōlz)** A part of the respiratory tract that branches from the tertiary bronchi. (30)
- **buccal (bŭk'ăl)(†)** Between the cheek and gum. (51)
- bulbourethral glands (bŭl'bō-yū-rē'thrăl glăndz)(†) Glands that lie beneath the prostate and empty their fluid into the urethra. Their fluid aids in sperm movement. (35)
- buffy coat (buf'ē kōt) The layer between the packed red blood cells and plasma in a centrifuged blood sample; this layer contains the white blood cells and platelets. (48)
- bulimia (boo-le'me-a) An eating disorder in which people eat a large quantity of food in a short period of time (bingeing) and then attempt to counter the effects of bingeing by self-induced vomiting, use of laxatives or diuretics, and/or excessive exercise. (49)
- burnout ('bər-naut) The end result of prolonged periods of stress without relief. Burnout is an energy-depleting condition that can affect one's health and career. It can be common for those who work in health care. (4)
- **bursitis (bər-sī'tĭs)** Inflammation of a bursa. (25)
- calcaneus (kal-kā'nē-ŭs)(†) The largest tarsal bone; also called the heel bone. (25)
- calcitonin (kal-si-tō'nin) A hormone produced by the thyroid gland that lowers blood calcium levels by activating osteoblasts. (32)
- **calibrate (kăl'ə-brāt)** to determine the caliber of (37)
- calibration syringe (kăl'ə-brā'shən sə-rĭnj') A standardized measuring instrument used to check and adjust the volume indicator on a spirometer. (52)
- **calorie (kăl'ə-rē)** A unit used to measure the amount of energy food produces; the amount of energy needed to raise the temperature of 1 kg of water by 1°C. (49)
- calyces (kă'lĭ-sēz') Small cavities of the renal pelvis of the kidney. (34)
- canaliculi (kan-ă-lik'yū-lī) Tiny canals that connect lacunae to each other. (25)
- capillary (kăp´a-lĕr´ē) Branches of arterioles and the smallest type of blood vessel. (28)
- **capillary puncture (kăp´ə-lĕr´ē pŭngk´chər)** A blood-drawing
 technique that requires a superficial

- puncture of the skin with a sharp point. (48)
- capitation (kăp'ĭ-tā'shən) A payment structure in which a health maintenance organization prepays an annual set fee per patient to a physician. (15)
- **carboxypeptidase (kar-bok-sē-pep'ti-dās)** (†) A pancreatic enzyme that digests proteins. (31)
- carcinogen (kär-sĭn´ə-jən) A factor that is known to cause the formation of cancer. (29)
- cardiac catheterization (kär'dē-āk' kath'ē-ter-ī-zā'shun) (†) A diagnostic method in which a catheter is inserted into a vein or artery in the arm or leg and passed through blood vessels into the heart. (41)
- cardiac cycle (kär'dē-ăk' sī'kəl) The sequence of contraction and relaxation that makes up a complete heartbeat. (52)
- cardiologist (kär'dē-ŏl'a-jĭst) A specialist who diagnoses and treats diseases of the heart and blood vessels (cardiovascular diseases). (2)
- carditis (kar-dĭ'tis)(†) Inflammation of the heart. (28)
- carpal (kär'pəl) Bones of the wrist. (25) carpal tunnel syndrome (kär'pəl tŭn'əl sĭn'drōm') A painful disorder caused by compression of the median nerve in the carpal tunnel of the wrist. (25)
- **carrier (kăr'ē-ər)** A reservoir host who is unaware of the presence of a pathogen and so spreads the disease while exhibiting no symptoms of infection. (19)
- cast (kăst) A rigid, external dressing, usually made of plaster or fiberglass, that is molded to the contours of the body part to which it is applied; used to immobilize a fractured or dislocated bone. (44)
 Cylinder-shaped elements with flat or rounded ends, differing in composition and size, that form when protein from the breakdown of cells accumulates and precipitates in the kidney tubules
- catabolism (kə-tăb'ə-līz'əm) The stage of metabolism in which complex substances, including nutrients and body tissues, are broken down into simpler substances and converted into energy. (49)

and is washed into the urine. (47)

- cataracts (kăt'a-răkts') Cloudy areas that form in the lens of the eye that prevent light from reaching visual receptors. (33)
- **cash flow statement (kăsh flō stā'mənt)**A statement that shows the cash on

- hand at the beginning of a period, the income and disbursements made during the period, and the new amount of cash on hand at the end of the period. (18)
- cashier's check (kă-shîrz' che'k) A
 bank check issued by a bank on bank
 paper and signed by a bank representative; usually purchased by individuals who do not have checking
 accounts. (18)
- catheterization (kath'ĕ-ter-ī-zǎ shun) (†)
 The procedure during which a
 catheter is inserted into a vessel, an
 organ, or a body cavity. (47)
- caudal (kôd'l) See inferior. (23)
 CD-ROM (sē'dē'rŏm') A compact disc that contains software programs; an abbreviation for "compact disc—read-only memory." (6)
- **cecum (sē'kəm)** The first section of the large intestine. (31)
- **cell body** (**sĕl bŏd´e**) The portion of the neuron that contains the nucleus and organelles. (27)
- **cell membrane (sĕl mĕm'brān')** The outer limit of a cell that is thin and selectively permeable. It controls the movement of substances into and out of the cell. (23)
- **cells (sĕlz)** The smallest living units of structure and function. (23)
- **cellulitis (sel-yū-lī'tis)** Inflammation of cellular or connective tissue. (24)
- **cellulose (sěľ ya-lōs´)** A type of carbohydrate that is found in vegetables and cannot be digested by humans; commonly called fiber. (31)
- **Celsius (centigrade) (sē l'sē-əs)** One of two common scales for measuring temperature; measured in degrees Celsius, or °C. (37)
- Centers for Medicare and Medicaid Services (CMS) (sĕn'tərs mĕd'ĭ-kâr' mĕd'ĭ-kād' sûr'vĭs-əz) A congressional agency designed to handle Medicare and Medicaid insurance claims. It was formerly known as the Health Care Financing Administration. (15)
- central nervous system (CNS) (sĕn'trəl nûr'vəs sĭs'təm) A system that consists of the brain and the spinal cord. (27)
- **central processing unit (CPU) (sěn´trəl prŏs´es´ing yōo´nĭt)** A microprocessor, the primary computer chip responsible for interpreting and executing programs. (6)
- **centrifuge** (sen tra-fyoo) A device used to spin a specimen at high speed until it separates into its component parts. (45)

- **cerebellum (sĕr´ə-bĕl´əm)** An area of the brain inferior to the cerebrum that coordinates complex skeletal muscle coordination. (27)
- cerebrospinal fluid (CSF) (ser'ĕ-brō-spĭ-năl floō'ĭd) The fluid in the sub-arachnoid space of the meninges and the central canal of the spinal cord. (27)
- **cerebrum (sĕr´ə-brəm)** The largest part of the brain; it mainly includes the cerebral hemispheres. (27)
- Certificate of Waiver tests (sər-tif'ī-kit wā'vər tĕsts) Laboratory tests that pose an insignificant risk to the patient if they are performed or interpreted incorrectly, are simple and accurate to such a degree that the risk of obtaining incorrect results is minimal, and have been approved by the Food and Drug Administration for use by patients at home; laboratories performing only Certificate of Waiver tests must meet less stringent standards than laboratories that perform tests in other categories. (45)
- certified check (sûr'tə-fid' chĕk) A payer's check written and signed by the payer, which is stamped "certified" by the bank. The bank has already drawn money from the payer's account to guarantee that the check will be paid. (18)
- Certified Medical Assistant (CMA)
 (sûr'tə-fĭd' mĕd'ĭ-kəl ə-sĭs'tənt) A
 medical assistant whose knowledge
 about the skills of medical assistants,
 as summarized by the 2003 AAMA Role
 Delineation Study areas of competence,
 has been certified by the Certifying
 Board of the American Association of
 Medical Assistants (AAMA). (1)
- cerumen (sə-rōo'mən) A waxlike substance produced by glands in the ear canal; also called earwax. (38)
- **cervical enlargement (sûr'vĭ-kəl in- lär'j-mənt)** The thickening of the spinal cord in the neck region. (27)
- cervical orifice (sûr'vĭ-kəl ôr'ə-fĭs)

 The opening of the uterus through the cervix into the vagina. (35)
- **cervicitis (ser-vi-sī'tis)** Inflammation of the cervix. (35)
- cervix (sûr'vĭks) The lowest portion of the uterus that extends into the vagina. (35)
- chain of custody (chān kus'tə-dē) A procedure for ensuring that a specimen is obtained from a specified individual, is correctly identified, is under the uninterrupted control of authorized personnel, and has not been altered or replaced. (44)

- CHAMPVA (Civilian Health and Medical Program of the Veterans Administration) (sǐ-vǐl'yən helth med'ĭ-kəl pro'grām vet'ər-enz ad-min'ī-strā'shən) A type of health insurance that covers the expenses of families (dependent spouses and children) of veterans with total, permanent, and service-connected disabilities. It also covers the surviving families of veterans who die in the line of duty or as a result of service-connected disabilities. (15)
- **chancre** (**shang**′**ker**)(†) A painless ulcer that may appear on the tongue, the lips, the genitalia, the rectum, or elsewhere. (21)
- **charge slip (chärj slĭp)** The original record of services performed for a patient and the charges for those services. (18)
- **check (chěk)** A bank draft or order written by a payer that directs the bank to pay a sum of money on demand to the payee. (18)
- **chemistry (kěm'ĭ-strē)** The study of the composition of matter and how matter changes. (23)
- chemoreceptor (ke´mō-rǐ-sep´tôr) Any cell that is activated by a change in chemical concentration and results in a nerve impulse. The olfactory or smell receptors in the nose are an example of a chemoreceptor. (33)
- chief cells (chēf sĕlz) Cells in the lining of the stomach that secrete pepsinogen. (31)
- chief complaint (chēf kəm-plān´t)
 The patient's main issue of pain or
 ailment. (36)
- chiropractor (kī'rə-prāk'tôr) A physician who uses a system of therapy, including manipulation of the spine, to treat illness or pain. This treatment is done without drugs or surgery. (2)
- cholangiography (kō-lan-jē-og´ră-fē)(†)
 A test that evaluates the function
 of the bile ducts by injection of a
 contrast medium directly into the
 common bile duct (during gallbladder
 surgery) or through a T-tube (after
 gallbladder surgery or during radiologic testing) and taking an x-ray. (53)
- cholecystography (kō-lē-sis-tog ră-fě) (†)
 A gallbladder function test performed
 by x-ray after the patient ingests an
 oral contrast agent; used to detect gallstones and bile duct obstruction. (41)
- **cholesterol** (kə-lĕs'tə-rôl) A fat-related substance that the body produces in the liver and obtains from dietary sources; needed in small amounts to carry out several vital functions. High

- levels of cholesterol in the blood increase the risk of heart and artery disease. (49)
- chordae tendineae (kōr'dĕ ten-din'ā) (†) Cord-like structures that attach the cusps of the heart valves to the papillary muscles in the ventricles. (28)
- **choroid (kôr'oid')** The middle layer of the eye, which contains the iris, the ciliary body, and most of the eye's blood vessels. (33)
- chromosome (krō'mə-sōm') Threadlike structures comprised of DNA. (23)
- **chronic (krŏn'ĭk)** Lasting a long time or recurring frequently, as in chronic osteoarthritis. (40)
- chronic obstructive pulmonary disease (COPD) (krŏn´ik ob-strŭk´tĭv pŏol´mə-nĕr´ē dĭ-zēz´) A disease characterized by the presence of airflow obstruction due to chronic bronchitis or emphysema. It is typically progressive. Cigarette smoking is the leading cause. (30)
- chronological résumé (krŏn´ə-lŏj´i-kəl rĕz′ŏō-mā´) The type of résumé used by individuals who have job experience. Jobs are listed according to date, with the most recent being listed first. (54)
- **chylomicron (kī-lō-mi'kron)** The least dense of the lipoproteins; it functions in lipid transportation. (28)
- **chyme (kim)(†)** The mixture of food and gastric juice. (31)
- **chymotrypsin** (kī-mō-tripʻsin) (†) A pancreatic enzyme that digests proteins. (31)
- ciliary body (sĭl'ē-ēr'ē bŏd'ē) A wedgeshaped thickening in the middle layer of the eyeball that contains the muscles that control the shape of the lens. (33)
- circumduction (ser-kům-důk'shůn)

 Moving a body part in a circle; for example, tracing a circle with your arm. (26)
- cirrhosis (sĭ-rō'sĭs) A long-lasting liver disease in which normal liver tissue is replaced with nonfunctioning scar tissue. (31)
- civil law (sĭv´əl lô) Involves crimes against persons. A person can sue another person, business, or the government. Judgments often require a payment of money. (3)
- **clarity (klăr´ĭ-tē)** Clearness in writing or stating a message. (7)
- class action lawsuit (klăs-ăk'shən lô'soot') A lawsuit in which one or more people sue a company or other legal entity that allegedly wronged all of them in the same way. (17)

- clavicle (klāv ĭ-kəl) A slender, curved long bone that connects the sternum and the scapula; also called the collar bone. (25)
- clean-catch midstream urine specimen (klēn-kāch mīd'strēm yŏor'ĭn spĕs'ə-mən) A type of urine specimen that requires special cleansing of the external genitalia to avoid contamination by organisms residing near the external opening of the urethra and is used to identify the number and types of pathogens present in urine; sometimes referred to as midvoid. (47)
- **clearinghouse (klîr'ĭng-hous')** A group that takes nonstandard medical billing software formats and translates them into the standard EDI formats. (15)
- **cleavage (klē'vĭj)** The rapid rate of mitosis of a zygote immediately following fertilization. (35)
- clinical coordinator (klĭn´i-kəl kō-ôr´dn-ā´tor) The person associated with the medical assisting school that procures externship sites and qualifies them to ensure that they provide a thorough educational experience. (54)
- clinical diagnosis (klĭn´i-kəl dī´əg-nō´sĭs) A diagnosis based on the signs and symptoms of a disease or condition. (38)
- clinical drug trial (klĭn'ĭ-kəl drug trī'əl)
 An internationally recognized research protocol designed to evaluate the efficacy or safety of drugs and to produce scientifically valid results. (21)
- Clinical Laboratory Improvement
 Amendments (CLIA '88) (klē'a) A
 law enacted by Congress in 1988 that
 placed all laboratory facilities that
 conduct tests for diagnosing, preventing, or treating human disease or for
 assessing human health under federal
 regulations administered by the
 Health Care Financing Administration
 (HCFA) and the Centers for Disease
 Control and Prevention (CDC). (1)
- **clitoris (klĭťər-ĭs)** Located anterior to the urethral opening in females. It contains erectile tissue and is rich in sensory nerves. (35)
- closed file (klōzd fīl) A file for a patient who has died, moved away, or for some other reason no longer consults the office for medical expertise. (10)
- **closed posture (klōzd pŏs´chər)** A position that conveys the feeling of not being totally receptive to what is being said; arms are often rigid or folded across the chest. (4)

- cluster scheduling (klŭs'tər skĕj'ōōlĭng) The scheduling of similar appointments together at a certain time of the day or week. (12)
- **coagulation (kō-ăg'yə-lā'shən)** The process by which a clot forms in blood. (28)
- **coccus (kŏk'əs)** A spherical, round, or ovoid bacterium. (46)
- coccyx (kŏk'sĭks) A small, triangularshaped bone consisting of three to five fused vertebrae. (25)
- **cochlea (kŏk'lē-ăr)** A spiral-shaped canal in the inner ear that contains the hearing receptors. (33)
- code linkage (kōd lǐngˈkīj) Analysis of the connection between diagnostic and procedural information in order to evaluate the medical necessity of the reported charges. This analysis is performed by insurance company representatives. (16)
- **coinsurance (kō-ĭn-shŏor´əns)** A fixed percentage of covered charges paid by the insured person after a deductible has been met. (15)
- **colitis (kə-li´tis)** Inflammation of the colon. (31)
- colonoscopy (kō-lon-os' kŏ-pē) (†) A procedure used to determine the cause of diarrhea, constipation, bleeding, or lower abdominal pain by inserting a scope through the anus to provide direct visualization of the large intestine. (41)
- **colony** (kōl'a-nē) A distinct group of microorganisms, visible with the naked eye, on the surface of a culture medium. (46)
- color family (kūl'ər făm'ə-lē) A group of colors that share certain characteristics, such as warmth or coolness, allowing them to blend well together. (13)
- colposcopy (kol-pos'kŏ-pē)(†) The examination of the vagina and cervix with an instrument called a colposcope to identify abnormal tissue, such as cancerous or precancerous cells. (40)
- common bile duct (kŏm'ən bīl dŭkt)

 Duct that carries bile to the
 duodenum. It is formed from the
 merger of the cystic and hepatic
 ducts. (31)
- compactible file (kəm-păkt'-əbəl fil)
 Files kept on rolling shelves that slide
 along permanent tracks in the floor
 and are stored close together or
 stacked when not in use. (10)
- **complement (kŏm´plə-mənt)** A protein present in serum that is involved in specific defenses. (29)

- complete proteins (kəm-plēt' prō'ten')
 Proteins that contain all nine essential amino acids. (49)
- complex carbohydrates (kəm-plěks' kär'bō-hī'drāt's) Long chains of sugar units; also known as polysaccharides. (49)
- complex inheritance (kəm-plěks' ĭnhěr'ĭ-təns) The inheritance of traits determined by multiple genes. (23)
- **compliance plan (kəm-plī'əns plăn)** A process for finding, correcting, and preventing illegal medical office practices. (16)
- **compound (kŏm'pound')** A substance that is formed when two or more atoms of more than one element are chemically combined. (23)
- compound microscope (kŏm´pound´ mī´krə-skōp´) A microscope that uses two lenses to magnify the image created by condensed light focused through the object being examined. (45)
- computed tomography (kəm-py oot ed to-mogra-fe) (†) A radiographic examination that produces a three-dimensional, cross-sectional view of an area of the body; may be performed with or without a contrast medium. (41)
- **conciseness (kən-sīs'nəs)** Brevity; the use of no unnecessary words. (7)
- **concussion (kən-kŭsh'ən)** A jarring injury to the brain; the most common type of head injury. (44)
- conductive hearing loss (kon-dŭk-tiv' hēr'ing lôs)(†) A type of hearing loss that occurs when sound waves cannot be conducted through the ear. Most types are temporary. (33)
- **condyle (kon'dīl)(†)** Rounded articular surface on a bone. (25)
- cones (konz) Light-sensing nerve cells in the eye, at the posterior of the retina, that are sensitive to color, provide sharp images, and function only in bright light. (33)
- conflict (kŏn'flĭkt') An opposition
 of opinions or ideas. (4)
- conjunctiva (kŏn'jŭngk-tī'və) The protective membrane that lines the eyelid and covers the anterior of the sclera, or the white of the eye. (33)
- conjunctivitis (kən-jŭngk'tə-vī'tĭs) A contagious infection of the conjunctiva caused by bacteria, viruses, and allergies. The symptoms may include discharge, red eyes, itching, and swollen eyelids; also commonly called pinkeye. (33)
- **connective (kə-něk'tĭv)** A tissue type that is the framework of the body. (23)

- **consumable (kən-soo'mə-bəl)** Able to be emptied or used up, as with supplies. (22)
- consumer education (kən-soo´mər ĕj´ə-ka´shən) The process by which the average person learns to make informed decisions about goods and services, including health care. (14)
- constructive criticism (kən-stre´k-tiv kr´i-tə-si-zəm) A type of critique that is aimed at giving an individual feedback about his or her performance in order to improve that performance. (54)
- **contagious (kən-tā'jəs)** Having a disease that can easily be transmitted to others. (13)
- contaminated (kən-tăm´ə-nāt´ĕd)
 Soiled or stained, particularly
 through contact with potentially
 infectious substances; no longer
 clean or sterile. (1)
- **contract (kŏn'trăct')** A voluntary agreement between two parties in which specific promises are made. (3)
- contraindication (kŏn'trə-ĭn'dĭ-kā'-shən) A symptom that renders use of a remedy or procedure inadvisable, usually because of risk. (20)
- contrast medium (kŏn'trast' mē'dē-əm)
 A substance that makes internal organs denser and blocks the passage of x-rays to photographic film. Introducing a contrast medium into certain structures or areas of the body can provide a clear image of organs and tissues and highlight indications of how well they are functioning. (53)
- controlled substance (kən-trōld' sūb'stəns) A drug or drug product that is categorized as potentially dangerous and addictive and is strictly regulated by federal laws. (50)
- **control sample (kən-trōl' săm'pəl)** A specimen that has a known value; used as a comparison for test results on a patient sample. (45)
- contusion (kon-tŭ´shŭn)(†) A closed wound, or bruise. (44)
- conventions (kən-věn'shənz) A list of abbreviations, punctuation, symbols, typefaces, and instructional notes appearing in the beginning of the ICD-9. The items provide guidelines for using the code set. (16)
- **convolutions (kŏn´və-lōo´shənz)** The ridges of brain matter between the sulci; also called **gyri.** (27)
- coordination of benefits (kō-ôr'dn-ā'shən bĕn'ə-fĭts) A legal principle that

- limits payment by insurance companies to 100% of the cost of covered expenses. (15)
- **co-payment (kō-pā'mənt)** A small fee paid by the insured at the time of a medical service rather than by the insurance company. (15)
- cornea (kôr'nē-ə) A transparent area on the front of the outer layer of the eye that acts as a window to let light into the eye. (33)
- coronary sinus (kôr'ə-nĕr'ē sī'nəs) The large vein that receives oxygen-poor blood from the cardiac veins and empties it into the right atrium of the heart. (28)
- **corpus callosum (kôr'pəs ka-l'ō-səm)**A thick bundle of nerve fibers that connects the cerebral hemispheres. (27)
- corpus luteum (kôr'pŭs lū-tē'ũm)(†)
 A ruptured follicle cell in the ovary following ovulation. (35)
- **cortex (kôr'təks')** The outermost layer of the cerebrum. (27)
- cortisol (kor'ti-sol)(†) A steroid hormone that is released when a person is stressed. It decreases protein synthesis. (32)
- **costal (kos'tăl)(†)** Cartilage that attaches true ribs to the sternum. (25)
- counter check (koun'tər chek) A special bank check that allows a depositor to draw funds from his own account only, as when he has forgotten his checkbook. (18)
- courtesy title (kûr'tĭ-sē tīt'l) A title used before a person's name, such as Dr., Mr., or Ms. (7)
- **cover sheet (kŭr´ər shēt)** A form sent with a fax that provides details about the transmission. (5)
- coxal (koks-al')(†) Pertaining to the bones of the pelvic girdle. The coxa is composed of the ilium, ischium, and pubis. (25)
- CPT See Current Procedural Terminology. (16)
- cranial (krā´-nē-ăl)(†) See superior. (23)
- cranial nerves (krā'nē-ăl nûrvs) (†)
 Peripheral nerves that originate from
 the brain. (27)
- **crash cart (krăsh kärt)** A rolling cart of emergency supplies and equipment. (44)
- creatine phosphate (krē'ă-tēn fos'fāt) (†) A protein that stores extra phosphate groups. (26)
- credit (krěďít) An extension of time to pay for services, which are provided on trust. (17)
- **credit bureau (kre'-dit byür'-o)** A company that provides information about

- the credit worthiness of a person seeking credit. (17)
- cricoid cartilage (krī'koyd kär'tl-ĭj)(†)

 A cartilage of the larynx that forms
 most of the posterior wall and a small
 part of the anterior wall. (30)
- **crime (krīm)** An offense against the state committed or omitted in violation of public law. (3)
- criminal law (krĭm´ə-nəl lô) Involves crimes against the state. When a state or federal law is violated, the government brings criminal charges against the alleged offender. (3)
- cross-reference (krôs´rĕf´ər-əns) The notation within the ICD-9 of the word see after a main term in the index. The see reference means that the main term first checked is not correct. Another category must then be used. (16)
- cross-referenced (krôs'rĕf'ər-ənsd)
 Filed in two or more places, with
 each place noted in each file; the
 exact contents of the file may be
 duplicated, or a cross-reference form
 can be created, listing all the places
 to find the file. (10)
- **cross-training (krós-tr´a-ning)** The acquisition of training in a variety of tasks and skills. (1)
- **cryotherapy (krī'ō-thĕr'a-pē)** The application of cold to a patient's body for therapeutic reasons. (43)
- **cryosurgery** (krī'ō-sûr'jə-rē) The use of extreme cold to destroy unwanted tissue, such as skin lesions. (42)
- **crystals (kris'təls)** Naturally produced solids of definite form; commonly seen in urine specimens, especially those permitted to cool. (47)
- culture (kŭl'chər) In the sociological sense, a pattern of assumptions, beliefs, and practices that shape the way people think and act. (38) To place a sample of a specimen in or on a substance that allows microorganisms to grow in order to identify the microorganisms present. (46)
- culture and sensitivity (C and S)
 (kŭl'chər sĕńsī-tǐv'ə-tē) A procedure that involves culturing a specimen and then testing the isolated bacteria's susceptibility (sensitivity) to certain antibiotics to determine which antibiotics would be most effective in treating an infection. (46)
- **culture medium (kŭlchər mē'de-əm)**A substance containing all the nutrients a particular type of microorganism needs to grow. (46)
- Current Procedural Terminology (CPT) (kûr´ənt prə-se´jər-əl tûr´mə-nŏl´ə-jē) A book with the most commonly used

- system of procedure codes. It is the HIPAA-required code set for physicians' procedures. (16)
- **cursor (kûr'sər)** A blinking line or cube on a computer screen that shows where the next character that is keyed will appear. (6)
- Cushing's disease (kush'ingz dĭ-zēz')
 A condition in which a person produces too much cortisol or has used too many steroid hormones. Some of the signs and symptoms include buffalo hump obesity, a moon face, and abdominal stretch marks; also called hypercortisolism. (32)
- **cuspids** (kūs'pĭdz) The sharpest teeth; they act to tear food. (31)
- **cyanosis** (sī'a-no'sīs) A bluish color of skin that results when the supply of oxygen is low in the blood. (24)
- cycle billing (sī'kəl bĭl'ĭng) A system that sends invoices to groups of patients every few days, spreading the work of billing all patients over the month while billing each patient only once. (17)
- cystic duct (sĭs'tĭk dŭkt) The duct from the gallbladder that merges with the hepatic duct to form the common bile duct. (31)
- **cystitis (sis-tī'tis)(†)** Inflammation of the urinary bladder caused by infection. (34)
- cytokines (sī'tō-kīnz) A chemical secreted by T lymphocytes in response to an antigen. Cytokines increase T and B cell production, kill cells that have antigens, and stimulate red bone marrow to produce more white blood cells. (29)
- cytokinesis (sī´tō-ki-nē´sis)(†)
 Splitting of the cytoplasm during cell
 division. (23)
- cytoplasm (sī'tə-plăz'əm) The watery intracellular substance that consists mostly of water, proteins, ions, and nutrients. (23)
- **damages (dăm'ĭjz)** Money paid as compensation for violating legal rights. (17)
- **database (dā'tə-bās)** A collection of records created and stored on a computer. (6)
- **dateline (dāt'līn')** The line at the top of a letter that contains the month, day, and year. (7)
- **debridement** (dā-brēd-mont')(†) The removal of debris or dead tissue from a wound to expose healthy tissue. (42)
- **decibel (děs'ə-bəl)** A unit for measuring the relative intensity of sounds on a scale from 0 to 130. (39)

- **deductible (dĭ-dŭk'tə-bəl)** A fixed dollar amount that must be paid by the insured before additional expenses are covered by an insurer. (15)
- **deep (dep)** Anatomical term meaning closer to the inside of the body. (23)
- **defamation (děf´ə-mā´shən)** Damaging a person's reputation by making public statements that are both false and malicious. (3)
- defecation reflex (def-ĕ-kā´shŭn rē´flĕks´) The relaxation of the anal sphincters so that feces can move through the anus in the process of elimination. (31)
- **deflection (dĭ-flĕk'shən)** A peak or valley on an electrocardiogram. (52)
- **dehydration (dē-hī'drā'shən)** The condition that results from a lack of adequate water in the body. (44)
- **dementia (dĭ-mĕn´shə)** The deterioration of mental faculties from organic disease of the brain. (14)
- **dendrite** (děn'drīt') A type of nerve fiber that is short and branches near the cell body. Its function is to receive information from the neuron. (27)
- **deoxyhemoblobin** (dē-oks-ē-hē-mō-glō'bin)(†) A type of hemoglobin that is not carrying oxygen. It is darker red in color than hemoglobin. (28)
- **dependent (dĭ-pĕn'dənt)** A person who depends on another person for financial support. (18)
- depolarization (de-poʻlar-i-za-shūn) (†)
 The loss of polarity, or opposite
 charges inside and outside; the electrical impulse that initiates a chain reaction resulting in contraction. (52)
- depolarized (dē-pō'lăr-īzd)(†) A state in which sodium ions flow to the inside of the cell membrane, making the outside less positive. Depolarization occurs when a neuron responds to stimuli such as heat, pressure, or chemicals. (27)
- **depression (di'-pre-shan)** The lowering of a body part. (26)
- **dermatitis (dûr'mə-tī'tĭs)** Inflammation of the skin. (24)
- dermatologist (der-mă-tol'ō-jist) (†) A specialist who diagnoses and treats diseases of the skin, hair, and nails. (2)
- **dermis (dûr'mĭs)** The middle layer of the skin, which contains connective tissue, nerve endings, hair follicles, sweat glands, and oil glands. (24)
- descending colon (dĭ-sĕnd´ing kō´lən)

 The segment of the large intestine after the transverse colon that descends the left side of the abdominal cavity. (31)

- descending tracts (dǐ-sĕnd'ĭng trǎkts)

 Tracts of the spinal cord that carry motor information from the brain to muscles and glands. (27)
- detrusor muscle (dē-trus'or mus'əl)
 A smooth muscle that contracts to
 push urine from the bladder into the
 urethra. (34)
- diabetes mellitus (dī'a-bē'tĭs ma-lī'təs)
 Any of several related endocrine disorders characterized by an elevated level of glucose in the blood, caused by a deficiency of insulin or insulin resistance at the cellular level. (32)
- diagnosis (Dx) (dī'əg-nō'sĭs) The primary condition for which a patient is receiving care. (16)
- diagnosis code (dī'ag-nō'sĭs kōd) The way a diagnosis is communicated to the third-party payer on the health-care claim. (16)
- diagnostic radiology (dī´əg-nos´tik rā´dē-ŏl´ə-jē) The use of x-ray technology to determine the cause of a patient's symptoms. (53)
- diapedesis (dī'ā-pē-dē'sis)(†) The squeezing of a cell through a blood vessel wall. (28)
- diaphragm (dī'ə-frăm') A muscle that separates the thoracic and abdominopelvic cavities. (23)
- **diaphysis (dī'-af'i-sis)** The shaft of a long bone. (25)
- diastolic pressure (dī'a-stŏl'ĭk prĕsh'ər)
 The blood pressure measured when
 the heart relaxes. (28)
- diathermy (dǐ'a-thǔr'me) A type of heat therapy in which a machine produces high-frequency waves that achieve deep heat penetration in muscle tissue. (43)
- diencephalon (dī-en-sef ã-lon) (†) A structure that includes the thalamus and the hypothalamus. It is located between the cerebral hemispheres and is superior to the brain stem. (27)
- differential diagnosis (dĭf´ə-rĕn´shəl dī´əg-nō´sĭs) The process of determining the correct diagnosis when two or more diagnoses are possible. (38)
- differently abled (dĭf´ər-ənt-lē ā´bəld)

 Having a condition that limits or
 changes a person's abilities and may
 require special accommodations. (13)
- diffusion (di-fyū'zhūn)(†) The movement of a substance from an area of high concentration to an area of low concentration. (23)
- digital examination (dĭj´i-tl ĭg-zam´ənā´shən) Part of a physical examination in which the physician inserts

- one or two fingers of one hand into the opening of a body canal such as the vagina or the rectum; used to palpate canal and related structures. (38)
- **diluent (dĭľyoō-ənt)** A liquid used to dissolve and dilute another substance, such as a drug. (51)
- **disaccharide** (dī-sakǎ-rīd) (†) A type of carbohydrate that is a simple sugar. (31)
- disability insurance (dĭs´ə-bĭlĭ-tē

 ĭn-shōōr´əns) Insurance that provides a monthly, prearranged payment to an individual who cannot
 work as the result of an injury or
 disability. (15)
- **disbursement (dĭs-bûrs´mənt)** Any payment of funds made by the physician's office for goods and services. (8)
- **disclaimer (dĭs-klā'mər)** A statement of denial of legal liability. (5)
- disclosure (dǐ-sklō'zhər) The release of, the transfer of, the provision of access to, or the divulgence in any manner of patient information. (3)
- disclosure statement (dǐ-sklō'zhər stāt'mənt) A written description of agreed terms of payment; also called a federal Truth in Lending statement. (17)
- disinfectant (dĭs´ĭn-fĕk´tǎnt) A cleaning product applied to instruments and equipment to reduce or eliminate infectious organisms; not used on human tissue. (20)
- **disinfection (dĭs´ĭn-fĕk´shən)** The destruction of infectious agents on an object or surface by direct application of chemical or physical means. (19)
- **dislocation (dĭs´lō-kā´shən)** The displacement of a bone end from a joint. (44)
- **dispense (dǐ-spěns')** To distribute a drug, in a properly labeled container, to a patient who is to use it. (50)
- **distal (dĭs´təl)** Anatomical term meaning farther away from a point of attachment or farther away from the trunk of the body. (23)
- distal convoluted tubule (dĭs´təl kon´vō-lū-ted tū´byūl) The last twisted section of the renal tubule; it is located after the loop of Henle. Several of these tubules merge together to form collecting ducts. (34)
- distribution (dĭs'trĭ-by oo'shən) The biochemical process of transporting a drug from its administration site in the body to its site of action. (50)
- diverticulitis (dī´ver-tik-yū-lī´tis)(†)
 Inflammation of the diverticuli, which

- are abnormal dilations in the intestine. (31)
- **DNA** (dē'ěn-ā') A nucleic acid that contains the genetic information of cells. (23)
- doctor of osteopathy (dok'tər ŏs'tēŏp'ə-thē) A doctor who focuses special attention on the musculoskeletal
 system and uses hands and eyes to
 identify and adjust structural problems, supporting the body's natural
 tendency toward health and selfhealing. (2)
- documentation (dŏk'yə-mən-tā'shən)

 The recording of information in a patient's medical record; includes detailed notes about each contact with the patient and about the treatment plan, patient progress, and treatment outcomes. (9)
- dorsal (dôr'səl) See posterior. (23) dorsal root (dôr'səl root) A portion of a spinal nerve that contains axons of sensory neurons only. (27)
- dorsiflexion (dōr-si-flek'shŭn)(†) Pointing the toes upward. (26)
- **dosage (dōs'āj)** The size, frequency, and number of doses. (50)
- **dose (dos)** The amount of a drug given or taken at one time. (50)
- dot matrix printer (dot ma triks printer) An impact printer that creates characters by placing a series of tiny dots next to one another. (6)
- double-booking system (dub'əl book'ing sis'təm) A system of scheduling in which two or more patients are booked for the same appointment slot, with the assumption that both patients will be seen by the doctor within the scheduled period. (12)
- **douche (doosh)** Vaginal irrigation, which can be used to administer vaginal medication in liquid form. (51)
- drainage catheter (drā'nĭj kǎth'ĭ-tər)
 A type of catheter used to withdraw fluids. (47)
- **dressings (dresings)** Sterile materials used to cover a surgical or other wound. (42)
- ductus arteriosus (dŭk'tŭs ar-tēr'ē-ō'sus)
 (†) The connection in the fetus between the pulmonary trunk and the aorta. (35)
- ductus venosus (duk'tŭs ven-ō'sus)(†)A blood vessel that allows most of the blood to bypass the liver in the fetus.(35)
- **duodenum (doo'a-de'nam)** The first section of the small intestine. (31)
- **durable item (door'ə-bəl ī'təm)** A piece of equipment that is used

- repeatedly, such as a telephone, computer, or examination table; contrast with **expendable item.** (8)
- durable power of attorney (door'ə-bəl pouər ə-tûr'nē) (†) A document naming the person who will make decisions regarding medical care on behalf of another person if that person becomes unable to do so. (3)
- **dwarfism (dwôrf´izm)** A condition in which too little growth hormone is produced, resulting in an abnormally small stature. (32)
- dysmenorrhea (dis-men-ōr-ē'ǎ)(†)
 Severe menstrual cramps that limit daily activity. (35)
- **dyspnea** (disp-nẽá)(†) Difficult or painful breathing. (37)
- ear ossicles (îr os'i-kl) (†) Three tiny bones called the malleus, the incus, and the stapes located in the middle ear cavity. They are the smallest bones of the body. (33)
- eccrine gland (ek'rin glănd)(†) The most numerous type of sweat gland. Eccrine sweat glands produce a watery type of sweat and are activated primarily by heat. (24)
- echocardiography (ek'ō-kar-dē-og'ră-fē)
 (†) A procedure that tests the structure and function of the heart through the use of reflected sound waves, or echoes. (41)
- **E code (ē kŏd)** A type of code in the ICD-9. E-codes identify the external causes of injuries and poisoning. (16)
- ectoderm (ek'tō-derm)(†) The primary germ layer that gives rise to nervous tissue and some epithelial tissue. (35)
- eczema (ĕk'sə-mə) Inflammatory condition of the skin. (24)
- **edema (ĭ-dē'mə)** An excessive buildup of fluid in body tissue. (28)
- editing (ĕd´it-ĭng) The process of ensuring that a document is accurate, clear, and complete; free of grammatical errors; organized logically; and written in the appropriate style. (7)
- **effectors (ĭ-fĕk'tərs)** Muscles and glands that are stimulated by motor neurons in the peripheral nervous system. (27)
- efferent arterioles (ĕf´ər-ənt ar-tēr´ē-ōlz)
 - (†) Structures that deliver blood to peritubular capillaries that are wrapped around the renal tubules of the nephron in the kidneys. (34)
- **efficacy** (**ĕf'ĭ-kə-sē**) The therapeutic value of a procedure or therapy, such as a drug. (50)
- **efficiency (ĭ-fĭsh'ən-sē)** The ability to produce a desired result with

- the least effort, expense, and waste. (8)
- electrocardiogram (ECG or EKG) (ĭ-lĕk'trō-kär'dē-ə-grăm') The tracing made by an electrocardiograph. (52)
- electrocardiograph (ĭ-lĕk'trō-kär' dē-ə-grăf') An instrument that measures and displays the waves of electrical impulses responsible for the cardiac cycle. (52)
- electrocardiography (ĭ-lĕk'trō-kär' dē-ŏg'rə-fē) The process by which a graphic pattern is created to reflect the electrical impulses generated by the heart as it pumps. (52)
- electrocauterization (ĭ-lĕk'trō-kô'tər-ī-zā'shən) The use of a needle, probe, or loop heated by electric current to remove growths such as warts, to stop bleeding, and to control nosebleeds that either will not subside or continually recur. (42)
- **electrodes (ĭ-lĕk'trōds')** Sensors that detect electrical activity. (52)
- electroencephalography (ĭ-lĕk'trō-ĕn-sĕf'ə-lö'grə-fē) A procedure that records the electrical activity of the brain as a tracing called an electroencephalogram, or EEG, on a strip of graph paper. (41)
- **electrolytes (ĭ-lĕk´trə-līts)** Substances that carry electrical current through the movement of ions. (23)
- electromyography (ĭ-lĕk´trō-mī-og´rə-fē)
 A procedure in which needle electrodes are inserted into some of the skeletal muscles and a monitor records the nerve impulses and measures conduction time; used to detect neuromuscular disorders or nerve damage. (41)
- electron microscope (i-lĕk'trŏn mī'kra-skōp') A microscope that uses a beam of electrons instead of a beam of light; can magnify an image several million times. (45)
- electronic data interchange (EDI) (ĭ-lĕktrŏn'ĭk dā'tə ĭn'tər-chānj') Transmitting electronic medical insurance claims from providers to payers using the necessary information systems. (15)
- electronic mail (ĭ-lĕk'trŏn'ĭks) A method of sending and receiving messages through a computer network; commonly known as e-mail. (6)
- electronic transaction record
 (ĭ-lĕk'trŏn'ĭk trăn-săk'shən rĭ-kôrd)
 The standardized codes and formats
 used for the exchange of medical
 data. (3)

- **elevation (e-lə-v´ā-shən)** The raising of a body part. (26)
- **embolism (ĕm'bə-lĭz'əm)** An obstruction in a blood vessel. (40)
- **embolus (ĕm´bə-ləs)** A portion of a thrombus that breaks off and moves through the bloodstream. (28)
- embryonic period (em-brē-on'ik pîr'ē-əd) (†) The second through eighth weeks of pregnancy. (35)
- E/M code (ē/ĕm kōd) Evaluation and management codes that are often considered the most important of all CPT codes. The E/M section guidelines explain how to code different levels of services. (16)
- **empathy (ĕm´pə-thē)** Identification with or sensitivity to another person's feelings and problems. (4)
- employment contract (ĕm-ploi´mənt kŏn´trăkt´) A written agreement of employment terms between employer and employee that describes the employee's duties and the considerations (money, benefits, and so on) to be given by the employer in exchange. (18)
- **enclosure (ĕn-klő′zhərz)** Materials that are included in the same envelope as the primary letter. (7)
- endocardium (en-dō-kar'dē-ŭm)(†)
 The innermost layer of the heart. (28)
- endochondral (en-dō-kon'drăl)(†) A type of ossification in which bones start out as cartilage models. (25)
- endocrine gland (ěn'də-kra-n glănd) A gland that secretes its products directly into tissue, fluid, or blood. (23)
- endocrinologist (ĕn'də-kra-nŏl'ə-jĭst) A specialist who diagnoses and treats disorders of the endocrine system, which regulates many body functions by circulating hormones that are secreted by glands throughout the body. (2)
- endoderm (ĕn'dō-derm) (†) The primary germ layer that gives rise to epithelial tissues only. (35)
- endogenous infection (ĕn´-dŏj´ə-nəs ĭn-fĕk´shən) An infection in which an abnormality or malfunction in routine body processes causes normally beneficial or harmless microorganisms to become pathogenic. (19)
- endolymph (ĕn'dō-limf)(†) A fluid in the inner ear. When this fluid moves, it activates hearing and equilibrium receptors. (33)
- endometriosis (en'dō-mē-trē-ō'sis)(†)
 A condition in which tissues that
 make up the lining of the uterus grow
 outside the uterus. (35)
- endometrium (en'dō-me'trē-ŭm)(†)
 The innermost layer of the uterus. It

- undergoes significant changes during the menstrual cycle. (35)
- endomysium (en'dō-miz'ē-ŭm)(†) A connective tissue covering that surrounds individual muscle cells. (26)
- endorse (ĕn-dôrs´) To sign or stamp the back of a check with the proper identification of the person or organization to whom the check is made out, to prevent the check from being cashed if it is stolen or lost. (18)
- endoscopy (ĕn-dôs´kə-pē) Any procedure in which a scope is used to visually inspect a canal or cavity within the body. (41)
- endosteum (en-dos'tē-ŭm)(†) A membrane that lines the medullary cavity and the holes of spongy bone. (25)
- **enunciation (ĭ-nŭn'sē-ā'shən)** Clear and distinct speaking. (11)
- enzyme immunoassay (EIA) (ĕn'zīm im'yū-nō-as'ā)(†) The detection of substances by immunological methods. This method involves an antigen, an antibody specific for the antigen, and a second antibody conjugated to an enzyme. (47)
- enzyme-linked immunosorbent assay (ELISA) test (ĕn'zīm-lĭngkt im'yū-nō-sōr'bent ăs'ā tĕst)(†) A blood test that confirms the presence of antibodies developed by the body's immune system in response to an initial HIV infection. (21)
- eosinophil (ē-ō-sin'ō-fil) (†) A type of granular leukocyte that captures invading bacteria and antigen-antibody complexes through phagocytosis. (48)
- epicardium (ep-i-kar'dē-um)(†) The outermost layer of the wall of the heart. Also known as the visceral pericardium. (28)
- **epidermis (ĕp´ĭ-dûr´mĭs)** The most superficial layer of the skin. (24)
- epididymis (ep-i-did'i-mis)(†) An elongated structure attached to the back of the testes and in which sperm cells mature. (35)
- **epididymitis (ep-i-did-i-mī'tis)(†)** Inflammation of an **epididymis.** Most cases result from infection. (35)
- epiglottic cartilage (ep-i-glot'ik
 kär'tl-ĭj)(†) A cartilage of the larynx
 that forms the framework of the
 epiglottis. (30)
- epiglottis (ep-i-glot-i'tis)(†) The flaplike structure that closes off the larynx during swallowing. (30)
- epilepsy (ĕp'ə-lĕp'sē) A condition that occurs when parts of the brain receive a burst of electrical signals that disrupt normal brain function; also called seizures. (27)

- epimysium (ep-i-mis'ē-ŭm)(†) A thin covering that is just deep to the fascia of a muscle. It surrounds the entire muscle. (26)
- epinephrine (ĕp´ə-nĕf´rĭn) An injectable medication used to treat anaphylaxis by causing vasoconstriction to increase blood pressure. (29) A hormone secreted from the adrenal glands. It increases heart rate, breathing rate, and blood pressure. (32)
- epiphyseal disk (ep-i-fiz´e-ăl dĭsk)(†) A plate of cartilage between the epiphysis and the diaphysis. (25)
- **epiphysis (e-pif'i-sis)(†)** The expanded end of a long bone. (25)
- epistaxis (ĕp'i-stak'sis) Nosebleed. (44)
- epithelial tissue (ep-i-the le-ĕl
 tĭsh oo)(†) A tissue type that lines
 the tubes, hollow organs, and cavities
 of the body. (23)
- erectile tissue (ĭ-rĕk'təl tĭsh'ōō) A highly specialized tissue located in the shaft of the penis. It fills with blood to achieve an erection. (35)
- **erythema (er-i-thē'mă)** Redness of the skin. (43)
- erythroblastosis fetalis (ĕ-rith′ rō-blastṓ sis fe′ tāl-is) (†) A serious anemia that develops in a fetus with Rhpositive blood as a result of antibodies in an Rh-negative mother's body. (28)
- erythrocytes (ĭ-rĭth′rə-sĭt′s) Red blood cells. (28)
- erythrocyte sedimentation rate (ESR) (ĭ-rĭthrə-sīt' sĕd'ə-mən-tā'shən rāt) The rate at which red blood cells, the heaviest blood component, settle to the bottom of a blood sample. (48)
- erythropoietin (ĕ-rith-rō-poy´ē-tin)(†)
 A hormone secreted by the kidney
 and is responsible for regulating the
 production of red blood cells. (28)
- esophageal hiatus (ĭ-sŏf´ə-jē´əl) Hole in the diaphragm through which the esophagus passes. (31)
- established patient (ĭ-stăb'lĭsht pā'shənt) A patient who has seen the physician within the past three years. This determination is important when using E/M codes. (16)
- estrogen (ĕs´trə-jən) A female sex hormone; when produced during ovulation, estrogen causes a buildup of the lining of the uterus (womb) to prepare it for a possible pregnancy. (32)
- ethics (ěth'ĭks) General principles of right and wrong, as opposed to requirements of law. (3)
- ethmoid (ĕth'moyd)(†) Bones located between the sphenoid and nasal bone

- that form part of the floor of the cranium. (25)
- etiologic agent (e´te-ə-lŏj´ĭk ā´jənt) A living microorganism or its toxin that may cause human disease. (46)
- etiquette (ēt'ĭ-ket') Good manners. (11) eustachian tube (yōō-stā'shən tōōb)
 - An opening in the middle ear, leading to the back of the throat, that helps equalize air pressure on both sides of the eardrum. (39)
- eversion (ē-ver'zhŭn)(†) Turning the sole of the foot laterally. (26)
- exclusion (ĭk-skloozh'ən) An expense that is not covered by a particular insurance policy, such as an eye examination or dental care. (15)
- **excretion (ĭk-skré shən)** The elimination of waste by a discharge; in drug metabolism, the manner in which a drug is eliminated from the body. (50)
- exocrine gland (ĕk'sə-krĭn glănd) A gland that secretes its product into a duct. (23)
- exogenous infection (ĕk-sŏj´ə-nəs ĭn-fĕk´shən) An infection that is caused by the introduction of a pathogen from outside the body. (19)
- expendable item (ĭk-spĕn'dəbəl ī'təm)
 An item that is used and must then be restocked; also known collectively as supplies. Contrast with durable item.
 (8)
- **expiration (ěk´spə-rā´shən)** The process of breathing out; also called exhalation. (30)
- expressed contract (ik-sprest' kon'tract) A contract clearly stated in written or spoken words. (3)
- **extension (ĭk-stěn´shən)** An unbending or straightening movement of the two elements of a jointed body part. (26)
- external auditory canal (ĭk-stûr´nəl ô´dĭ-tôr´ē kə-năl´) Canal that carries sound waves to the tympanic membrane; commonly called the ear canal. (33)
- externship (ĭk-stûrn´shĭp) A period of practical work experience performed by a medical assisting student in a physician's office, hospital, or other health-care facility. (1)
- extrinsic eye muscles (ĭk-strĭn´ sĭk ĭ mūs´əlz) The skeletal muscles that move the eyeball. (33)
- facsimile machine (făk-sĭm´ə-lē mə-shēn´) A piece of office equipment used to send a facsimile, or fax, over telephone lines from one modem to another; more commonly called a fax machine. (11)
- **facultative** (fak-ŭl-tā'tiv)(†) Able to adapt to different conditions; in

- microbiology, able to grow in environments either with or without oxygen. (46)
- Fahrenheit (făr´ən-hīt) One of two common scales used for measuring temperature; measured in degrees Fahrenheit, or °F. (37)
- fallopian tubes (fə-l'ō-pē-ən tübz)

 Tubes that extend from the uterus on each side and that open near an ovary. (35)
- family practitioner (făm´a-lē prăk-tĭsh´anər)(†) A physician who does not specialize in a branch of medicine but treats all types and ages of patients; also called a general practitioner. (2)
- fascia (fash'e-ă)(†) A structure that covers entire skeletal muscles and separates them from each other. (26)
- **fascicle (fãs'ĭ-kəl)** Sections of a muscle divided by connective tissue called perimysium. (26)
- **febrile (fĕb'rəl)** Having a body temperature above one's normal range. (37)
- **feces (fē'sēz)** Material found in the large intestine and made from leftover chyme. Faces are eventually eliminated through the anus. (31)
- **feedback (fed'băk')** Verbal and nonverbal evidence that a message was received and understood. (4)
- **fee-for-service (fē fôr sûr'vĭs)** A major type of health plan. It repays policyholders for the costs of health care that are due to illness and accidents. (15)
- **fee schedule (fē skěj'ool)** A list of the costs of common services and procedures performed by a physician. (15)
- **felony** (**fĕl'a-nē**) A serious crime, such as murder or rape, that is punishable by imprisonment. In certain crimes, a felony is punishable by death. (3)
- **femoral (fem´o-răl) (†)** Relating to the femur or thigh. (23)
- **femur (fe'mər)** The bone in the upper leg; commonly called the thigh bone. (25)
- **fenestrated drape (fěn'i-strāt'ĕd drāp)**A drape that has a round or slitlike opening that provides access to the surgical site. (38)
- **fertilization (fer'til-i-zā'shū'n)** The process in which an egg unites with a sperm. (35)
- **fetal period (fĕt'l pîr'ē-əd)** A period that begins at week nine of pregnancy and continues through delivery of the offspring. (35)
- **fiber** (**fī'bər**) The tough, stringy part of vegetables and grains, which is not absorbed by the body but aids in a variety of bodily functions. (49)

- **fibrinogen (fī-brinō-jen) (†)** A protein found in plasma that is important for blood clotting. (28)
- **fibroid (fī'broid')** A benign tumor in the uterus composed of fibrous tissue. (35)
- **fibromyalgia** (fī-brō-mī-al'jē-ǎ)(†) A condition that exhibits chronic pain primarily in joints, muscles, and tendons. (26)
- **fibula (fĭb´yə-lə)** The lateral bone of the lower leg. (25)
- **file guide (filgīd)** A heavy cardboard or plastic insert used to identify a group of file folders in a file drawer. (10)
- **filtration (fil-trā**′shən) A process that separates substances into solutions by forcing them across a membrane. (23)
- fimbriae (fi'm-brē-a) Fringe-like structures that border the entrances of the fallopian tubes. (35)
- first morning urine specimen (fûrst môr'nĭng yŏor'ĭn spĕs'ə-mən) A urine specimen that is collected after a night's sleep; contains greater concentrations of substances that collect over time than specimens taken during the day. (47)
- **fixative** (fĭk'sə-tĭv) A solution sprayed on a slide immediately after the specimen is applied. It is used to preserve and hold the cells in place until a microscopic examination is performed. (22)
- **flexion (flek'shŭn)(†)** A bending movement of the two elements of a jointed body part. (26)
- **floater** (**flo´tər**) A nonsterile assistant who is free to move about the room during surgery and attend to unsterile needs. (42)
- **fluidotherapy** (**floo**'ĭ**d**-**o**ther'a-**pe**) A technique for stimulating healing, particularly in the hands and feet, by placing the affected body part in a container of glass beads that are heated and agitated with hot air. (43)
- **follicle (fŏl'ĭ-kəl)** An accessory organ of the skin that is found in the dermis and the sites at which hairs emerge. (24)
- follicle-stimulating hormone (FSH)
 (fŏl'ĭ-kəl stim'yū-lā-ting hôr'mōn')
 A hormone that in females stimulates
 the production of estrogen by the
 ovaries; in males, it stimulates sperm
 production. (32)
- follicular cells (fə-li´-kyə-lər selz)
 Small cells contained in the primordial follicle along with a large cell called a primary oocyte. (35)
- folliculitis (fŏ-lik-yū-lī'tis)(†) Inflammation of the hair follicle. (24)

- fomite (fō'mīt)(†) An inanimate object, such as clothing, body fluids, water, or food, that may be contaminated with infectious organisms and thus serve to transmit disease. (19)
- **fontanel (fän-ta-n'el)** The soft spot in an infant's skull that consists of tough membranes that connect to incompletely developed bone. (25)
- **food exchange (food ĭks-chānj´)** A unit of food in a particular food category that provides the same amounts of protein, fat, and carbohydrates as all other units of food in that category. (49)
- foramen magnum (fə-rā'-mən mag-nəm) The large hole in the occipital bone that allows the brain to connect to the spinal cord. (25)
- **foramen ovale (fō-rā'men ō-va'lē)(†)**A hole in the fetal heart between the right atrium and the left atrium. (35)
- forced vital capacity (FVC) (fôrst vīt'l ka-păs'ĭ-tē) The greatest volume of air that a person is able to expel when performing rapid, forced expiration. (52)
- **formalin (fōr-mā-lin) (†)** A dilute solution of formaldehyde used to preserve biological specimens. (42)
- formed elements (fôrmd ěl'ə-mənts)
 Red blood cells, white blood cells, and platelets; comprise 45% of blood volume. (48)
- **formulary (fōr'myū-lā-rē)(†)** An insurance plan's list of approved prescription medications. (15)
- **fraud (frôd)** An act of deception that is used to take advantage of another person or entity. (3)
- **fracture (frăk'chər)** Any break in a bone. (41)
- **frequency (fre kwan-se)** The number of complete fluctuations of energy per second in the form of waves. (39)
- **frontal (frŭn'tl)** Anatomical term that refers to the plane that divides the body into anterior and posterior portions. Also called coronal. (23)
- full-block letter style (fool blok let'ər stīl) A letter format in which all lines begin flush left; also called block style. (7)
- functional résumé (fŭngkíshə-nəl rěz′00-mã′) A résumé that highlights specialty areas of a person's accomplishments and strengths. (54)
- **fungus (fung'gəs)** A eukaryotic organism that has a rigid cell wall at some stage in the life cycle. (46)
- **gait (gāt)** The way a person walks, consisting of two phases: stance and swing. (43)

- **ganglia (găng glē-ə)** Collections of neuron cell bodies outside the central nervous system. (27)
- gastic juice (găs'trĭk jüs) Secretions from the stomach lining that begin the process of digesting protein. (31)
- **gastritis (gă-strī'tis)** Inflammation of the stomach lining. (31)
- gastroenterologist (găs´trō-ĕn-ter-ol´ō-jist)(†) A specialist who diagnoses and treats disorders of the entire gastrointestinal tract, including the stomach, intestines, and associated digestive organs. (2)
- gastroesophageal reflux disease (GERD) (gas'trō-ē-sof'ǎ-jē'ǎlrē'flĕks dǐ-zēz') A condition that occurs when stomach acids are pushed into the esophagus and cause heartburn. (31)
- **gene** (jēn) A segment of DNA that determines a body trait. (23)
- general physical examination (jĕn´ər-əl fĭz´ĭ-kəl ĭg-zăm´ə-nā´shən) An examination performed by a physician to confirm a patient's health or to diagnose a medical problem. (22)
- **generic name (jə-něr´ik nām)** A drug's official name. (50)
- **gerontologist (jĕr´ən-tŏl´ə-jĭst)** A specialist who studies the aging process. (2)
- giantism (ji´an-tizm) (†) A condition in which too much growth hormone is produced in childhood, resulting in an abnormally increased stature. (32)
- **glans penis (glanz pē'nĭs)** A coneshaped structure at the end of the penis. (35)
- glaucoma (glou-kō'mə) A condition in which too much pressure is created in the eye by excessive aqueous humor. This excess pressure can lead to permanent damage of the optic nerves, resulting in blindness. (33)
- **global period (glō'bəl pîr'ē-əd)** The period of time that is covered for follow-up care of a procedure or surgical service. (16)
- **globulins** (**glob**'yū-lin)(†) Plasma proteins that transport lipids and some vitamins. (28)
- glomerular capsule (glō-mār'yū-lăr kǎp'səl)(†) A capsule that surrounds the glomerulus of the kidney. (34)
- glomerular filtrate (glō-mār'yū-lăr fĭl'trāt')(†) The fluid remaining in the glomerular capsule after glomerular filtration. (34)