My Learning Style, Personality Types, and Temperament

LEARNING STYLES

I am a(n) (circle one):

Visual learner   Auditory learner   Kinesthetic learner

The following learning habits make me most like this learning style:

What features of the two other learning styles should I incorporate to make me a well-rounded learner?

PERSONALITY TYPES

I am a(n) (circle one from each pair):

Extrovert or introvert   Sensor or intuitive   Thinker or feeler   Judger or perceiver

The following characteristics make me most like these personality types:

How can I incorporate positive features of the opposite personality types?

TEMPERAMENTS

I am a(n) (circle one):

Analyzer   Supporter   Creator   Director

The following characteristics make me most like this temperament:

What positive behaviors/traits can I incorporate from the other three temperaments?

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