

## Students:

Welcome to the microbial world! I think you will find it fascinating to understand how microbes interact with us, and with our environment. The interesting thing is that each of you has already had a lot of experience with microbiology. For one thing, you are thoroughly populated with microbes right now, and much of your own genetic material actually came from viruses and other microbes. And while you have probably had some bad experiences with quite a few microbes in the form of diseases, you have certainly been greatly benefited by them as well.

This book is suited for all kinds of students and doesn't require any prerequisite knowledge of biology or chemistry. If you are interested in entering the health care profession in some way, this book will give you a strong background in the biology of microorganisms, without overwhelming you with unnecessary details. Don't worry if you're not in the health professions. A grasp of this topic is important for everyone—and can be attained with this book.

—Kelly Cowan

I dedicate this book to all public health workers who devote their lives to bringing the advances and medicines enjoyed by the industrialized world to *all* humans.

# Connecting Students to Their Future Careers

Many students taking this course will be entering the health care field in some way, and it is absolutely critical that they have a good background in the biology of microorganisms. Author Kelly Cowan has made it her goal to help all students make the connections between microbiology and the world they see around them. Her textbooks have become known for their engaging writing style, instructional art program, and focus on active learning. The “building blocks” approach establishes the big picture first and then gradually layers concepts onto this foundation. This logical structure helps students build knowledge and **connect** important concepts.

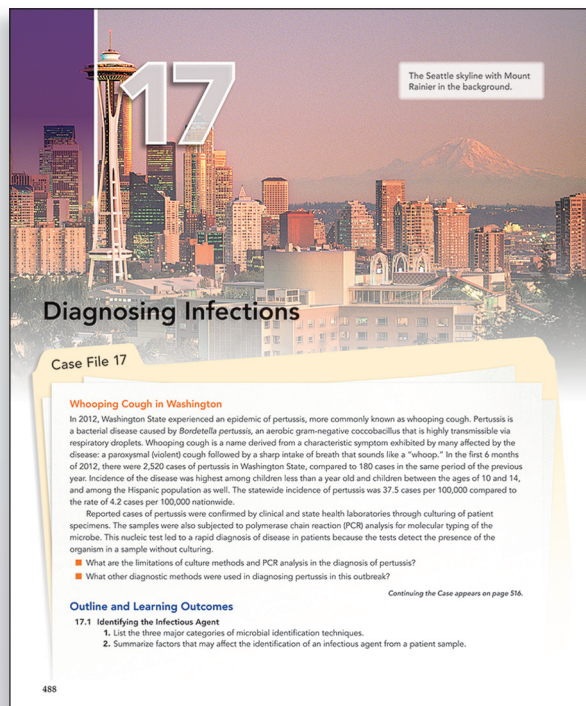
## “Diagnosing Infections” Chapter

Chapter 17 brings together in one place the current methods used to diagnose infectious diseases. The chapter starts with collecting samples from the patient and details the biochemical, serological, and molecular methods used to identify causative microbes.

## Systematic Presentation of Disease-Causing Organisms

*Microbiology: A Systems Approach* takes a unique approach to diseases by organizing microbial agents under the heading of the disease condition they cause. After all of them are covered the agents are summarized in a comparative table. Every condition gets a table, whether there is one possible cause or a dozen. Through this approach, students study how diseases affect patients—the way future health care professionals will encounter them in their jobs. A summary table follows the textual discussion of each disease and summarizes the characteristics of agents that can cause that disease. New to this edition: **Every disease table now contains national and worldwide epidemiological information for each causative agent.**

This approach is logical, systematic, and intuitive, as it encourages clinical and critical thinking in students—the type of thinking they will be using if their eventual careers are in health care. Students learn to examine multiple possibilities for a given condition and grow accustomed to looking for commonalities and differences among the various organisms that cause a given condition.



**CHAPTER 22**

**Infectious Diseases Affecting the Gastrointestinal Tract 670**

22.1 The Gastrointestinal Tract and Its Defenses 671

22.2 Normal Biota of the Gastrointestinal Tract 672

22.3 Gastrointestinal Tract Diseases Caused by Microorganisms (Nonhelminthic) 673

    Tooth and Gum Infections 673

    Dental Caries (Tooth Decay) 673

    Periodontal Disease 675

    Mumps 677

    Gastritis and Gastric Ulcers 679

    Acute Diarrhea (With or Without Vomiting) 681

    Acute Diarrhea with Vomiting Caused by Exotoxins (Food Poisoning) 692

    Chronic Diarrhea 694

    Hepatitis 699

22.4 Gastrointestinal Tract Diseases Caused by Helminths 702

    General Clinical Considerations 704

    Disease: Intestinal Distress as the Primary Symptom 704

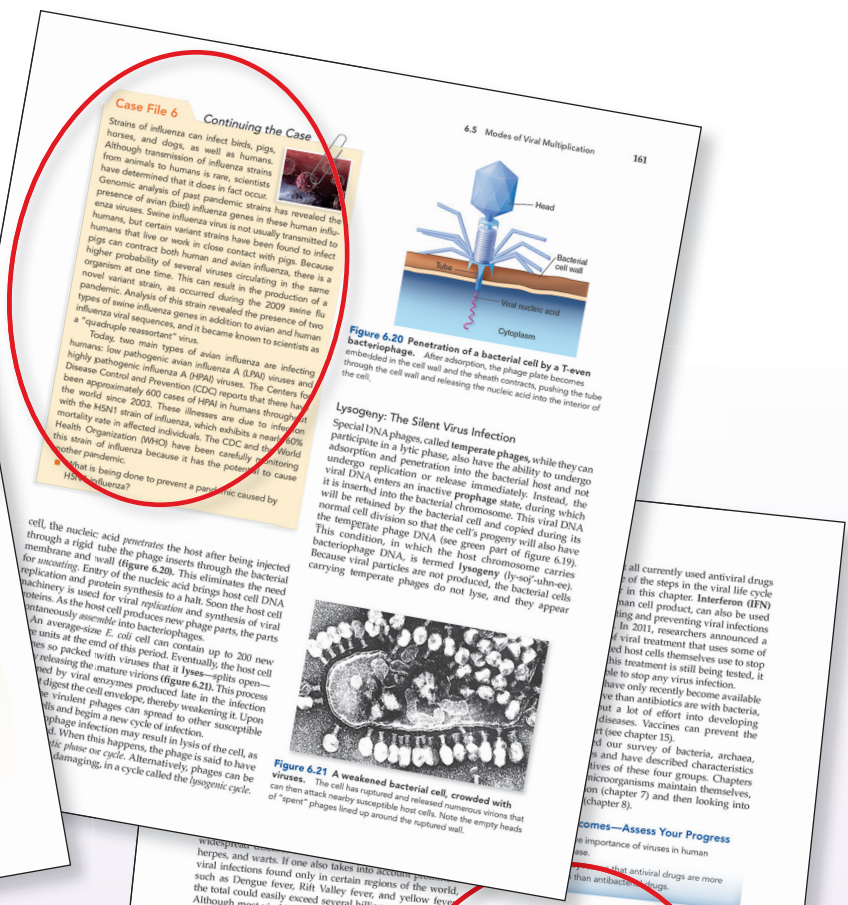
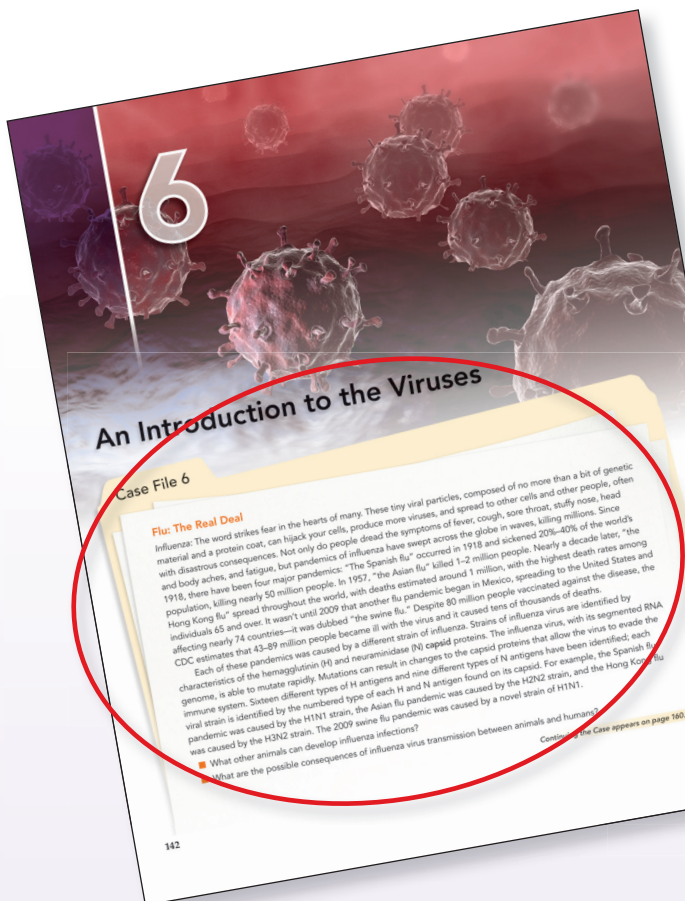
**Disease Table 21.3 Otitis Media**

Causative Organism(s)	<i>Streptococcus pneumoniae</i>	<i>Haemophilus influenzae</i>
Most Common Modes of Transmission	Endogenous (may follow upper respiratory tract infection by <i>S. pneumoniae</i> or other microorganisms)	Endogenous (upper tract infection)
Virulence Factors	Capsule, hemolysin	Capsule
Culture/Diagnosis	Usually relies on clinical symptoms and failure to resolve within 72 hours	Same as <i>S. pneumoniae</i>
Prevention	Pneumococcal conjugate vaccine (heptavalent)	Hib vaccine
Treatment	Wait for resolution; if needed, amoxicillin (are high rates of resistance) or amoxicillin + clavulanate or cefuroxime	Same as <i>S. pneumoniae</i>
Distinctive Features	–	–
Epidemiological Features	United States: 70% of children experience at least one case before age 2; in developing world: chronic otitis media results in significant hearing loss in 100s of millions and death in approx. 30,000 per year (in absence of treatment)	

Suspect if fully vaccinated against other two

## Chapter Opening Case Files!

Each chapter opens with a Case File, which helps students grasp the relevance of the material they're about to learn. The questions that directly follow the Case File challenge students to begin to think critically about what they are going to read, expecting that they'll be able to answer them once they've worked through the chapter. The Continuing the Case feature appears within the chapter where relevant, to help students follow the real-world application of the case. The Case File Wrap-Up summarizes the case at the end of the chapter, pulling together the applicable content and the chapter's topics. All of the case files are new in the fourth edition, including hot microbiological topics that are making news headlines today.

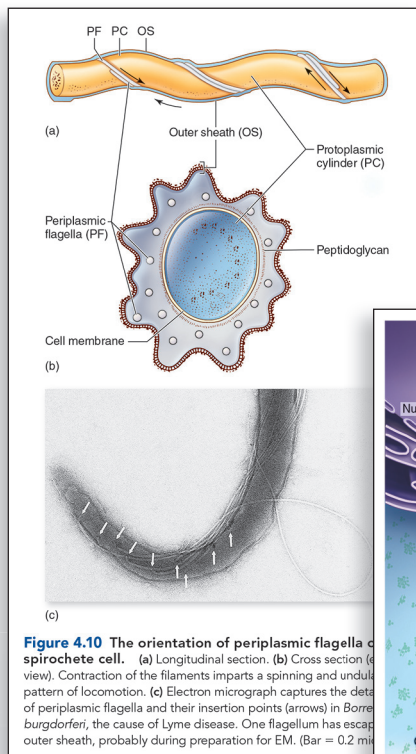


"This textbook is easily readable and presents information in a totally logical and accurate fashion."

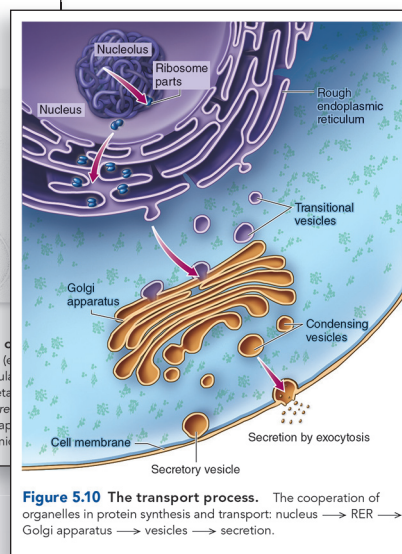
—Allan Helgeson, Des Moines Area Community College

# Connecting Students to the Content with Truly Instructional Art

Effective science illustrations not only look pretty, but help students visualize complex concepts and processes and paints a conceptual picture for them. The art combines vivid colors, multi-dimensionality, and self-contained narrative to help students study the challenging concepts of microbiology from a visual perspective. Drawings are often paired with photographs or micrographs to enhance comprehension.



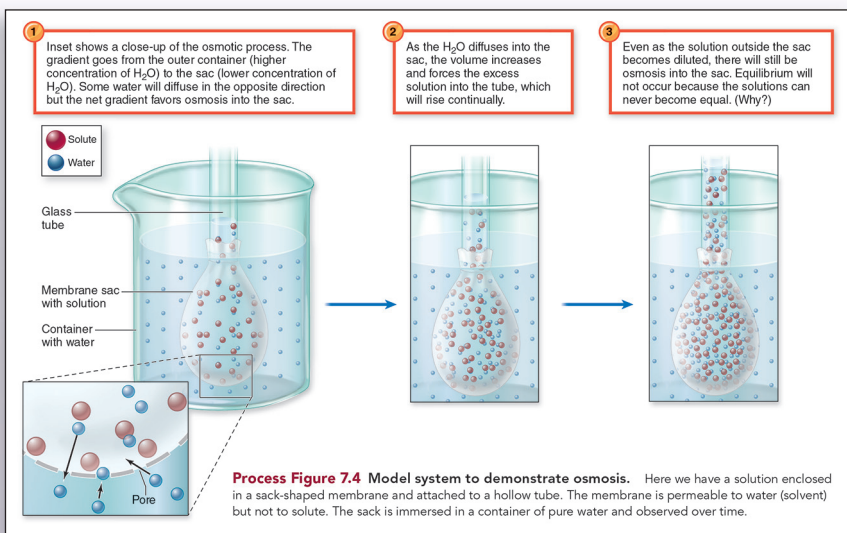
**Figure 4.10** The orientation of periplasmic flagella of a spirochete cell. (a) Longitudinal section. (b) Cross section (side view). Contraction of the filaments imparts a spinning and undulating pattern of locomotion. (c) Electron micrograph captures the details of periplasmic flagella and their insertion points (arrows) in *Borrelia burgdorferi*, the cause of Lyme disease. One flagellum has escaped outer sheath, probably during preparation for EM. (Bar = 0.2 micrometers)



**Figure 5.10** The transport process. The cooperation of organelles in protein synthesis and transport: nucleus → RER → Golgi apparatus → vesicles → secretion.

*"The readability makes this text a winner. Excellent text!"*

—Kimberly Harding, Colorado Mountain College



**Process Figure 7.4** Model system to demonstrate osmosis. Here we have a solution enclosed in a sack-shaped membrane and attached to a hollow tube. The membrane is permeable to water (solvent) but not to solute. The sack is immersed in a container of pure water and observed over time.

## Process Figures

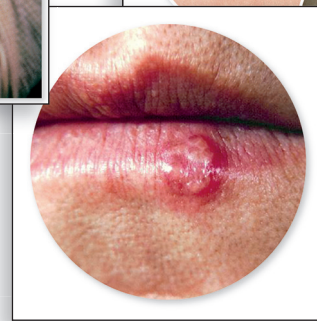
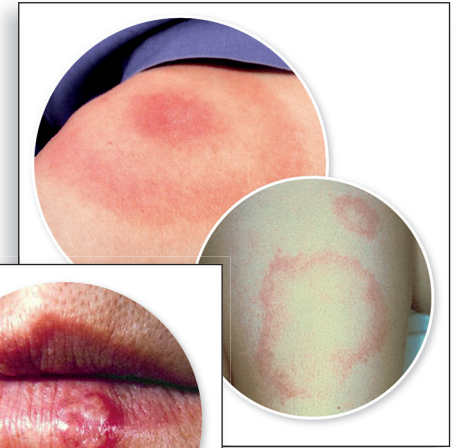
Many difficult microbiological concepts are best portrayed by breaking them down into stages. These Process Figures show each step clearly marked with an orange, numbered circle and correlated to accompanying narrative to benefit all types of learners. Process Figures are clearly marked next to the figure number. The accompanying legend provides additional explanation.

# Connecting Students to Microbiology with Relevant Examples

## Real Clinical Photos Help Students Visualize Diseases

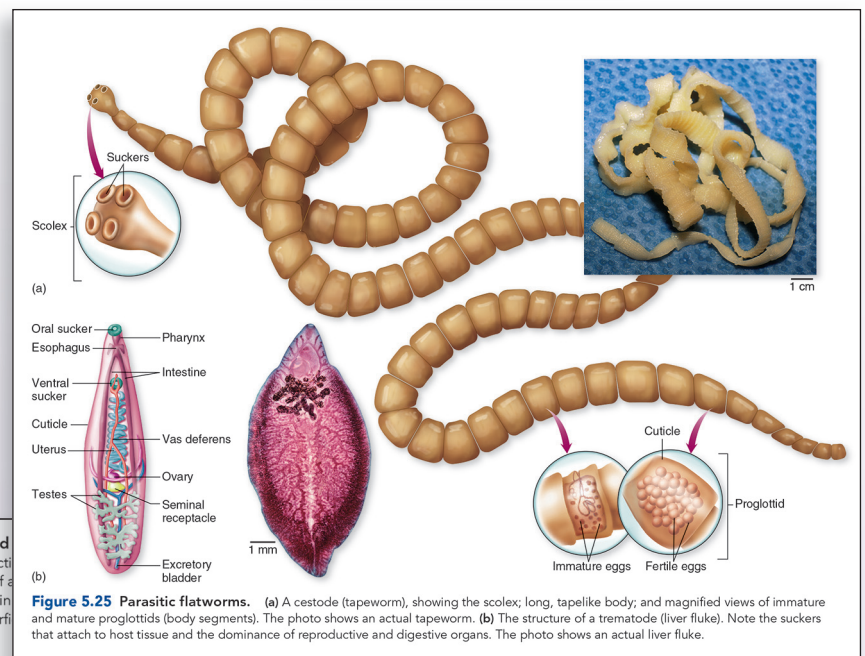
### Clinical Photos

Color photos of individuals affected by disease provide students with a real life, clinical view of how microorganisms manifest themselves in the human body.

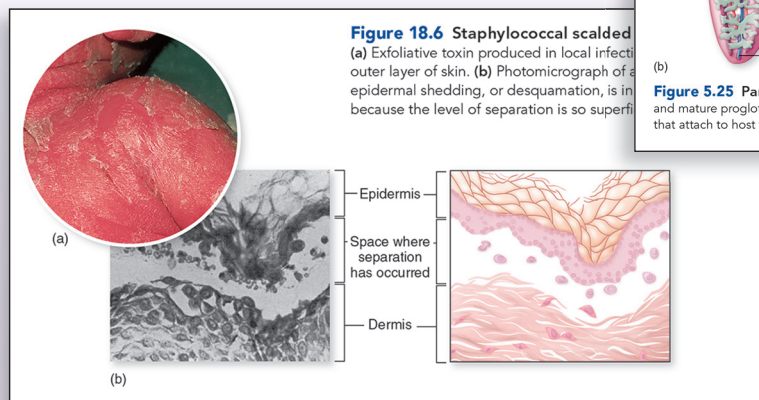


### Combination Figures

Line drawings combined with photos give students two perspectives: the realism of photos and the explanatory clarity of illustrations. The authors chose this method of presentation often to help students comprehend difficult concepts.



**Figure 18.6 Staphylococcal scalded**  
 (a) Exfoliative toxin produced in local infection causes separation of the outer layer of skin. (b) Photomicrograph of a skin biopsy showing epidermal shedding, or desquamation, is in progress because the level of separation is so superficial.



# Connecting Students to Microbiology Through Student-Centered Pedagogy

## Pedagogy Created to Promote Active Learning

### Learning Outcomes and Assess Your Progress Questions

Every chapter in the book now opens with an outline—which is a list of Learning Outcomes.

Assess Your Progress with the learning outcome questions conclude each major section of the text. The Learning Outcomes are tightly correlated to digital material. Instructors can easily measure student learning in relation to the specific Learning Outcomes used in their course.

### Animated Learning Modules

Certain topics need help to come to life off the page. Animations, video, audio and text all combine to help students understand complex processes. Key topics have an Animated Learning Module assignable through Connect. An icon in the text indicates when these learning modules are available.

### Notes

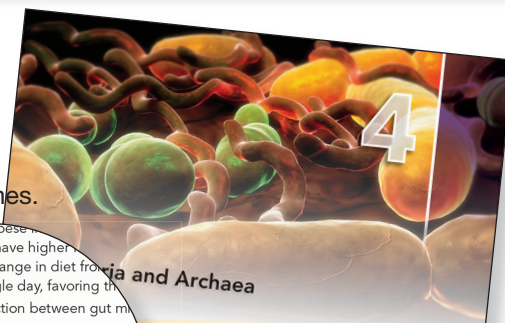
Notes appear, where appropriate, throughout the text. They give students helpful information about various terminologies, exceptions to the rule, or important clarifications.

### Disease Connection

Sometimes it is difficult for students to see the relevance of basic concepts to their chosen professions. So in this edition the basic science chapters contain Disease Connections, very short boxes that relate esoteric topics such as pH and growth phase to clinical situations (*H. pylori* and *M. tuberculosis*, for these examples).

### Tables

This edition contains numerous illustrated tables. Horizontal contrasting lines set off each entry, making it easy to read.



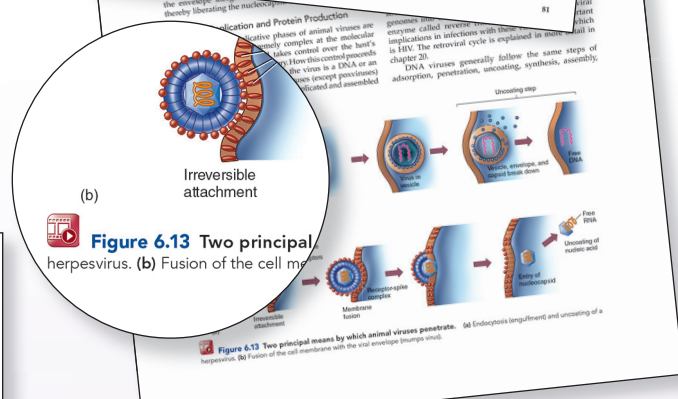
... individuals have higher...  
... demonstrated that a change in diet from...  
... microbiota within a single day, favoring the...  
...  

- What is the connection between gut microbiota and obesity?
- What other human conditions can be influenced by gut microbiota?

**Outline and Learning Outcomes**

4.1 Bacterial Form and Function

- List the structures all bacteria possess.
- Identify at least four structures that are unique to bacteria.
- Describe the three major shapes of bacteria.
- Describe other more unusual shapes of bacteria.
- Provide at least four terms to describe bacterial arrangements.



**A Note on Terminology**

The word *spore* can have more than one usage in microbiology. It is a generic term that refers to any tiny compact cell that is produced by vegetative or reproductive structures of microorganisms. Fungi have spores that serve as reproductive structures. The bacterial type discussed here is most accurately called an **endospore**, because it is produced inside a cell. Its function is survival, not in reproduction, because no increase in number is involved in their formation. In contrast, the fungi produce different types of spores for both survival and reproduction (see chapter 5).

**Disease Connection**

The fact that the poliovirus has tropisms for both neural and intestinal cells explains how it wreaks havoc on humans. Most people know that it causes paralysis; this is because it affects the neurons that make muscles work. But most people have no idea how you “catch” it. You catch it by ingesting water or food that is contaminated with the virus because it attaches to intestinal cells, and from there invades the nervous system. Polio is gone in the Western Hemisphere but still hangs on in three developing countries (as of 2013), despite the world health community’s best efforts.

**Table 15.3 Characteristics of the Immunoglobulin (Ig) Classes**

	IgG	IgA (dimer shown)	IgM	IgD	IgE
	Monomer	Dimer, Monomer	Pentamer	Monomer	Monomer
Number of Antigen Binding Sites	2	4, 2	10	2	2
Molecular Weight	150,000	170,000-385,000	900,000	180,000	200,000

**INSIGHT 7.4** The Tortoise and the Hare

Scientists have recently discovered the slowest-growing bacteria on the planet. Analyzing the amino acids deposited in the sediment in the seabed, microbiologists at Aarhus University in Denmark have found bacteria with a generation time of 1,000 to 3,000 years. These organisms live under extreme pressures—several hundred times normal atmospheric pressure—in total darkness, with very few nutrients. Despite their extremely slow rate of reproduction, the organisms play an important role in the global carbon cycle, recycling nutrients that fall to the ocean depths.

In contrast, *Escherichia coli* exhibit a positively breakneck pace of reproduction, doubling itself every 20 minutes. *Bacillus subtilis* is a close second with generation times measured at around 25 minutes. What is the difference between these microbial tortoises and hares? The answer lies in the availability of nutrients in their natural habitats.



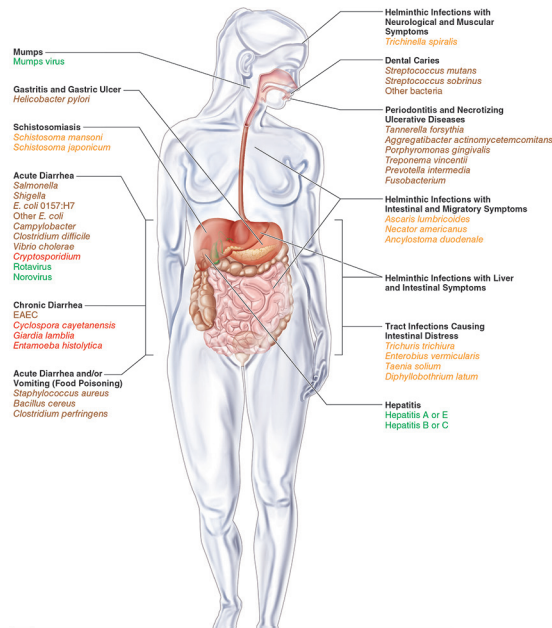
demonstrates the basic growth pattern of bacteria in a closed system with abundant nutrients. Almost any organism in a laboratory with enough nutrients and no natural predators will follow a similar pattern of a lag phase, logarithmic growth, stationary phase, and a death phase. However, this isn't always necessarily the pattern of growth of organisms in their natural habitat. The growth of bacteria or any organism in nature is drastically different and is affected by the availability of nutrients, oxygen, and water and the presence of competitive or predatory organisms.

At the end of the day, the difference between the tortoise and the hare is fuel: the bacteria living at the bottom of the ocean have very little to eat compared to the hare in a forest.

**Insight Readings**

Found throughout each chapter, current, real-world readings allow students to see an interesting application of the concepts they're studying.

**INFECTIOUS DISEASES AFFECTING The Gastrointestinal Tract**



**System Summary Figures**

“Glass body” figures at the end of each disease chapter highlight the affected organs and list the diseases that were presented in the chapter. In addition, the microbes are color coded by type of microorganism.

“I appreciate the organization in the way the topics are broken up so students can easily maintain their focus while reading. The Disease Tables, Insight Readings, and System Summary Figures are a great way for them to review and apply what they have learned.”

—Alicia D. Carley, Northwest Technical College

**Summing Up**

**Taxonomic Organization Microorganisms Causing Diseases in the Cardiovascular and Lymphatic System**

Microorganism	Disease	Chapter Location
<b>Gram-positive endospore-forming bacteria</b>		
<i>Bacillus anthracis</i>	Anthrax	Anthrax, p. 622
<b>Gram-positive bacteria</b>		
<i>Staphylococcus aureus</i>	Acute endocarditis	Endocarditis, p. 611
<i>Streptococcus pyogenes</i>	Acute endocarditis	Endocarditis, p. 612
<i>Streptococcus pneumoniae</i>	Acute endocarditis	Endocarditis, p. 612
<b>Gram-negative bacteria</b>		
<i>Yersinia pestis</i>	Plague	Plague, p. 614
<i>Francisella tularensis</i>	Tularemia	Tularemia, p. 617
<i>Borrelia burgdorferi</i>	Lyme disease	Lyme disease, p. 618
<i>Brucella abortus</i> , <i>B. suis</i>	Brucellosis	Nonhemorrhagic fever diseases, p. 626
<i>Coxiella burnetii</i>	Q fever	Nonhemorrhagic fever diseases, p. 627
<i>Bartonella henselae</i>	Cat-scratch disease	Nonhemorrhagic fever diseases, p. 628
<i>Bartonella quintana</i>	Trench fever	Nonhemorrhagic fever diseases, p. 628
<i>Ehrlichia chaffeensis</i> , <i>E. phagocytophila</i> , <i>E. ewingii</i>	Ehrlichiosis	Nonhemorrhagic fever diseases, p. 629
<i>Neisseria gonorrhoeae</i>	Acute endocarditis	Endocarditis, p. 612
<i>Rickettsia rickettsii</i>	Rocky Mountain spotted fever	Nonhemorrhagic fever diseases, p. 629
<b>DNA viruses</b>		
Epstein-Barr virus	Infectious mononucleosis	Infectious mononucleosis, p. 621
<b>RNA viruses</b>		
Yellow fever viruses	Yellow fever	Hemorrhagic fevers, p. 624
Dengue fever viruses	Dengue fever	Hemorrhagic fevers, p. 624
Ebola and Marburg viruses	Ebola and Marburg hemorrhagic fevers	Hemorrhagic fevers, p. 625
Lassa fever virus	Lassa fever	Hemorrhagic fevers, p. 625
Chikungunya virus	Hemorrhagic fever	Hemorrhagic fevers, p. 624
<b>Retroviruses</b>		
Human immunodeficiency virus 1 and 2	HIV infection and AIDS	HIV infection and AIDS, p. 636
Human T-cell lymphotropic virus I	Adult T-cell leukemia	Leukemias, p. 637
<b>Protozoa</b>		
<i>Plasmodium falciparum</i> , <i>P. vivax</i> , <i>P. ovale</i> , <i>P. malariae</i>	Malaria	Malaria, p. 632
<i>Trypanosoma cruzi</i>	Chagas disease	Chagas disease, p. 630

**Taxonomic List of Organisms**

A taxonomic list of organisms is presented at the end of each disease chapter so students can see the taxonomic position of microbes causing diseases in that body system.

# Connecting Learning to Bloom's Taxonomy

The end-of-chapter material is linked to Bloom's Taxonomy. It has been carefully planned to promote active learning and provide review for different learning styles and levels of difficulty. Multiple-Choice and True-False Questions (Remember and Understand) precede the Critical Thinking, Concept Connections, Visual Connections Questions and Concept Mapping Exercises, which take the student through the Apply, Analyze, Evaluate, and Create levels. The consistent layout of each chapter allows students to develop a learning strategy and gain confidence in their ability to master the concepts, leading to success in the class!

## Chapter Summary

A brief outline of the main chapter concepts is provided for students with important terms highlighted. Key terms are also included in the glossary at the end of the book. The chapter summary is now tagged with new American Society for Microbiology curricular guidelines.

### Chapter Summary

**6.1 The Search for the Elusive Viruses (ASM Guideline\* 2.2)**

- Viruses are noncellular entities whose properties have been identified through microscopy, tissue culture, and molecular biology.

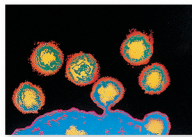
**6.2 The Position of Viruses in the Biological Spectrum (ASM Guidelines 1.5, 3.3, 4.4, 5.4)**


- Viruses are infectious particles that invade every known type of cell. They are not alive, yet they are able to redirect the metabolism of living cells to reproduce virus particles.
- Viruses have a profound influence on the genetic makeup of the biosphere.
- Viral replication inside a cell usually causes death or loss of function of that cell.

**6.3 The General Structure of Viruses (ASM Guidelines 2.3, 2.4, 4.4)**

- Virus size range is from 20 nm to 1000 nm (diameter). Viruses are composed of an outer protein capsid containing either DNA or RNA plus a

- Animal viruses can cause acute infections or can persist in host tissues as chronic latent infections that can reactivate periodically throughout the host's life. Some persistent animal viruses are oncogenic.
- Bacteriophages vary significantly from animal viruses in their methods of adsorption, penetration, site of replication, and method of exit from host cells.
- Lysogeny is a condition in which viral DNA is inserted into the bacterial chromosome and remains inactive for an extended period. It is replicated right along with the chromosome every time the bacterium divides.
- Some bacteria express virulence traits that are coded for by the bacteriophage DNA in their chromosomes. This phenomenon is called *lysogenic conversion*.





Mimivirus

## Multiple Choice and True-False Questions

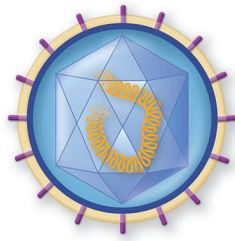
Students can assess their knowledge of basic concepts by answering these questions. Other types of questions and activities that follow build on this foundational knowledge. The ConnectPlus eBook allows students to quiz themselves interactively using these questions! Bloom's Levels for all questions are provided.

### Multiple-Choice and True-False Questions | Bloom's Levels 1 and 2: Remember and Understand

**Multiple-Choice Questions.** Select the correct answer from the options provided.

- A virus is a tiny infectious
  - cell.
  - living thing.
  - particle.
  - nucleic acid.
- Viruses are known to infect
  - plants.
  - bacteria.
  - fungi.
  - all organisms.
- The nucleic acid of a virus is
  - DNA only.
  - RNA only.
  - both DNA and RNA.
  - either DNA or RNA.
- The general steps in a viral multiplication cycle are
  - adsorption, penetration, synthesis, assembly, and release.
  - endocytosis, uncoating, replication, assembly, and budding.
  - adsorption, uncoating, duplication, assembly, and lysis.
  - endocytosis, penetration, replication, maturation, and exocytosis.
- A prophage is a stage in the development of a/an
  - bacterial virus.
  - poxvirus.
  - lytic virus.
  - enveloped virus.
- In general, RNA viruses multiply in the cell \_\_\_\_\_, and DNA viruses multiply in the cell \_\_\_\_\_.
  - nucleus, cytoplasm
  - cytoplasm, nucleus
  - vesicles, ribosomes
  - endoplasmic reticulum

- Label the parts of this virus. Identify the capsid, nucleic acid, and other features of this virus.



- Circle the viral infections from this list: cholera, rabies, plague, cold sores, whooping cough, tetanus, genital warts, gonorrhea, mumps, Rocky Mountain spotted fever, syphilis, rubella.

## Critical Thinking Questions

Students use higher-order Bloom's skills (Apply, Analyze, Evaluate) with these questions. There is no single correct answer; this can open doors to discussion and application. New critical thinking questions have been added for the fourth edition.

### Critical Thinking Questions | Bloom's Levels 3, 4, and 5: Apply, Analyze, and Evaluate

*Critical thinking* is the ability to reason and solve problems using facts and concepts. These questions can be approached from a number of angles and, in most cases, they do not have a single correct answer.

- Provide evidence in support of or refuting the following statement: Viruses are simple cellular agents of disease.
- Summarize the unique properties of viruses and explain which of these characteristics allow them to function as "parasites."
- Sketch the basic structure of both a nonenveloped and an enveloped virus, labeling all parts.
  - Discuss the validity of the following statement: The viral capsid and envelope only provide functions that enhance the pathogenicity of a virus.
- You identify a novel microbe in your laboratory and find that it possesses two types of nucleic acid. Explain why you immediately rule out the fact that this microbe is a virus.
  - Describe the nucleic acid configuration of a positive-sense RNA virus and explain why its multiplication cycle is less complex than that of a retrovirus.
- Define the term *tropism*, and provide at least one example illustrating how viral structure determines this property of a virus.
- Provide one example of an oncogenic virus and explain the unique properties of its multiplication cycle that allow it to trigger the development of cancer.
  - Compare and contrast the processes of latency and lysogeny, providing examples of latent viruses and lysogenic viruses.
- Summarize the method used by most companies to manufacture influenza vaccine today, providing one clear advantage and one disadvantage of this process.



## Concept Connections

A new feature that ties together topics in a visual manner, and calls on students' ability to Analyze and Create while connecting material from the chapter.

**Concept Connections | Bloom's Levels 4 and 6: Analyze and Create**

This activity ties together multiple concepts in the chapter.

- How does capsid and/or envelope structure determine the type of cells a virus infects?
- Describe the composition of the viral envelope.
- How are enveloped viruses different from nonenveloped viruses?
- Provide examples of enveloped and nonenveloped viruses in each category as well as examples of complex viruses to complete the flowchart.

## Visual Connections

Visual Connections questions take images and concepts learned in previous chapters and ask students to apply that knowledge to concepts newly learned in the current chapter. This helps students Evaluate information in new contexts and enhances learning.

**Visual Connections | Bloom's Level 5: Evaluate**

These questions use visual images or previous content to make connections to this chapter's concepts.

- From chapter 6, figure 6.20. What type of symbiotic relationship is illustrated here?
- From figure 7.6. What effect will a patient's fever have on infection by a mesophile?

## Concept Mapping

Every chapter contains a list of terms from which students are asked to construct (Create) a concept map. ConnectPlus expands this activity with interactive concept maps.

**Concept Mapping | Bloom's Level 6: Create**

Appendix D provides guidance for working with concept maps.

- Using the words that follow, please create a concept map illustrating the relationships among the key terms from chapter 14.

defenses                      monocytes                      antibodies  
 leukocytes                    macrophages                    neutrophils  
 lymphocytes                   inflammation                    fever

Practice Assignment

Question #1 (of 5)

1. 10 points

Please move the correct terms into their corresponding empty boxes within the figure to complete the concept map.

Prokaryotes   Eukarya   Categories   Domains   Cells   Bacteria

Concept Map

Question #2 (of 6)

2. 10 points

Please move the correct terms into their corresponding empty boxes within the figure to complete the concept map.

Saturated fatty acids   Hydrogen peroxide   Glycerol   Phospholipids   Alcohol   Carboxyl   Phosphate

Membranes are made of

are made of   are made of

Amino acids

C   N   H   O   R

Question #3 (of 6)

3. 10 points

Please move the correct terms into their corresponding empty boxes within the figure to complete the concept map.

Fluorescent aperture   Resolution

Good magnified image consists of

Contrast   Magnification

influenced by

Wavelength