



Teaching and Learning Supplements

Outstanding Media Package

The second edition of *Nutrition for Healthy Living* comes with a brand-new, cutting-edge set of tools for you to use in the classroom.

McGraw-Hill offers various technology products to support *Nutrition for Healthy Living*. Instructors can obtain teaching aids by calling the McGraw-Hill Customer Service Department at 1-800-338-3987; visiting our Nutrition catalog at www.mhhe.com; or contacting their local McGraw-Hill sales representative.

Engaging Presentation Materials to Incorporate into Lecture


A full set of PowerPoint lectures (with and without embedded animations) is available for you to download and customize to fit your needs.

New Animations to Increase Learning


Engaging 3-D animations are available for instructor and student use. Two new animations include a helpful math tutorial to help students better understand the values on nutrition facts panels and an overview of digestion, absorption, and metabolism. In addition, more than 40 of McGraw-Hill's nutrition animations are available completely embedded in PowerPoint for easy, hassle-free use in lecture.

Vegetarianism

- Careful planning is needed to ensure adequate energy, high-quality protein, vitamin B-12, iron, calcium, and zinc.




Supplements



- Healthy children who eat a variety of foods from all food groups do not need supplements.
- Including fortified ready-to-eat cereals improves vitamin and mineral intake.

Organs of Digestion



Go to interactive

Play Pause

Audio Text

The primary functions of the digestive system are the breakdown of food (called digestion) and absorption of nutrients.

Osteoporosis



Trabecular bone

Play Pause

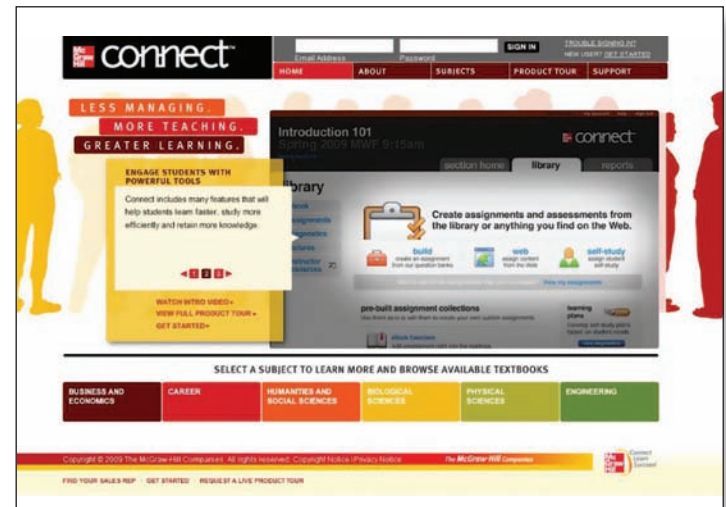
Audio Text

Bone remodeling is such a thorough process that one's entire bone structure is replaced approximately every ten years.

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Online Assignments and Course Management

Connect™ Nutrition is a Web-based assignment and assessment platform that gives students the means to better connect with their coursework, with their instructors, and with the important concepts that they will need to know for success now and in the future. With Connect Nutrition, instructors can deliver assignments, quizzes, and tests easily online. Students can practice important skills at their own pace and on their own schedule. With Connect Nutrition Plus, students also get 24/7 online access to a media-rich eBook to aid them in successfully completing their work, wherever and whenever they choose.



LearnSmart's artificially intelligent engine monitors students' knowledge level and adaptive questioning provides appropriate content based on that level. LearnSmart helps students achieve mastery of the course material efficiently. Students learn faster and study more effectively. Learn Fast. Learn Easy. Learn Smart.

NutritionCalc™ Plus is a suite of powerful dietary self-assessment tools available on CD and online. NutritionCalc Plus features approximately 27,000 foods from the ESHA Research nutrient database and a user-friendly interface that makes creating a personal diet analysis even easier. Users have the ability to add up to three profiles and to create their own recipes. The program functions are supported by detailed Help documents and helpful cautionary notes that warn the user of possible entry errors.

