

# Appendix B

## Resource List

In order to find out whether your state uses the exams from NCBTMB and about future needs for continuing education, please go to their web page found at:  
[www.ncbtmb.org/](http://www.ncbtmb.org/)

In order to find out whether your state uses the MBLEx exam from the Federation of State Massage Therapy Boards and about future needs for continuing education, please go to their web page found at:  
[www.fsmtb.org/index.html](http://www.fsmtb.org/index.html)

### Aromatherapy & Flower Essence

Canadian Federation of Aromatherapists  
(519) 475-9038  
[www.cfacanada.com](http://www.cfacanada.com)

International Aromatherapy and Herb Association  
(602) 938-4439

National Association for Holistic Aromatherapy  
(888) 275-6242  
[www.naha.org](http://www.naha.org)

The Flower Essence Society  
(800) 736-9222  
[www.flowersociety.org](http://www.flowersociety.org)

### Asian Bodywork

American Association for Teachers of Oriental Medicine  
(512) 451-2866

American Association of Oriental Medicine  
(610) 266-1433  
[www.aaom.org](http://www.aaom.org)

American Organization for Bodywork Therapies of Asia  
(856) 782-1616  
[www.aobta.org](http://www.aobta.org)

British Columbia Acupressure Therapists' Association  
(250) 920-9986  
[www.islandnet.com/-bcata](http://www.islandnet.com/-bcata)

Canadian Practitioners' Association of Asian Medicine  
(416) 410-6419  
[www.cpaam.ca](http://www.cpaam.ca)

International Thai Therapists Association  
(773) 792-4121  
[www.thaimassage.com](http://www.thaimassage.com)

International Tao Shiatsu Society  
(808) 257-4663  
[www.taoshiatsu.com](http://www.taoshiatsu.com)

Hawaiian Lomilomi Association  
(808) 965-8917  
[www.lomilomi.org](http://www.lomilomi.org)

Shiatsu Therapists Alliance  
Canada  
(416) 410-0174

### Craniosacral Therapy

American CranioSacral Therapy Association  
(877) 942-2782  
[www.acsta.com](http://www.acsta.com)

Craniosacral Therapy Association/north America  
Canada  
(416) 755-7734  
[www.craniosacraltherapy.org](http://www.craniosacraltherapy.org)

The Upledger Institute  
(800) 233-5880  
[www.upledger.com](http://www.upledger.com)

### Energy Therapies

International Society for the Study of Subtle Energies and Energy Medicine  
(303) 425-4625  
[www.issseem.org](http://www.issseem.org)

American Polarity Therapy Association  
(303) 545-2080

American Reiki Masters Association  
(904) 755-9638

Canadian Reiki Association  
(416) 783-9904  
www.reiki.ca

International Reiki Foundation  
(810) 249-3402

The Reiki Alliance  
(208) 783-3535

Reiki Council  
(630) 926-5891  
www.reikicouncil.com

## Healing Touch

Healing Touch International  
(303) 989-7982  
www.healingtouch.net

Healing Touch Canada, Inc.  
(705) 652-0506  
www.axxent.ca/-htcanada/

## Hospice & Geriatric Massage

Hospice-Based Massage/Nursing American Holistic  
Medical Association  
(703) 556-9728  
www.ahmaholistic.com

American Holistic Nurses Association  
(800) 278-2462  
www.ahna.org

National Association of Nurse Massage Therapists  
(800) 262-4017  
www.nanmt.org

## Massage & Bodywork Associations

American Massage Therapy Association  
(847) 864-0123  
www.amtamassage.org

Ancient Healing Arts Association  
(866) 843-2422  
www.ancienthealingarts.org

Associated Bodywork & Massage Professionals  
(800) 458-2267  
www.abmp.com

Association of Massage Therapists and Wholistic  
Practitioners Canada  
(888) 711-7701  
www.amtwp.org

Canadian Massage Therapists Alliance  
(905) 849-7606  
www.cmta.ca

Federation of State Massage Therapy Boards  
(336) 851-2345  
www.fsmtb.org

International Massage Association  
(540) 351-0800  
www.imagroup.com

Massage Therapists Association of British Columbia  
(604) 873-4467  
www.massagetherapy.bc.ca

National Certification Board for Therapeutic Massage  
and Bodywork  
(800) 296-0664

Professional Association of Traditional Healers  
(303) 478-5847

## Medical Massage

American Medical Massage Association  
(888) 375-7245  
www.americanmedicalmassage.com

National Integrative Medicine Council  
(520) 571-1110  
www.nimc.org

The Orthopedic Massage Education & Research  
Institute  
(888) 340-1614

## Pediatric & Pregnancy Massage

National Association of Pregnancy Massage Therapy  
(888) 451-4945

International Association of Infant Massage  
(805) 644-8524  
www.iaim-us.com

## Reflexology

American Reflexology Certification Board  
(303) 933-6921  
www.arch.net

International Council of Reflexologists  
(905) 770-2464

Reflexology Association of America  
(702) 971-9522  
www.reflexology-USA.org

## Spa Associations

The Day Spa Association  
(201) 865-2065  
[www.dayspaassociation.com](http://www.dayspaassociation.com)

International Spa Association  
(888) 651-4772  
[www.experiencespa.com](http://www.experiencespa.com)

SPA Association  
(970) 226-6145  
[www.thespaassociation.com](http://www.thespaassociation.com)

## Sports Massage Associations

U.S. Sports Massage Federation/International Sports Massage Federation  
(949) 642-0735

Canadian Sport Massage Therapists Association  
(416) 488-4414

## Structural Integration Associations

Guild for Structural Integration  
(800) 447-0122  
[www.rolfguild.org](http://www.rolfguild.org)

Rolf Institute of Structural Integration  
(800) 530-8875  
[www.rolf.org](http://www.rolf.org)

International Association of Structural Integrators  
[www.theiasi.org](http://www.theiasi.org)

## Therapeutic Touch & Touch Research Associations

Canadian Touch Research Center  
(514) 272-2254  
[www.ccrt-crtc.org](http://www.ccrt-crtc.org)

Nurse Healers Professional Assoc., Inc.  
(801) 273-3399  
[www.therapeutic-touch.org](http://www.therapeutic-touch.org)

The Therapeutic Touch Network  
Canada  
(416) 658-6824  
[www.therapeutictouchnetwork.com](http://www.therapeutictouchnetwork.com)

Touch For Health Kinesiology Association  
(800) 466-8342  
[www.tfh.org](http://www.tfh.org)

Touch Research Institute, University of Miami  
(305) 243-6781  
[www.miami.edu/touch-research/](http://www.miami.edu/touch-research/)

## Trager® Work

Trager International  
(216) 896-9383  
[www.trager.com](http://www.trager.com)

## Zero Balancing

Zero Balancing Association  
(434) 244-2458  
[www.zerobalancing.com](http://www.zerobalancing.com)

## Accrediting Organizations

Below is a list of organizations that accredit various vocational schools, colleges, and training programs. Make sure your school is accredited by one of these organizations.

ACCET: Accrediting Commission for Continuing Education and Training

ACCSCCT: Accrediting Commission of Career Schools and Colleges of Technology

COE: Commission on Occupational Education

COMTA: Commission on Massage Therapy Accreditation

NATTS: National Association of Trade and Technical Schools

SACS: Southern Association of Colleges and Schools

## Regulations/Laws Resource Websites

[www.massageresource.com](http://www.massageresource.com)

[www.massagemag.com](http://www.massagemag.com) has a link to check laws & regulations

[www.healingandlaw.com/Message\\_Law\\_Newsletter.html](http://www.healingandlaw.com/Message_Law_Newsletter.html)

## School Locator Resource Websites

[www.massagemag.com](http://www.massagemag.com)

[www.massageresource.com](http://www.massageresource.com)

[www.nationalschooldirectory.com](http://www.nationalschooldirectory.com)

## Other Resources

American Red Cross National Headquarters  
2025 E. Street, NW

Washington, DC 20006

Phone: (202) 303-4498

(800) 435-7669

American Heart Association  
National Center

7272 Greenville Avenue

Dallas, TX 75231  
1-800-242-8721

The American Massage Therapy Association  
500 Davis Street, Suite 900  
Evanston, IL 60201-4695  
Toll-Free 1-877-905-2700  
Fax 847/864-1178

Centers for Disease Control  
1600 Clifton Road, N.E.  
Atlanta, GA 30333 USA  
Tel: (404) 639-3311  
Public Inquiries: (800) 311-3435

National Certification Board for Therapeutic Massage  
and Bodywork (NCBTMB)  
8201 Greensboro Drive, Suite 300  
McLean, VA 22102

(800) 296-0664  
(703) 610-9015  
Fax: (703) 610-9005

National Safety Council  
1121 Spring Lake Drive  
Itasca, IL 60143-3201  
630-285-1121

USDA Agricultural Research Service  
George Washington Carver Center  
5601 Sunnyside Avenue  
Beltsville, MD 20705

United States Department of Agriculture Food and  
Nutrition Service  
3101 Park Center Drive, Room 926  
Alexandria, Virginia 22303  
703-305-2062