

## **Target Your Reading**

Use this to focus on the main ideas as you read the chapter.

- **Before you read** the chapter, respond to the statements below on your worksheet or on a numbered sheet of paper.
  - Write an A if you agree with the statement.
  - Write a **D** if you **disagree** with the statement.
- **After you read** the chapter, look back to this page to see if you've changed your mind about any of the statements.
  - If any of your answers changed, explain why.
  - Change any false statements into true statements.
  - Use your revised statements as a study guide.

Before You Read A or D		Statement	After You Read A or D
	1	The nervous system includes nerve cells, the brain, and the spinal cord.	
	2	A neuron only moves messages from the brain to the body.	
	3	Motor neurons receive messages from muscles.	
	4	The peripheral nervous system connects the body to the central nervous system.	
	5	Damage to the left side of your brain affects the function of the right side of your body.	
	6	Optic nerves connect the ears and brain.	
	7	Farsightedness is the condition when distant objects are more in focus than near objects.	
	8	You can identify most foods using only your sense of taste.	
	9	Internal organs have sensory receptors.	

Graphic organizers such as the Cause-Effect organizer help you organize what you are reading so you can remember it later.