

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Period: \_\_\_\_\_

**Food Nutrition and Wellness**  
**Unit 4 Food and Your Body**  
**Thematic Project: Investigate Food Trends**

**Evaluation Rubric**

**Directions** Use the Self-Evaluation Guidelines below to assess the content of your Unit Thematic Project. Rate your performance and give yourself a score for each Criterion. Then give your answers and this completed Evaluation Rubric to your teacher to evaluate.

**Self-Evaluation Guidelines**

<b>Unacceptable (0-3 points)</b>	<b>Satisfactory (4-7 points)</b>	<b>Exemplary (8-10 points)</b>
<ul style="list-style-type: none"> <li>• Disorganized</li> <li>• Few or no details provided</li> <li>• Many grammatical errors</li> <li>• Typos or illegible handwriting</li> </ul>	<ul style="list-style-type: none"> <li>• Well organized</li> <li>• Many general details provided</li> <li>• Few grammatical errors</li> <li>• Neatly typed or handwritten</li> </ul>	<ul style="list-style-type: none"> <li>• Very well organized</li> <li>• All details provided</li> <li>• No grammatical errors</li> <li>• Creatively designed and executed</li> </ul>

<b>Criteria</b>	<b>Unacceptable (0-3 points)</b>	<b>Satisfactory (4-7 points)</b>	<b>Exemplary (8-10 points)</b>	<b>Score</b>
Choose and research a popular food trend that interests you.				
Examine how the food trend you selected reflects or does not reflect the messages of the Dietary Guidelines and MyPyramid.				
Write a list of interview questions about the food trend you selected and its effect on nutrition.				
Interview someone in the community who is qualified to discuss the food trend.				
Take notes during the interview, and type the results of the interview.				
Use what you learned in your research to create an oral presentation.				
<b>Mechanics</b>				
Evaluate the organization of writing.				
Evaluate the level of detail.				
Check for accuracy of grammar.				
Evaluate neatness and legibility.				
<b>Total</b>				

