

Name: \_\_\_\_\_ Date: \_\_\_\_\_

# Chapter 9 - MyPyramid and You

**Directions** Use a graphic organizer like the one below to list your favorite foods according to their food group.

| Food Group         | Favorite Foods |
|--------------------|----------------|
| Grain Group        |                |
| Vegetable Group    |                |
| Fruit Group        |                |
| Milk Group         |                |
| Meat & Beans Group |                |
| Oils               |                |