

## Reading Tip

Forming your own mental images will help you remember what you read.

### Target Your Reading

Use this to focus on the main ideas as you read the chapter.

- 1 Before you read** the chapter, respond to the statements below on your worksheet or on a numbered sheet of paper.
  - Write an **A** if you **agree** with the statement.
  - Write a **D** if you **disagree** with the statement.
- 2 After you read** the chapter, look back to this page to see if you've changed your mind about any of the statements.
  - If any of your answers changed, explain why.
  - Change any false statements into true statements.
  - Use your revised statements as a study guide.

Before You Read A or D	Statement	After You Read A or D
	1 A force is a push or a pull.	
	2 Things must be touching each other to apply forces.	
	3 If the total force acting on an object is zero, the object will not move.	
	4 Gravity pulls on all objects that have mass.	
	5 A moving object comes to a stop because no force is acting on it.	
	6 An object at rest can have forces acting on it.	
	7 Giving a starting point isn't important when giving directions.	
	8 Speed and velocity mean the same thing.	
	9 An object is accelerating only if its speed is changing.	