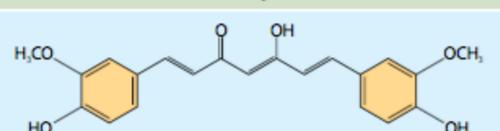
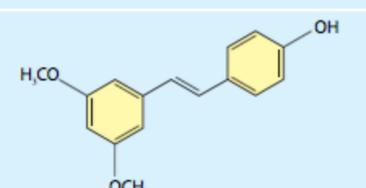
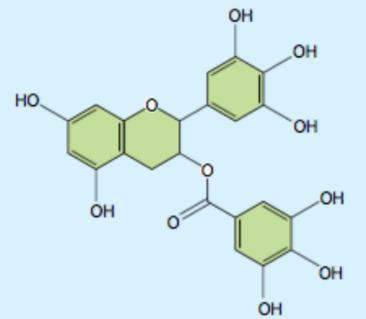
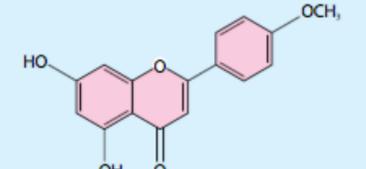
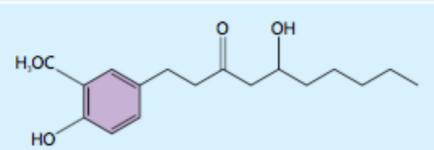
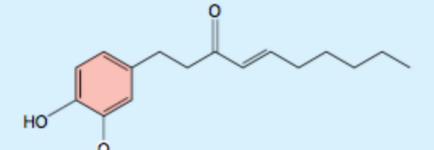
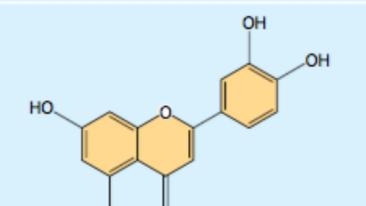


Nutrición molecular

13-1

Fórmula química y fuente alimenticia de los principales componentes de la dieta con capacidad proapoptósica

Agente	Fórmula química	Fuente
Curcumina		Cúrcuma
Resveratrol		Uvas
Pterostilbeno		Moras azules
Epigallocatecina 3 galato (EGCG)		Té
Acacetina		Flor de crisantemo
[6]-Gingerol		Jengibre
[6]-Shogaol		Jengibre
Luteolina		Apio